FHM

APRIL 2013 www.fhm.com.ph

THE NO. 1 MAGAZINE
IN THE PHILIPPINES

HI! I'M...

JOVI BON
TEDDY VER
KENNETH SY

...AND WE'RE HERE TO EXPLAIN OUR NAMES

Don't
PUT IT IN

STILL ENJOY
MIND-BLOWING SEX
WITHOUT THE NEED
to
PENETRATE*

*your nose, tongue, elbows, knees, and feet will have to do extra work

EXACTLY 13 YEARS AGO
OUR FIRST PINAY COVER

SUNSHINE CRUZ

IT'S A MAJOR COMEBACK!

WELCOME, TERRORISTS
HOW AL-QAEDA FEELS
AT HOME IN THE COUNTRY

SELL THE JOKE
A QUIZ TO FIND OUT
HOW YOU'RE FUNNY

INSANE STUNT
A CAR BACK-FLIPS
–AND LANDS IT RIGHT

APRIL 2013
ISSN 0119-7681
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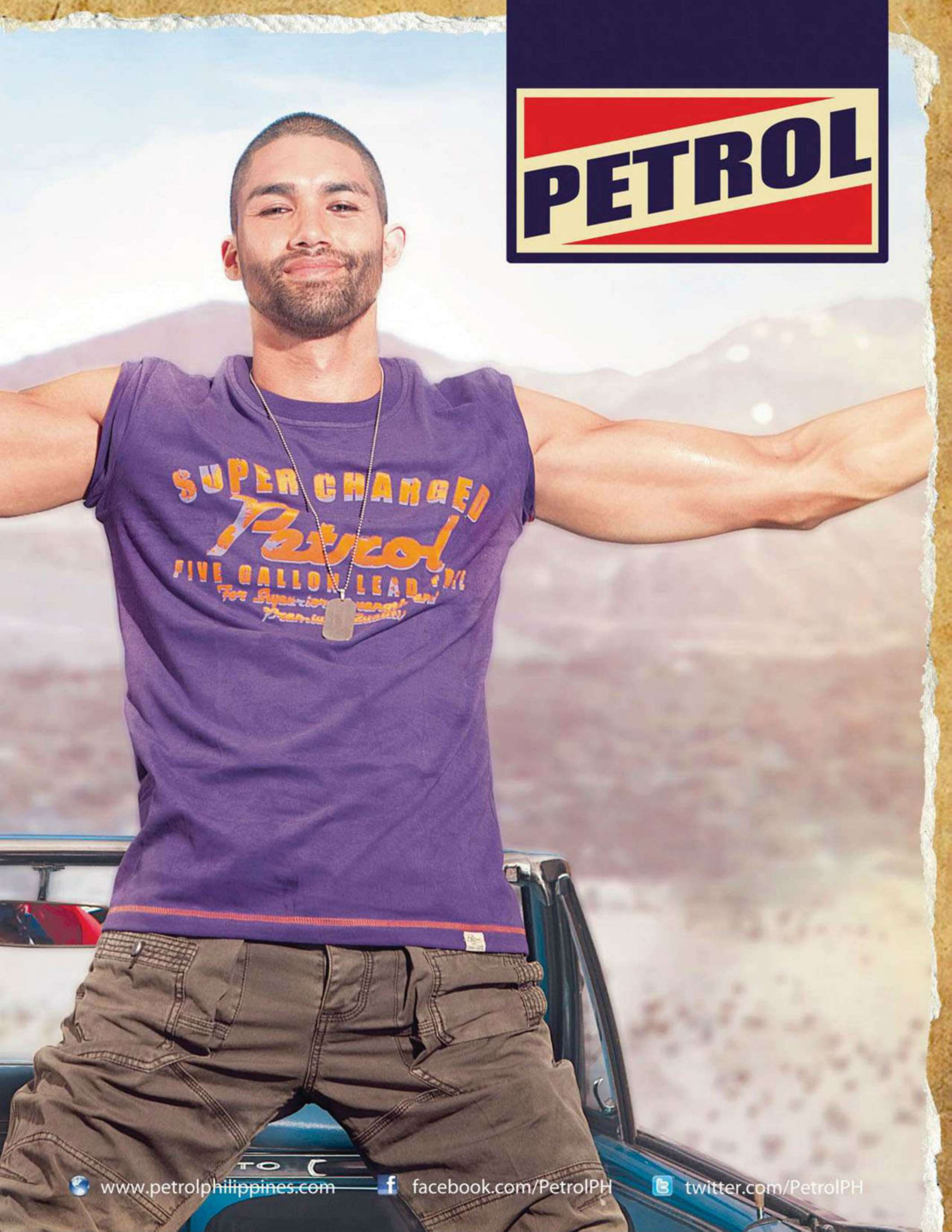
18+ CONTENTS ARE NOT SUITABLE FOR MINORS

RAW EMPOWERMENT
This is who i am
A movement for self empowerment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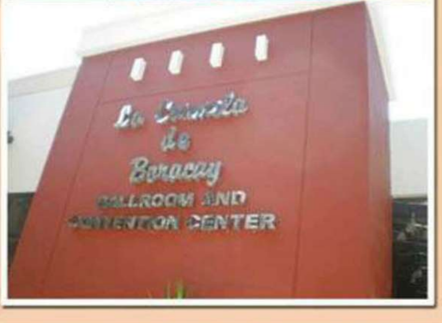
Premier Ocean View with Two(2) Beds



"It's more fun in La Carmela, your Best Friend in Boracay!" **BEACHFRONT CONVENIENCE AT AFFORDABLE RATES**

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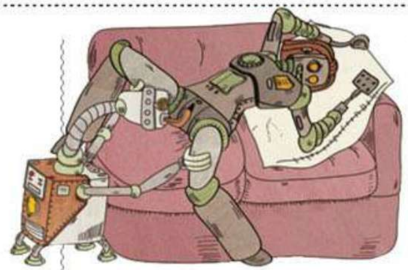

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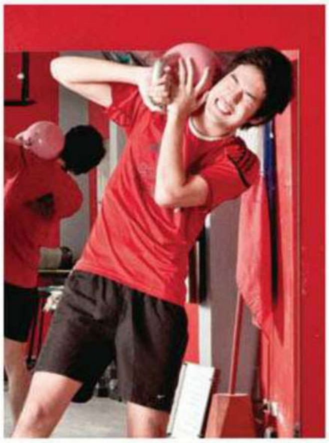

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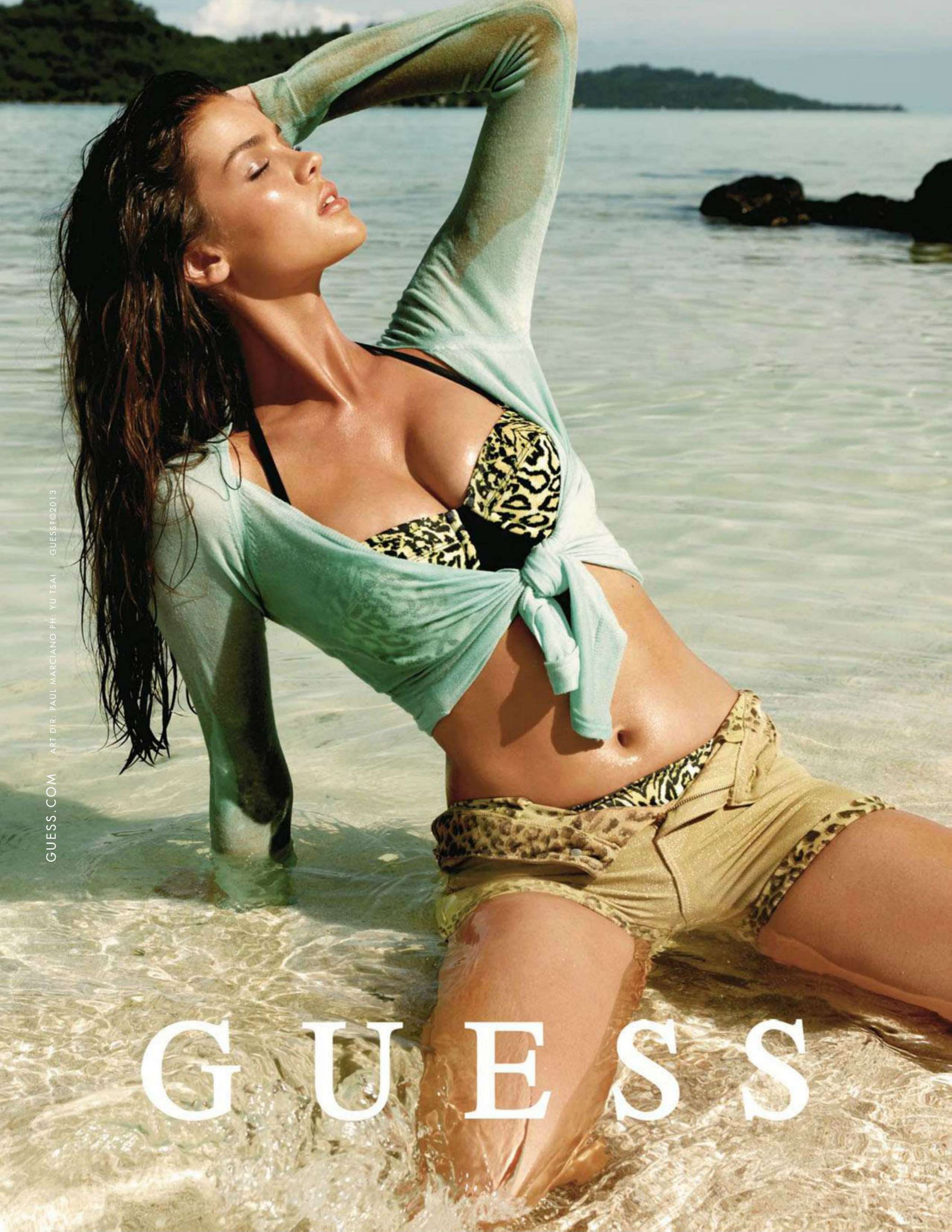
PHOTOGRAPHY: KIMMETH NICOLAS; HEIDI PASCUAL AQUENDE, DAIRY DARILAG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THE TEAM: WHAT FHMers HAVE BEEN UP TO THIS MONTH

We make history by putting the first ever Filipina cover girl, Sunshine Cruz, back where she belongs, 13 years after her *FHM* debut. We are sure you dudes will agree when we say that, aside from looking right at home, the sultry actress is in fine form. Like a heat wave, her alabaster skin and famous lips teased and taunted with every pose, making even the youngest of us sweat bullets.

EMPRESS
ABS CBN

COMING SOON

March cover girl Empress oozed with a freshness befitting only of a former child star. The twinkle in her eyes, the sincerity in her smile, and her natural kindness set the mood for her autograph signing.

Finally awarded Blue Eagles cager Kiefer Ravena his overdue trophy from the 150th issue's Genius feature. *Pasensya na po ser*, better late than never!

Editorial assistant Ash (guy in stripes) looked like a Korean refugee riding a jeepney's rooftop during a motoring press junket in the breezy islands of Batanes.

Jah Rastafari! Staffers Anton and Gelo—sans the dreadlocks—braved the cold winds of Puerto Galera's Mt. Malasimbo for a taste of reggae god Jimmy Cliff's Jamaican beats.

FHM

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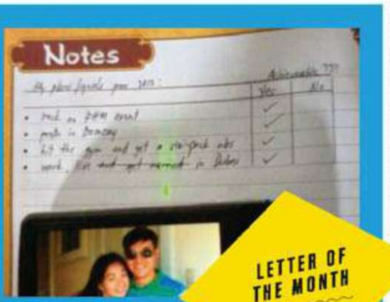


LETTER OF THE MONTH

LJ'S 'GODSON'

Although I have almost a hundred copies of your magazine, I still can't consider myself a true-blooded *FHM* Nation citizen, because I still haven't been to any one of your events. I made a resolution last month *na patunayan na kabilang ako ng FHM* Nation. My heart rejoiced when Marian Rivera finally landed on your cover, but it also bled when I missed her record-breaking autograph signing. So *sabi ko*, next month *pupunta na talaga ako.* So I asked for a day off on February 16, 2013. *Gusto ko lang talagang mapatunayan ang sarili ko sa inyo.* Finally, I got the chance to rub elbows with the "always pure" LJ Reyes. She's really, really cute in person. It's my Christening day! LJ is my *ninang*, hehehe! Mark, by email

Mark will receive a gift pack from Halo (halomobileclothing.com). For prize-claiming instructions, contact us at (02) 451-8888 local 1023 or e-mail paulaciara.santos@summitmedia.com.ph on or before May 31, 2013. Send your entry to: *FHM* Philippines, 6F, Robinsons Cybergate Center Tower 3, Robinsons Complex, Pioneer st., Mandaluyong City, 1550. Or try our fax (6372206) or email (fhm@summitmedia.com.ph)

HIS SECRET'S OUT

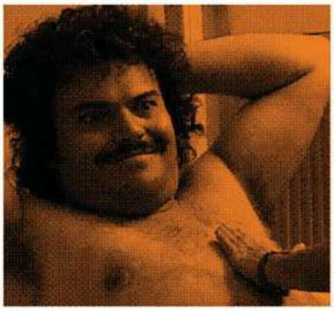
I've been an *FHM* fan since the Katya Santos cover of 2003. I was just 18 when I got my first *FHM*, a gift from my friends. I love the Karylle Marquez-Amanda Griffin cover but what I love the most is your 150th issue with Marian Rivera. She is really hot and I've waited to see her on your cover. Here is my picture with my best friend (my Princess). We've been friends since I was 15. She doesn't know what I really feel about her. I hope you can post our picture and help me let her know that I really really love her. *Di ko kasi alam paano sabihin sa kanya.* Thanks guys.

Jocjoc, by email

TAMBAY-APPROVED!

Hello, *FHM*! I'm a student of JBLFMU-Arevalo in Iloilo. I am also your No. 1 fan here! I started collecting your magazine in 2007. *Hindi pa rin kayo nakakasawang basahin.* You're always full of surprises, facts, and entertainment. Your consistency is very rare. Proud *lang ako na may FHM sa 'Pinas. Dahil kung wala, di ko na alam kung may hustisya pa para sa mga dakilang tambay diyan.* Ha ha! Happy 13th anniversary!

Franz, Iloilo



IMPRESSED

Talaga namang wala pa ring kupas ang FHM sa mahigit isang dekada kong pangongolekta. Hindi ninyo ako binigo sa cover girls *na pinipili ninyo—magmula kay* Ritz Azul *na sinundan ni* Meg Imperial, *kay* Marian Rivera *at ngayon si* Empress Schuck *naman. Nung nag-start ako mangolekta, nene pa siya. Pinanood ko lang siya sa 9 Mornings na pelikula niya noon, ngayon* cover girl *na! Naniniwala na ako na lahat ng gusto ninyong maging* cover girl *ay nakukuha ninyo* sooner or later. *Eto lang ang mapapangako ko: kahit saan ako makarating, kahit magkapamilya na ako, hindi ako titigil sa pagbili ng FHM. Pwede ko naman ipamana ito sa mga magiging anak ko. Wag kayong magsawa na i-surprise kami sa mga* cover girls *ninyo.*

Jed Jay Javier, by email

WHO THE HELL ARE YOU

Island Adventure

I want to share our first road trip for the 2013: Hundred Islands National Park; Alaminos, Pangasinan. As you can see it's very picturesque…

marcorockxz, via FHM.com.ph

Fairytale Villain

We were about to go home from Enchanted Kingdom when my girlfriend told me to take one last picture before we leave. I set my iPad timer and we struck a pose. I never thought that the chubby guy would also pose behind us!

noldapogi22, via FHM.com.ph

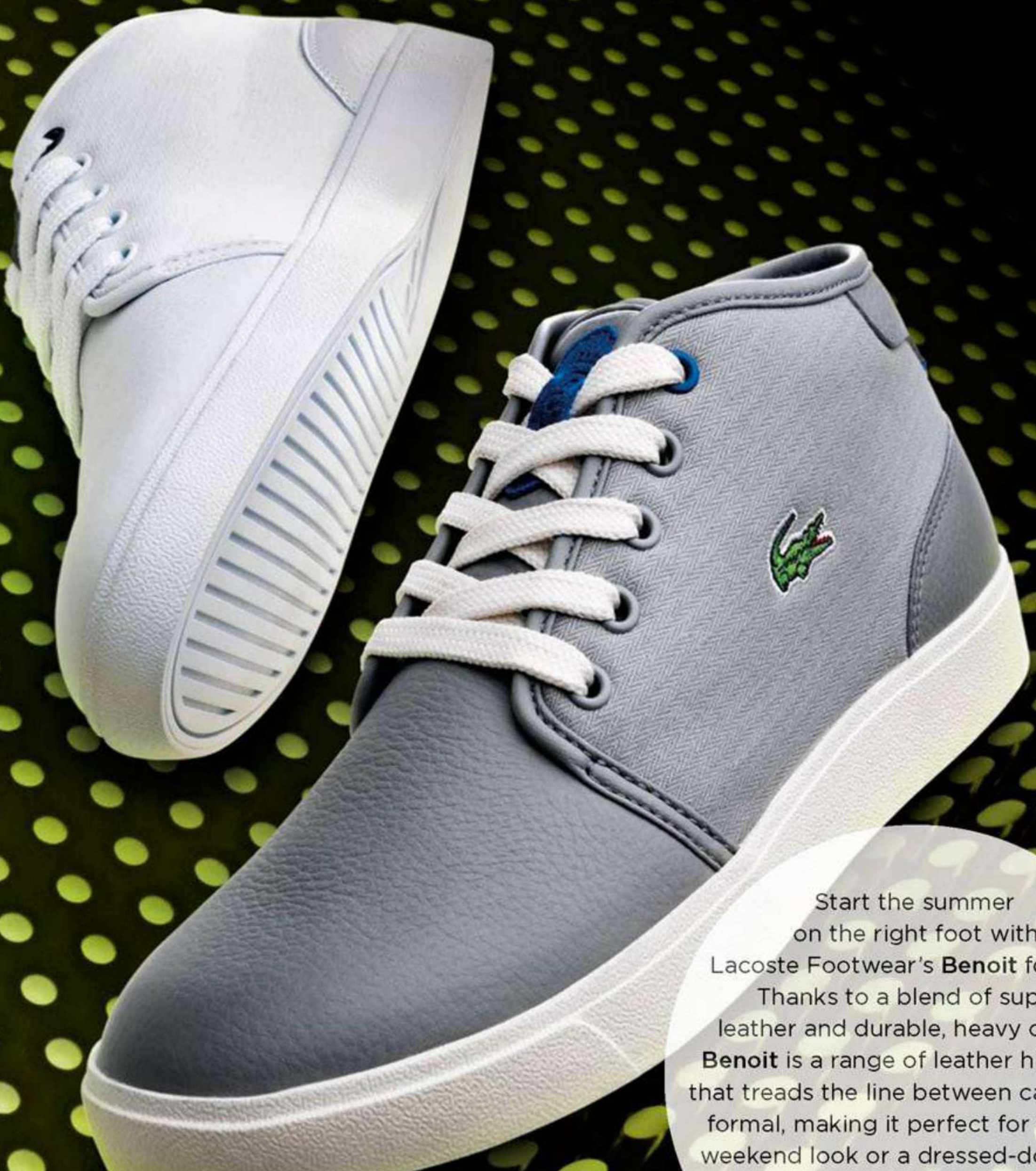
A Desert Rose

I took this picture in Nando's Restaurant Doha, Qatar. My friend Jessa and her friend were eager for a photo–and so were the Arabic men with big smiles behind them!

Rheison

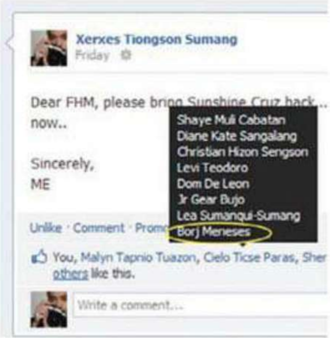
Marcorockxz takes will take home a Playboy gift pack courtesy of Unisell. For prize-claiming instructions, call us at (02) 451-8888 local 1023 or e-mail paulaciara.santos@summitmedia.com.ph on or before March 31, 2013.

FEEL THE SUMMER VIBE with **BENOIT** from LACOSTE FOOTWEAR



Start the summer on the right foot with Lacoste Footwear's **Benoit** for men. Thanks to a blend of supple leather and durable, heavy canvas, **Benoit** is a range of leather high tops that treads the line between casual and formal, making it perfect for a smart weekend look or a dressed-down day at work. Check them out at the nearest Lacoste Footwear boutique near you.

LETTERS 04/13



Xerxes Tiongson Sumang
Friday

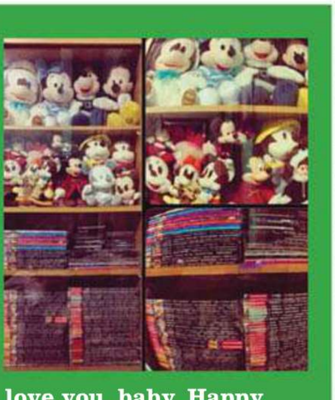
Dear FHM, please bring Sunshine Cruz back... now..

Sincerely,
ME

CLAIRVOYANT

One rainy evening while waiting for work to finish, I logged on to Facebook but couldn't figure out what to write for my status. It was cold, I was bored, and all of us here at the office really wanted to go home. But we couldn't yet, so I kept staring at my FB Wall and suddenly a voice from far beyond kept saying "Sunshine. Sunshine. Sunshine." So I began to write, "Dear *FHM*, please bring Sunshine Cruz back, it has been 13 years!" One of the first to like my status was Borj Meneses, one of your photographers. So please bring Sunshine back. Convince your first Pinay cover to return to the world's No. 1 magazine. Please grant my wish, even if it's not Christmas (my birthday's in May, though).
Xerxes, by email

FHM VS. MICKEY!



My partner, Jay Ford Cayanan, has been collecting *FHM* since 2004. His collection is like a golden treasure to him. *Lahat may* plastic cover *pa at tsini-check-up pa niya* monthly. One time, *nanlambing siya*, "Mommy, love *mo naman ako di ba*? Post *mo naman ako sa FHM* Letters section." *Eto na yun*, Di! *Basta wag mo lang papaalisin ang* Mickey Mouse collection *ko sa* cabinet *natin*. I love you, baby. Happy 70th monthsary. I love you so much.
Mavic, by email

SPOTLIGHT ON SPIKERS

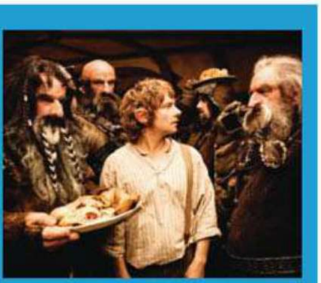
Can you feature babes competing in the collegiate volleyball world. Such babes as Fille Cainglet or Michelle Gumabao. *Kahit hindi* cover, *basta ma*-feature *lang sa* magazine.
Wonderful, FHM Bullboard

TAKING IT EASY

Wazz Up, *FHM*! I celebrated my 23rd birthday last month. Hope you can publish my message as a gift and your good luck wish for me; I just took my board exam recently. When I was busy reviewing for the board, I still found time to buy your latest issue. Your mag is my stress reliever. All I have to do is blast away all my worries to read one of your issues and boom, the stress is gone!
Khan, by email

WE ARE *GIVING* AWAY STUFF

Hobbits are known for their bravery and insatiable thirst for adventure, but we don't give prizes for that (being naturally brave and adventurous should be honor enough, anyway). So what Hobbit-like qualities are we willing to part with some awesome goodies for? Naturally, one that will bring supreme embarrassment for your yet untold glee (and disgust) from us: your Hobbit feet! Send us snaps of your most Hobbit-like (read: dirty, hairy, and did we say hairy?) feet by April 25! Most mistaken for Frodo gets a DVD of his spiritual brother's blockbuster The Hobbit, among other prizes from Magnavision!



The winners with the best answers will receive P2,500 worth of goodies from Magnavision, including this DVD of The Hobbit. Send your entries only to fhmphil.stuff@gmail.com. For prize-claiming instructions, contact us at (02) 451-8888 local 1023 or e-mail paulaciara.santos@summitmedia.com.ph on or before May 31, 2013.

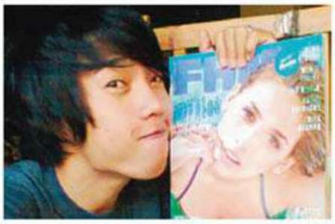
GALLERY

HIS MISS UNIVERSE

Last December 27, Janine Tugonon signed the page where you published my letter. It was her first time to go back home since she had won first runner up in the Miss Universe.
James RN, by email

BEST PULUTAN EVER

Lagi akong may dalang bagong issue *ng* FHM *tuwing magkakayayaan ang barkada; hindi kumpleto ang inuman* without it!
Em-ey, by email



2NE1

I want to be part of your mag. It's my birthday wish as I turn 21 this year. Thanks and more power.
Jheiy-ehm, by email

GET TOGETHER

This was a special day and our reunion for my former officemate Miss Jen. God bless you guys.
Mayang1126, by email

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NOTHING COMPARES

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STARTER BABES

Elegance WE COULD GET USED TO

PHOTOGRAPHY: PAOLO PINEDA; INTERVIEW: KHYNE PALUMAR
STYLING: KAM OCAMPO AND JAY SARMIENTO OF STYLELIST, INC.
ASSISTED BY: ANDREA LOCSIN, VOLTAIRE ISAGRA, AND SARAH MADARANG
MAKEUP: AMANDA PADILLA

Remember last November's *FHM*-masterminded Solaire Stunners' recruitment night? Since opening last March 15, Solaire's stunning candidates have officially been whittled down to the resort's stunning ambassadors. We picked three of them to chat up, and decided to put them in leggy, thigh-high slitted ball gowns. Aren't casinos grand?

April Jordan, 23

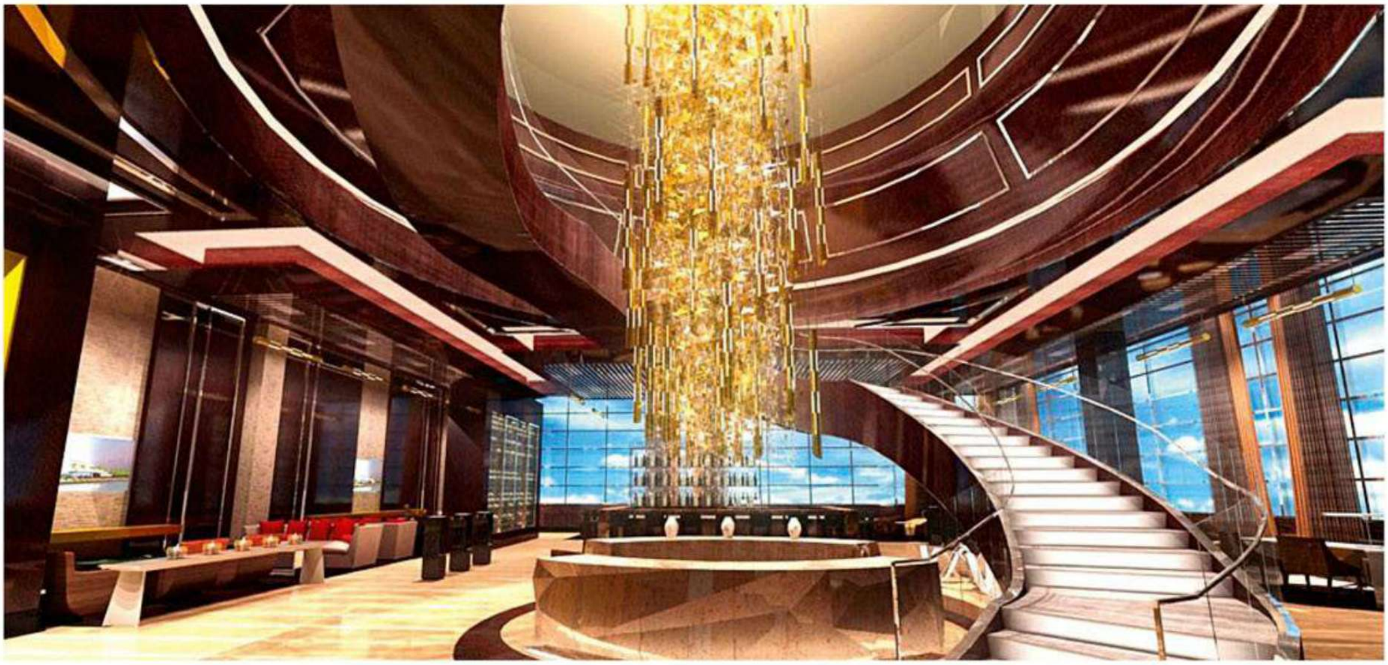
Is the job description intimidating?
Kat: Initially, it was, because as ambassadors we interact with the guests first. But the training and workshop were very helpful, so I feel more comfortable with the job.
April: I know that there were many ladies who applied for the position but only a handful were chosen. So I see it more as an achievement.
What's the easiest and hardest part of this female ambassador gig?
Kat: Easiest part is everyone knows you. I interact with a lot of people, and I learn so many things.
April: ...hardest is needing to be poised and eloquent at all times. It's hard to stay beautiful and communicate eloquently all the time. We're also managing complaints and handling unruly guests while still smiling in 5-inch heels. The bottom line of being an ambassador is having presence of mind while staying tall and beautiful.
Do you gamble?
Kat: I'm not much of a gambler but I enjoy playing the slot machine.
April: I only gamble for love. Ha ha ha! Funny because I don't consider myself lucky in betting so I really don't do it.
If you weren't ambassadors, and just came to Solaire to hang, where would we find you?
Kat: You would probably see me at the pool. I love swimming.
April: What I know of resorts and casinos is that they serve sumptuous food in their restaurants, so you would probably see me in the restaurants then go to the gym after all that calorie intake. Ha ha ha!
We take it you've always been models?
Kat: I've been a freelance model for four years and a brand ambassador for a cigarette company for a year. Being part of Solaire is a whole new experience for me and I'm looking forward to it.
April: Prior to Solaire, I was a full time model. I'm also a reigning Miss World Philippines Princess, and a product endorser doing ramp, TV and print ad modeling.
Being in your line of work though, do you ever get to see ugly people?
Kat: We see all sorts of people! I spend my free time hanging out and chatting with my friends. It's fun because we have different jobs and we're able to discuss different things.
April: Outside the hotel I spend it going to the gym, cooking, and catching up with my family and friends. I also do photography and dancing.
What excited you about resorts and casinos to begin with?
Kat: The chance to meet so many people.
April: Gaming. It's a whole lot of excitement especially when you're winning. But what excites me the most with this resort are the tourists that it can attract from around the world. Since I'm a graduate of hospitality management, I'm excited with the tourism impact of putting the Philippines back on the map.
Speaking of hospitality, what VIP treatment do ladies like yourself expect from gentlemen in return?
Kat: I want to be treated with respect. A perfect gentleman should be understanding. He should understand me and my work. If he can do that then we will get along just fine.
April: He should be loose with compliments instead of critique, and he should be polite and confident. As for how I want to be treated, I want to be loved and respected like a queen—and spoiled like a princess! Ha ha ha!

PLUM MESH SKIRT MARTIN BAUTISTA, PURPLE MESH, VINCE CAMUTO PUMPS, ERIC DELOS SANTOS, FUCHSIA MESH GIL MACAIBAY
INDIGO MESH GOWN.

★ ★ ★

MONEY, FLOOR SPACE, THE ABSENCE OF RIBBONS

A few good reasons Solaire's stunning women are calling this resort home



8.3

hectare

site of gaming, dining, wining, swimming, and sleeping possibilities

6,000

square meters of premium VIP gaming salons

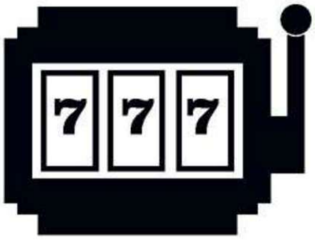
600-1,000

square meters

of bay side villas with their own pool, Jacuzzi, and putting greens

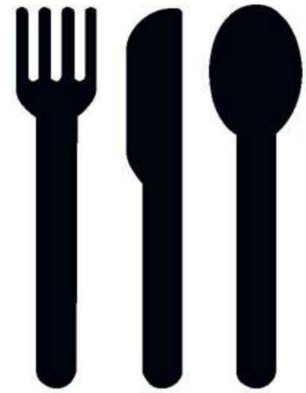
18,500

square meters of gaming space



1,200

slot machines



220

SEATER

food court for people who can't be bothered to wait for edible art

300

gaming tables (featuring baccarat, blackjack, craps, roulette, and other gaming *kinahihiligan*)

150

SEATER JAPANESE FINE DINING RESTAURANT, AMONG OTHER "SIGNATURE RESTAURANTS"

2:28 p.m

March 16. Exact date and time the resorts and casino doors opened. Experts say it's good feng shui

0

ribbons cut. The same feng shui experts say cutting ribbons is bad luck

P50 MILLION

estimated amount of money "high rollers" will be rolling off their fingers

P2.5 MILLION

estimated amount of money VIPs will be dispensing of

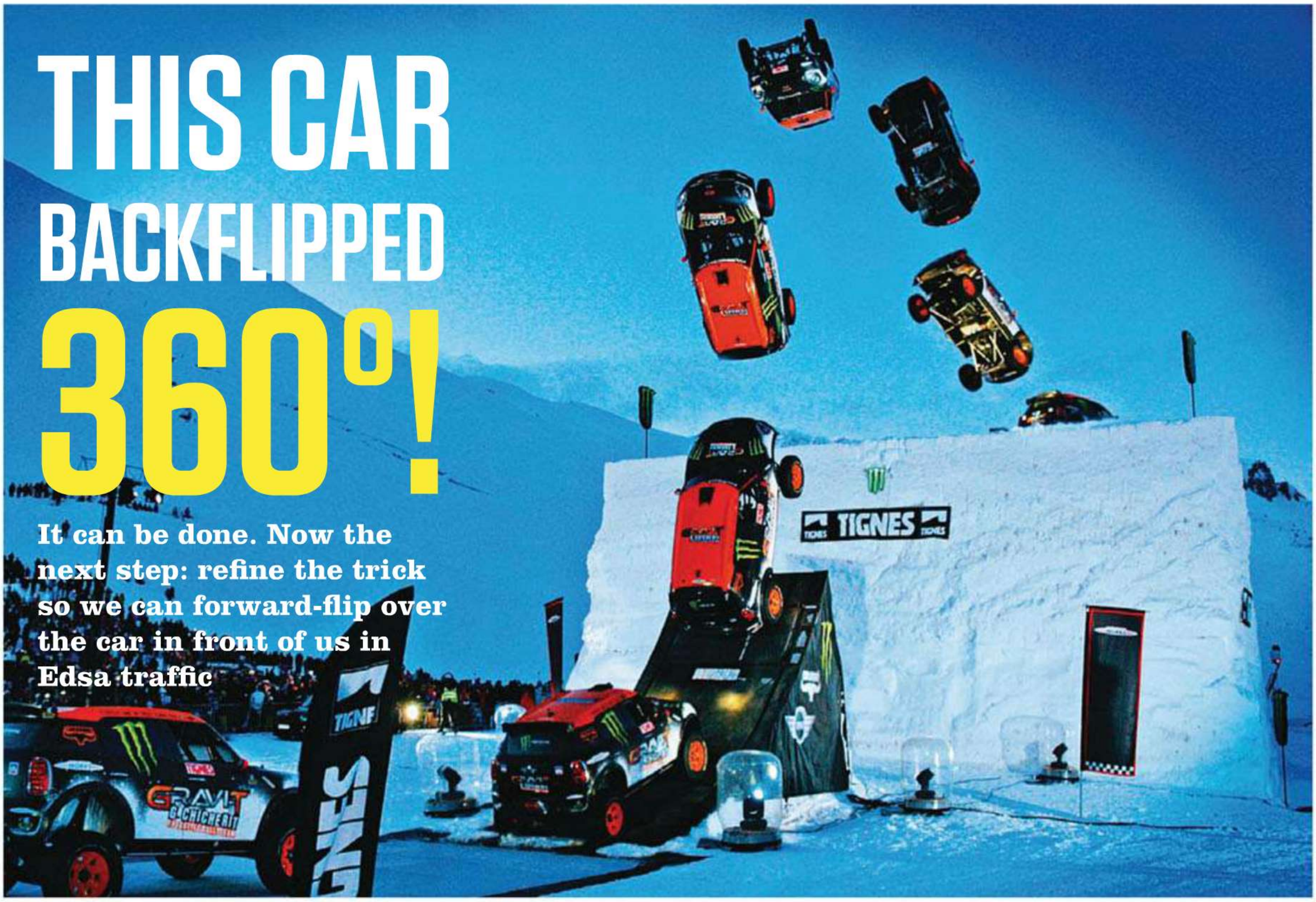
1 BILLION

US DOLLARS

how much the "integrated destination resort" costs. Or roughly P43 Billion pieces of Potchi on a good day.

THIS CAR BACKFLIPPED 360°!

It can be done. Now the next step: refine the trick so we can forward-flip over the car in front of us in Edsa traffic



Backflipping a bike? Hardcore in the '80s. Now nothing but a stunt for cheap home videos.

Backflipping a car—now that is news.

French badass and Rally Raid World champion Guerlain Chicherit became the first person in the world to successfully backflip a car.

You can guess he only had a single try at it.

No, he didn't.

Chicherit, who sounds like a certain crackly pork rind snack, flipped his MINI Countryman 360 degrees before sticking a perfect landing on a monster eight-meter high snow ramp. This was just practice. He did it again in front of thousands of fans shortly after, fully confirming his daredevil skill and the huge size of his balls as well.

"I had to arrive at 60 kph and be full throttle in the kicker to get the right rotation," he says. "In the jump, I knew the balance of the car was good and it took me maybe 20 seconds to realize I had landed on my wheels!"

It took us five seconds to realize that this stunt is news that could easily fall flat, until Chicerit does a double backflip...

WORDS: ASH MAHINAY

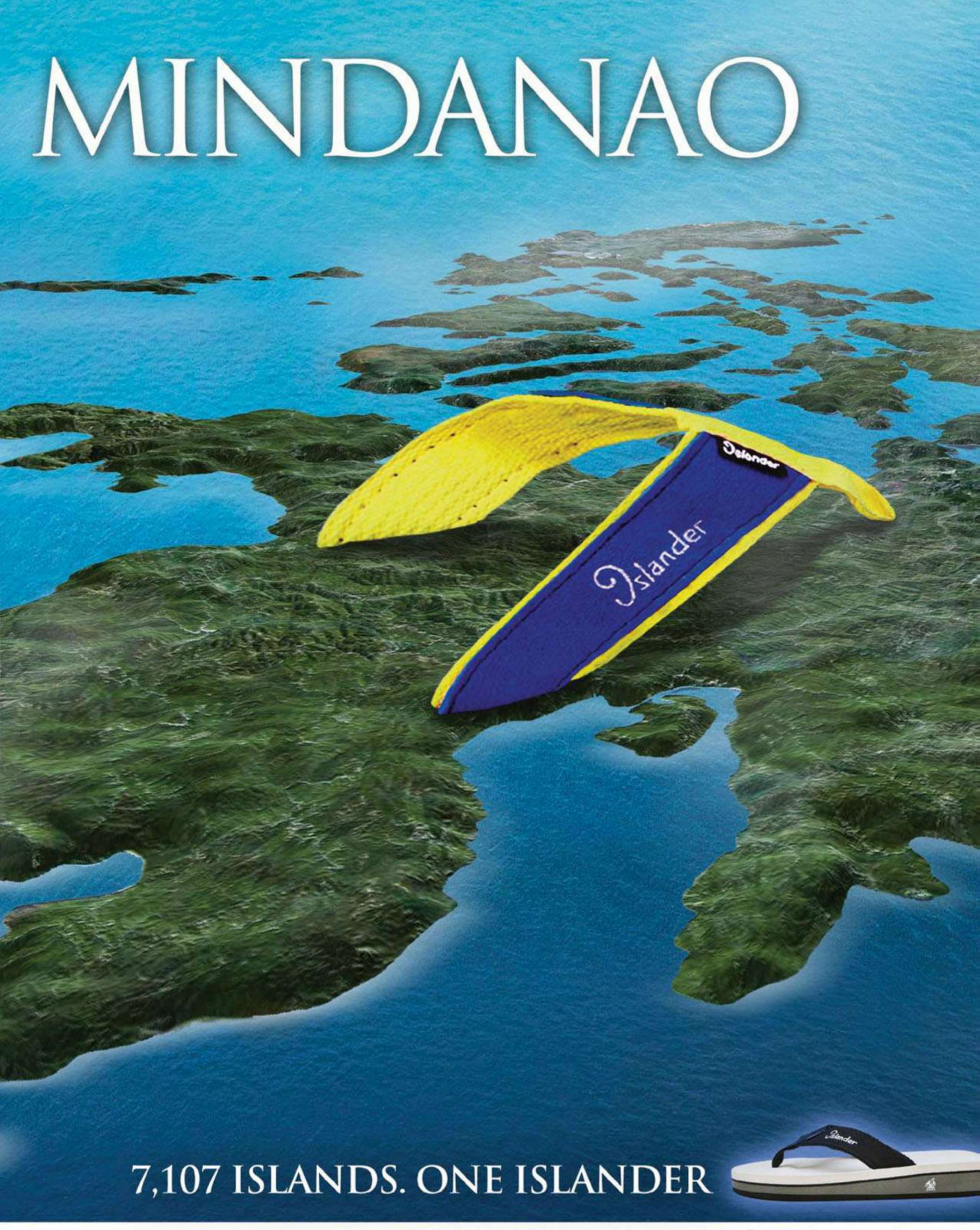
THEY STILL DO THAT?

Three stunts that aren't as fun anymore and one that is such a waste...

SKIING
The fact that driving on two wheels is now used mainly for comedic effect tells you all you need to know about how passé it is.

BOOTLEG TURNS
Once a display of precision driving, this quick 180-degree change of direction is now so commonplace that we expect soccer moms to bust them out in minivans.

PLAIN JUMPS
Yawn... if you're not breaking a world record, then it's just not exciting anymore. Not even with big ol' explosions in the background.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SOULHIPJAFUNK*

The 2013 Malasimbo Music and Art Festival saw soul, hip-hop, jazz, funk, and a lot of reggae coming together as a couple of local folk legends, a Brit hippie angel, and a reggae god headlined the event

'PEACE SIGNS ARE SO 1969...!'

It was all about the world-class music that added aural color to the festivities of the third Malasimbo Music and Arts Festival last March 1 to 3. Though the first night wasn't as hyped, aside from the trippy visual art that adorned the mountain, world music legends Grace Nono and Bob Aves hypnotized the crowd with their shamanistic musical styling.

The second night saw local reggae band Peacepipe opening for reggae pioneer Jimmy Cliff. One need not be a Rastafari to appreciate his hits like the epic "The Harder They Come," the catchy "I Can See Clearly Now," and the *Lion King*'s Timon and Pumba anthem, "Hakuna Matata." Good vibes (and whiffs from the sweet leaf) propelled the crowd into a frenzy worthy of a Jamaican drum circle.

The final night was oozing with talent. Yolanda Moon, experimental DJ Similar Objects, and the soul-shaking Quest held their own against British pop star Joss Stone, whose effervescent aura, knack for showmanship, and disarming voice made her seem like she was floating on velvet air (that or she'd had the good stuff herself).

She ended the night by throwing out white flowers to the crowd, channeling her inner-hippie and wishing the audience a beautiful night. She didn't have to. The sweet heaviness that hung in the air showed it already was.

REGGAE: ALIVE AND KICKING

WORDS: ANTON D. UMALI; PHOTOGRAPHY: GELO GONZALES AND RENATO VALENZUELA JR.

*SOULHIPJAFUNK IS A GENRE COINED BY THE BAND BALANCE AND THE TRAVELING SOUND. IF YOU DON'T KNOW THEM, THE WRITER OF THIS ULTRA-HIP CONCERT REVIEW FORGIVES YOU.

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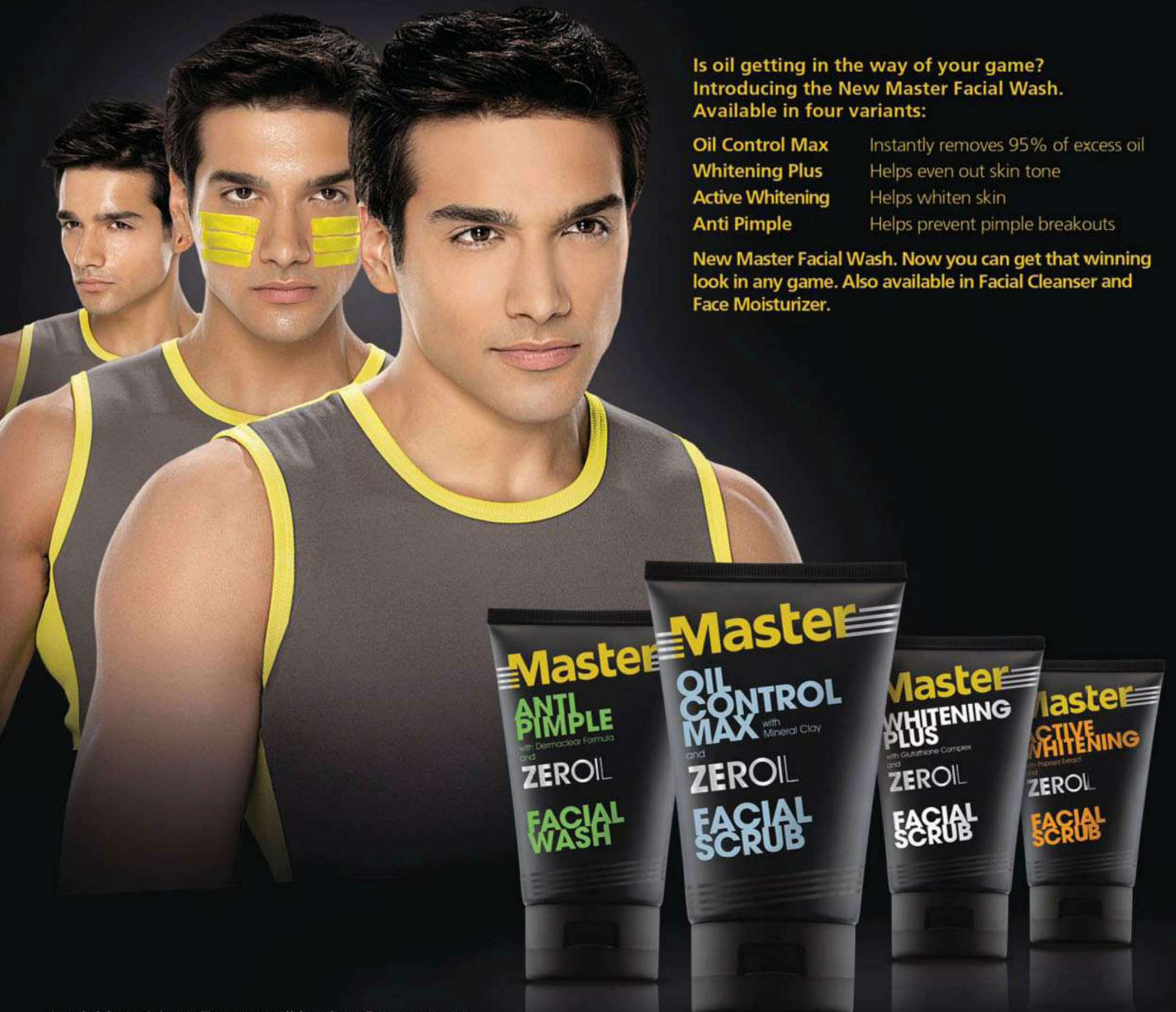
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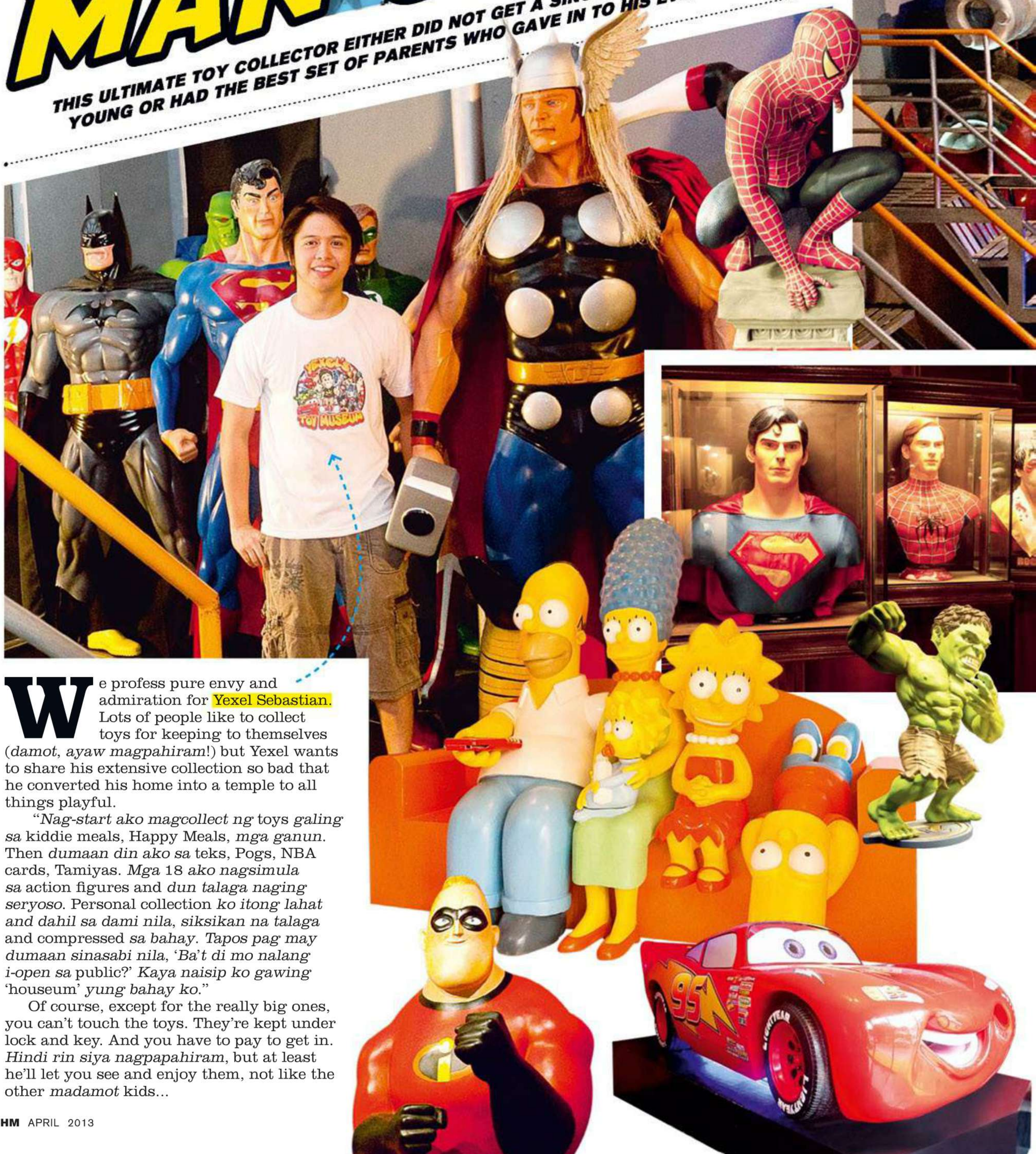
STARTER COLLECTION

MAN CHILD!

THIS ULTIMATE TOY COLLECTOR EITHER DID NOT GET A SINGLE TOY WHEN HE WAS YOUNG OR HAD THE BEST SET OF PARENTS WHO GAVE IN TO HIS EVERY WHIM!

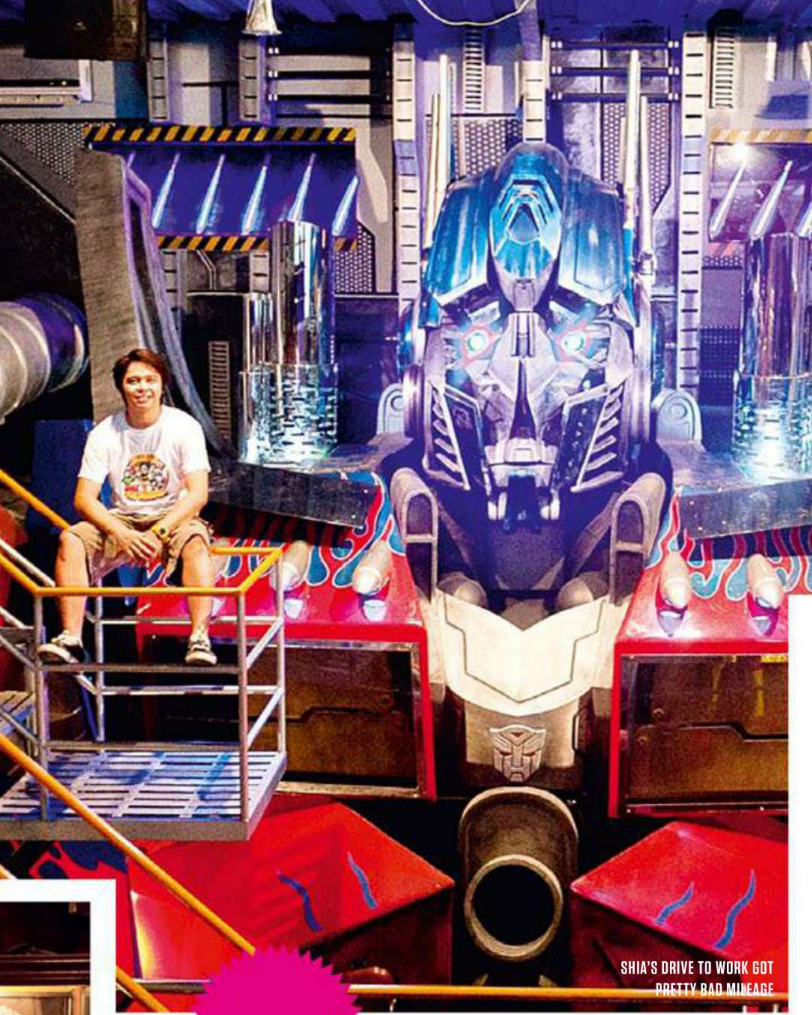


We profess pure envy and admiration for Yexel Sebastian. Lots of people like to collect toys for keeping to themselves (*damot, ayaw magpahiram*!) but Yexel wants to share his extensive collection so bad that he converted his home into a temple to all things playful.

"*Nag-start ako magcollect ng* toys *galing sa* kiddie meals, Happy Meals, *mga ganun*. Then *dumaan din ako sa* teks, Pogs, NBA cards, Tamiyas. *Mga* 18 *ako nagsimula sa* action figures and *dun talaga naging seryoso*. Personal collection *ko itong lahat and dahil sa dami nila, siksikan na talaga* and compressed *sa bahay. Tapos pag may dumaan sinasabi nila, 'Ba't di mo nalang i-open sa* public?' *Kaya naisip ko gawing* 'houseum' *yung bahay ko*."

Of course, except for the really big ones, you can't touch the toys. They're kept under lock and key. And you have to pay to get in. *Hindi rin siya nagpapahiram*, but at least he'll let you see and enjoy them, not like the other *madamot* kids...

PHOTOGRAPHY: DAIRY DARILAG; WORDS: ASH MAHINAY



SHIA'S DRIVE TO WORK GOT PRETTY BAD MILEAGE

STATISTICS

Action figures: Estimated at 7,000

Life-sized figures: 100

Optimus Prime's height: 18ft

Optimus' pricetag: P2 million

Lightning McQueen's scale ratio: 1:1

Floors: 3 (expanding to 5)

Rooms: 10

Crew: 14

Balrog Bust: P160,000, one of three in the country

Predator busts: a complete set of limited edition kid scarers

Yexel's Toy Musuem is open to the public Saturdays and Sundays from 10am to 8pm and open for field trips on weekdays. Visit Facebook.com/yexelstoymuseum or call 09157714777

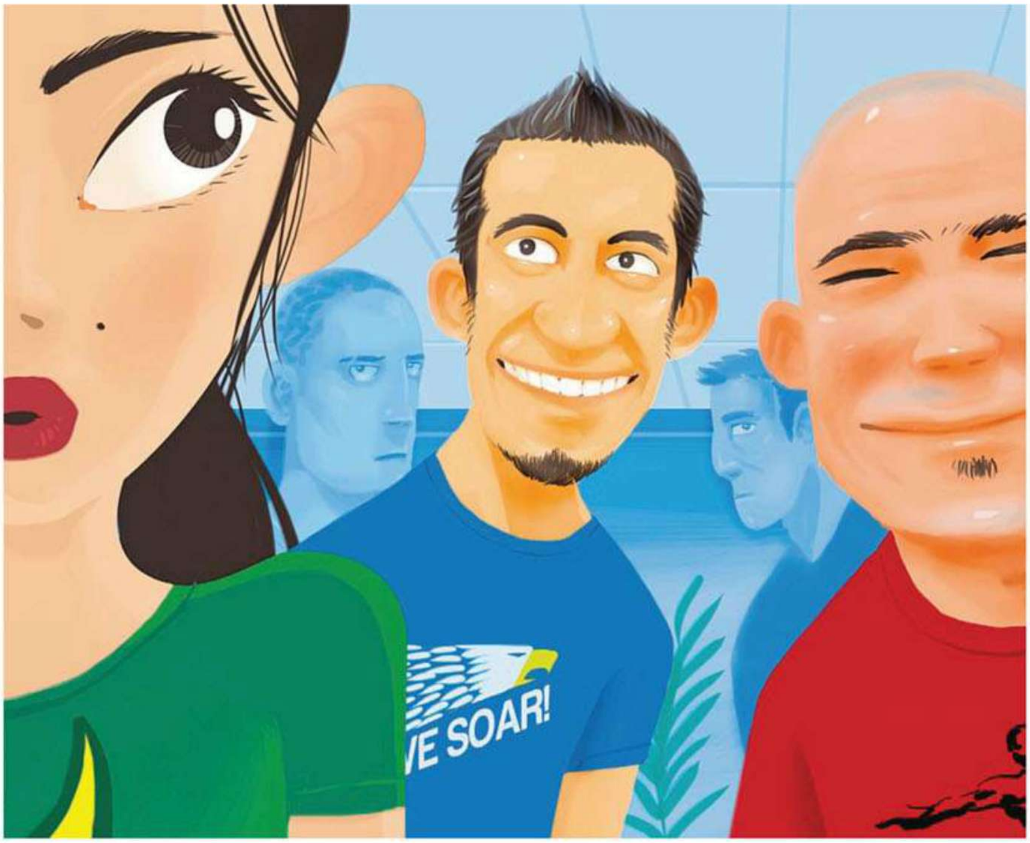
What's your favorite series or character?
Actually *sa pag-collect ko, yung habol ko talaga is yung mabilis maintindihan ng bawat tao. May mahilig sa* Star Wars, *meron naman sa* Marvel—*gusto ko tamaan lahat* [*ng* interests]. *Hindi ako naka-focus sa pansariling gusto. Gusto ko lahat ng pumasok may ma-e-enjoy.*

Are you bothered by the preference for digital playthings nowadays?
Okay naman sa akin ang video games. *Ganun talaga, yung iba mahilig sa* games, *yung iba mahilig sa kotse–ako naman* toys *talaga. Pero nakita ko na lahat naman ng napupunta dito, nababalikan yung pagkabata.*

Is it tough to maintain a collection this massive?
Medyo. Lahat ng malalaki, pinapalinis ko [*sa* crew]. *Pero yung maliliit, ako lang humahawak. Yung mga malaki kahit mahawakan ng mga bata, magasgas–kaya namang i-repair. Ang mga* figures *ko may salamin na, may* scotch tape *pa sa gilid* [to prevent dust] and *may* padlock *pa lahat.*

Do you ever get to play with your toys anymore?
Hindi na. Pag binili ko display *na agad. Paglabas ng kahon, diretso* display cabinet. *Mahilig lang talaga ako sa* pictures, or *nakikita sila.*

What do we have to keep in mind if we want to collect as well?
You have to be resourceful, you have to enjoy collecting. *Kung hindi* eventually *ibebenta mo lang yan. At mag-hanap-buhay para may pambili,* ha ha!



BAR ROOM JOKES

What we'll do to hear the chicks say, '*Ang* funny *mo talaga*!'

JOKE OF THE MONTH

STATEMENT SHIRTS

In a room where job interviews are taking place, an Atenean guy walks into the room wearing a blue shirt with a Blue Eagle and the words: "We Soar." An *isko* from UP walks in wearing a maroon shirt on with the Oblation and the words: "We Stand Out." A hottie from FEU enters the room. All eyes are on her as her tight green shirt with the Tamaraw logo that outlines her breasts reads: "We Charge!" Drooling, the Atenean and UP guy approach the hot Tam, and ask in unison: "Miss! How much?"

Jerry Chua, by email

LOVE KEEPS US STRONG

A man escapes from prison after being incarcerated for 15 years. He breaks into a house to look for money and finds a young couple in bed. He orders the guy out of bed and ties him to a chair. While tying the girl to the bed, he kisses her neck, then gets up and goes into the bathroom. While he's in there, the husband tells his wife: "He's an escaped convict! He probably hasn't seen a woman in years. I saw how he kissed your neck. If he wants sex, don't resist and do whatever he tells you. Satisfy him no matter what. This guy is dangerous. If he gets angry, he'll kill us. Be strong, honey. I love you." His wife responds, "He wasn't kissing my neck, he was whispering in my ear! He told me he was gay, thought you were cute, and asked me if we had any Vaseline. I told him it was in the bathroom. Be strong honey. I love you too!"

Jinx Madness, by email

BABY TALK

Little Johnny's neighbor had a baby. Unfortunately, the kid was born with no ears. When they arrived home from the hospital, the parents invited Little Johnny's family to see the baby. Little Johnny's parents were afraid their son would crack a joke about the baby. So, his dad had a long talk with Little Johnny before going to the neighbors. He said, "Now son, that poor baby was born without ears. I want you to be on your best behavior and not say a word, or I'm really going to spank you when we get home." "I promise not to mention his ears," swore Little Johnny. At the neighbors', Little Johnny leaned over the crib and touched the baby's hand. He looked at the mother and said, "Oh, what a beautiful little baby!" The mother, who had braced herself for a rude comment, was pleasantly surprised and said, "Thank you, Little Johnny." He then said, "This baby has perfect little hands and perfect little feet. Why, just look at his pretty little eyes! Did his doctor say he could see well?" The mother replied, "Why, yes, his doctor said he has 20/20 vision, why do you ask?" Little Johnny said, "Well, it's a good thing, cause he sure as shit can't wear glasses!"

X-topher G., by email

GOOD MANNERS ARE HARD TO FIND

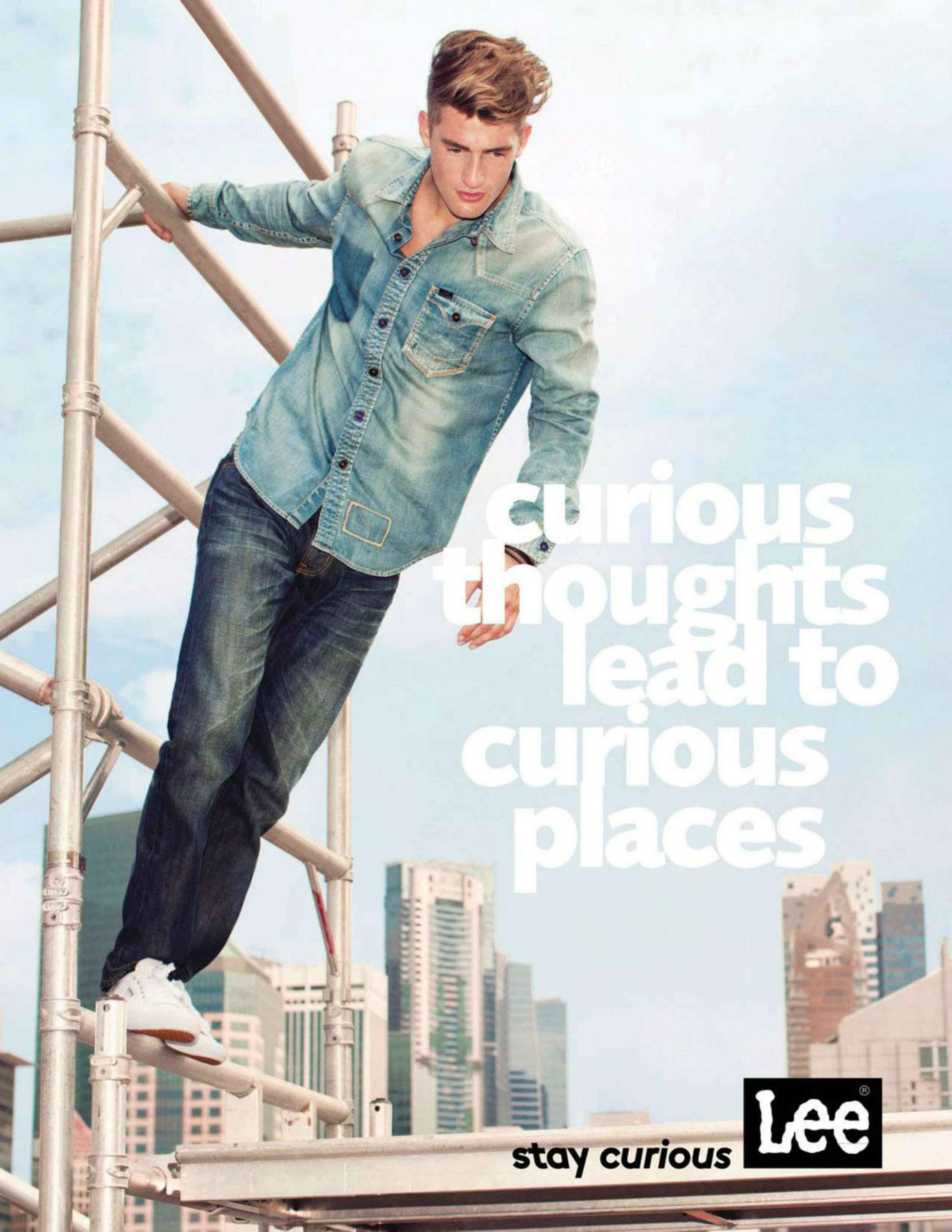
A teacher trying to teach good manners asked her students the following question: "Michael, if you were on a dinner date with a lady, how would you tell her that you have to go to the bathroom?" Michael said, "Just a minute I have to go pee." The teacher responded by saying, "That would be rude and impolite. What about you Sherman, how would you say it?" He said, "I am sorry, but I really need to go to the bathroom. I'll be right back." "That's better, but it's still not very nice to say the word bathroom at the dinner table," answered the teacher. "And you, Willy, can you use your brain for once and show us your good manners?" Willy said, "I would say, Darling, may I please be excused for a moment? I have to shake hands with a very dear friend of mine, whom I hope to introduce you to after dinner." The teacher fainted.

John Royce B. Garde, by email

Jerry Chua will receive giveaways from Halo (halomobileclothing.com). For prize-claiming instructions, contact us at (02) 451-8888 local 1023 or e-mail paulaciara.santos@summitmedia.com.ph on or before May 31, 2013.

Envious? Then send your entry to: *FHM* Bar Room Jokes, 6F, Robinsons Cybergate Center Tower 3, Robinsons Complex, Pioneer st., Mandaluyong City, 1550. Or try our fax (6372206) or email (fhm@summitmedia.com.ph)

ILLUSTRATION: MIKKE GALLARDO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FROM THE DIRECTOR OF PHANTASM & BUBBA HO-TEP
JOHN DIES AT THE END
JUST SO YOU KNOW... THEY'RE SORRY FOR EVERYTHING THAT'S ABOUT TO HAPPEN.

JOHN DIES AT THE END
With: Chase Williamson, Rob Mayes, Paul Giammati
What's new: John and Dave are a lot like Bill and Ted—except their debatably excellent would-be adventure involves saving mankind from a new street drug that sends users forward across time and dimensions, and then sends them back to present time as alien-like life forms with puffy faces. Throw in intentionally crude costume designs/special effects, bad guys, and a little more gun-toting than you were expecting. So does John die in the end? Score a copy to find out.

In this disc: Behind-the-scenes and pre-production featurettes (including how they made an army of spiffy non-CG monster creatures), deleted scenes, plus interviews with director Don Coscarelli and actor Paul Giammatti (yes, he's in this movie).

WORDS: JOCELYN DIMACULANGAN; KHYNE PALUMAR

GANGSTER SQUAD
With: Al Pacino, Ryan Gosling, Emma Stone
What's new: Early '50s Los Angeles sees secret cops joining forces with two sergeants to topple and gut down a ruthless mob king (see guy in picture). If your girlfriend wanted to see a movie with Ryan Gosling and Emma Stone in it, this is quite possibly the closest you can get to enjoying one.
In this disc: A pretty thorough diary-type file and gallery featuring real Jewish Mafia gangster Mickey Cohen. Who looks nothing like Al Pacino by the way.

JURASSIC PARK 3D
With: Sam Neil, Laura Dern, Jeff Goldblum
What's new: The original dinosaurs-coming-to-life movie that had you wet your pants in combined horror and excitement back in 1993 (but we were all kids then, so that's okay) is making its 3D DVD re-release shortly after it hit theaters. T-rex teeth will look twice as terrifying.
In this disc: Every dino and Spielberg nerd's dream pre-production nuggets: how the "raptors in the kitchen" scene was done, rex sketches and animatics, location scouting, plus Spielberg in action.

THE ROAD
With: Rhian Ramos, TJ Trinidad, Barbi Forteza
What's new: Director Yam Laranas' award-winning film. If you didn't get to see it in theaters, this single-disc offers rewind-pause-playable views of Rhian Ramos statuesquely running across that infamous stretch of road that's giving everyone the goosebumps. And then you scream, of course.
In this disc: Yam Laranas shares how "the road" they shot in Rizal looks terrifying in the movie but actually looks like paradise in real life, among other audio commentary-trivia.

BE CAREFUL WITH MY HEART VOL. 6
With: Jodi Sta. Maria, Richard Yap, Aiza Seguerra
What's new: Don't act like you didn't know what this *serye*'s about–but if you really didn't, then consider this latest volume of the unexpected daytime hit series about a *yaya* with stewardess dreams who's got the hots for her boss (who's going to send her to stewardess school) your induction to Ser Chief's playbook, and Jodi Sta. Maria's pretty face.
In this disc: Last November's episodes, and not much else. But that's more than enough, really.

FILM

A NEW FESTIVAL IS IN TOWN!

ADVANCED PAMPAGANA!

Film Development Council of the Philippines' executive director Teddy Granados talks about getting you excited for September's *Sineng Pambansa*

What made the FDCP come up with this project?
We wanted to bring back veteran directors and get them to do stories from their hearts, and to show young filmmakers that this is how to tell a story. We want to inspire and improve the quality of the film industry. Last year, there were over 200 independent films produced, but barely 10 had commercial runs.

How did you choose the filmmakers for the All-Master's Edition?
A committee made the selection. This is just the initial stage of the festival. There are many more masters out there that we plan to get. Our funding is only enough for this initial batch, so next year we will probably do more films. As far as criteria goes, *makikita mo na sa* selection *pa lang ng* names that these directors are masters of their craft.

Did you choose which script goes to which filmmaker, or was it the other way around?
We selected the filmmakers first. It's more like, we courted them to come out and make a film. *Dapat kasali si* Celso Ad Castillo but he passed away. He actually finished his script before he left.

Is there a common thread in the scripts?
Most of the stories will be set in locations familiar to the filmmakers, usually their hometowns. So the films are shot across the Philippines.

WHAT IS SINENG PAMBANSA?
12 DIRECTORS + 1.5 MILLION EACH = DREAM PROJECTS

JUN URBANO
Of: *Juan Tamad and Mister Shooli: Mongolian Barbeque*
Who's directing a flick about: A young boy from a barrio who has issues with a fighting cock that his father bought in exchange for their carabao.

JOEL LAMANGAN
Of: *Ang Huling Birhen sa Lupa, Aishitemasu*
Who's directing a flick about: The struggles and love lives of two NPA members under '70s martial law rule. "*Tungkol rin ito sa isang babae at isang lalaki na may problema sa kanyang kasarian.*"

TIKOY AGUILUZ
Of: *Boatman, Tatarin*
Who's directing a flick about: Emmanuel "Eman" Lacaba–a poet who joined the New People's Army, was later betrayed, and killed in a military encounter in Davao del Norte March 18, 1976 at 27 years old.

MARYO J. DE LOS REYES
Of: *Pepe en Pilar, Bagets*
Who's directing a flick about: Several Boholaños whose lives intersect in Bohol's Loboc River. "Bohol is brimming with traditions and heritage. I want to tell the stories of farmer's sons."

CHITO ROÑO
Of: *The Healing, Dekada '70*
Who's directing a flick about: A fictional barrio's rotten and corrupted voting system, as seen through the eyes of the son of an ailing party leader on the eve of election.

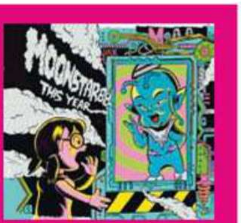
PEQUE GALLAGA
Of: *Oro, Plata, Mata*
Who's directing a flick about: A washed-out female artist who's getting her mind changed by a young boy. Scenes will be shot entirely in Negros Occidental.

CARLOS SIGUION-REYNA
Of: *Ang Lalaki sa Buhay ni Selya*
Who's directing a flick about: Two delusional cousins residing in Smokey mountain who believe they are a prince and princess. Real-life cousins Cris Villongco and Rafa Siguion Reyna play them.

TO THE MOON AND BACK

MOONSTAR88'S NEW ALBUM, THIS YEAR, *PROVES THAT THE SEASONED BAND ISN'T JUST ABOUT THE SENTI HITS*

THIS YEAR



Aside from a colorful, doodle-ridden, three-way folding cover that tips you off the band's new, fun vibe, *This Year* offers listeners a fresh perspective on Moonstar's identity. They've said goodbye to their *senti*-themed songs and replaced them with upbeat zests. Now, fans can also dance their hearts out while getting it broken. Lead single "Ligaw" features Parokya ni Edgar's Chito Miranda on vocals, who also happens to be one of the album's producers. "Migraine" which debuted in 2007, takes on a surprisingly fiery form in its acoustic version. *This Year* creates a wide landscape of joys and pains beyond the sentimentality.

So what is it about "this year" for it to be an album title?

Maychelle Baay (vocals/ guitars): *Kasi* for the last three years, probably more, every time *kinukulit kami ng* fans *namin* about releasing an album, *lagi naming sinasagot,* "This year." So in a way we're a little bit apologetic to them and *ito na, This Year, talagang lumabas na siya.* It's really like a thank you to the fans who have been waiting for the album.

You also collaborated with Chito Miranda. Are there any other famous friends who helped you out?

Herbert Hernandez (guitar): It's a collaboration from the start down to the music video and to the album packaging; Chito Miranda and the Kamikazee boys produced the album.

Paolo Bernaldo (bass): *Dati kasi laging luto na* from our end so this time *kinausap namin yung* producer-friends *namin* like Chito Miranda, and *si* Allan (Burdeos) and Jomal (Linao) of Kamikazee. *Binigay namin yung* raw recording *tapos nag-collaborate talaga kami. Basta ang* goal *namin* is "*bago.*"

Herbert: *Sobrang saya na naka-jam namin si* Chito Miranda *sa* "Ligaw." Dream *namin yun. Yun yung pinakaunang nirecord naming* song *pero yun yung* last *na natapos dahil yun yung* last *na nilatagan ni* Chito *ng boses.*

Maychelle: *Hindi siya* planned. He just liked the song so much so *sinabi namin*, why don't you sing in it?

Visit facebook.com/moonstar88band or follow them on Twitter @moonstar88band for more updates.

Why did you guys include an acoustic version of the 2007 song "Migraine" instead of adding a new track?

Paolo: *Yung* first goal *kasi was* to make a bonus track.

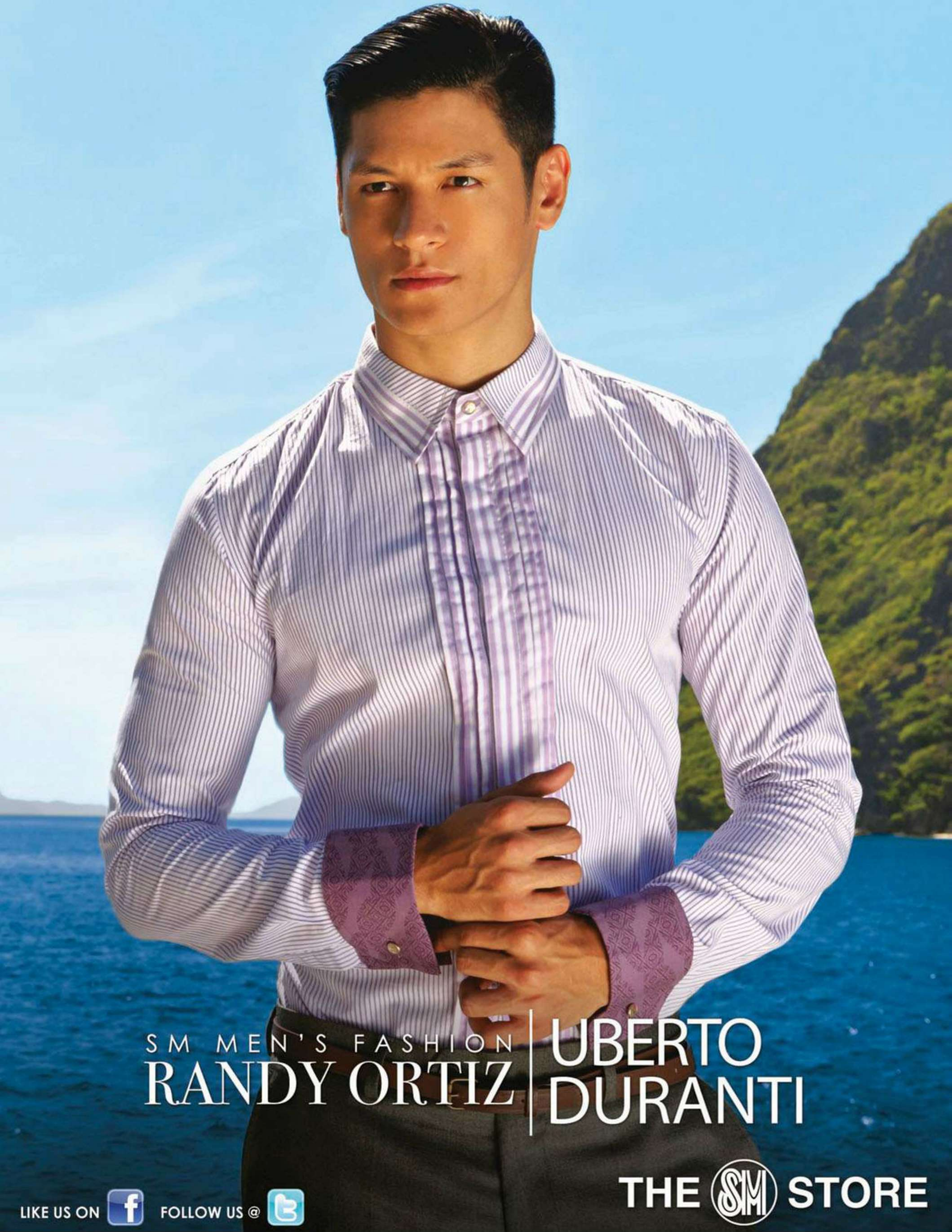
Maychelle: The acoustic version was actually recorded many years ago. Nobody had a copy of it except for radio stations. Radio stations were playing it and people were looking for it so we thought we owed it to them.

The band is more than a decade old. What other plans do you have in store?

Bon: Do shows abroad. Collaborations with more legendary artists like Rico Blanco, Rey Valera, Ely Buendia, Raimund Marasigan, *at iba pa.*

Herbert: We're hoping *mas mabilis na kami gumawa ng kanta*, ha ha!

WORDS & INTERVIEW: BILLY VIAY


SM MEN'S FASHION
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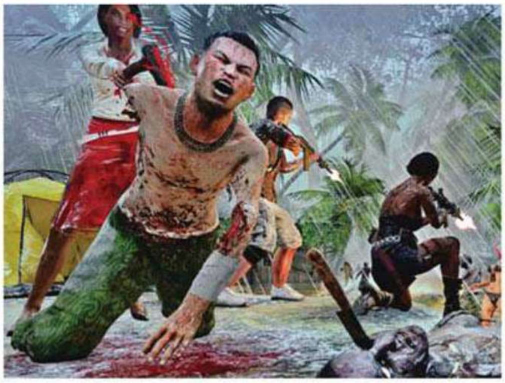
STORM WARNING

MORE ZOMBIE KILLING FUN¬ IN THIS YEAR'S DEAD ISLAND INSTALLMENT—JUST ADD WATER!

'AKIN NA ANG SAGWAN! GUSTO KO MAG-BORA!'



The first *Dead Island* had promise, despite its viral teaser trailer being ultimately more successful than the game itself. But just like how you can't keep a good zombie down, it's shambling back to its feet for another bite at the prize as *Dead Island Riptide*.

It's more of a glorified expansion pack than a full sequel, so there isn't really a flood of new content to match the monsoon rains that have submerged the island of Palanai. What they did add, though, we can't wait to have some mindless fun with. The new Alamo-style defense missions give the unmatched rush of surviving a near-endless horde of Zs with only a sliver of health and a fistful of bullets left. Doing it in coop doubles the fun, but with offline split-screen going out of style faster than the Harlem Shake, your buddies will have to stump up for copies of their own.

LOVE

- Player Continuity—import your *Dead Rising* character with all its undead killing skills intact! More loot, bigger guns!
- An Axe to the Face—the more cerebral *Walking Dead* video game was nice, but it's fun to indulge our baser instincts by disemboweling zombies with all sorts of pointy and shooty implements

HATE

- B-Movie Polish—the game still has those janky moments that betray its non-AAA nature
- No Local Coop—at the rate we're going, soon no one would need extra controllers anymore, sad

SIEGE MENTALITY

The best of back-to-the-wall action because 'a cornered fox is more dangerous than a jackal!'

JOHN MARSTON

In: *Red Dead Redemption*
As Alamo as you can get, the emotional investment you've put in the game pays off perfectly in the end.

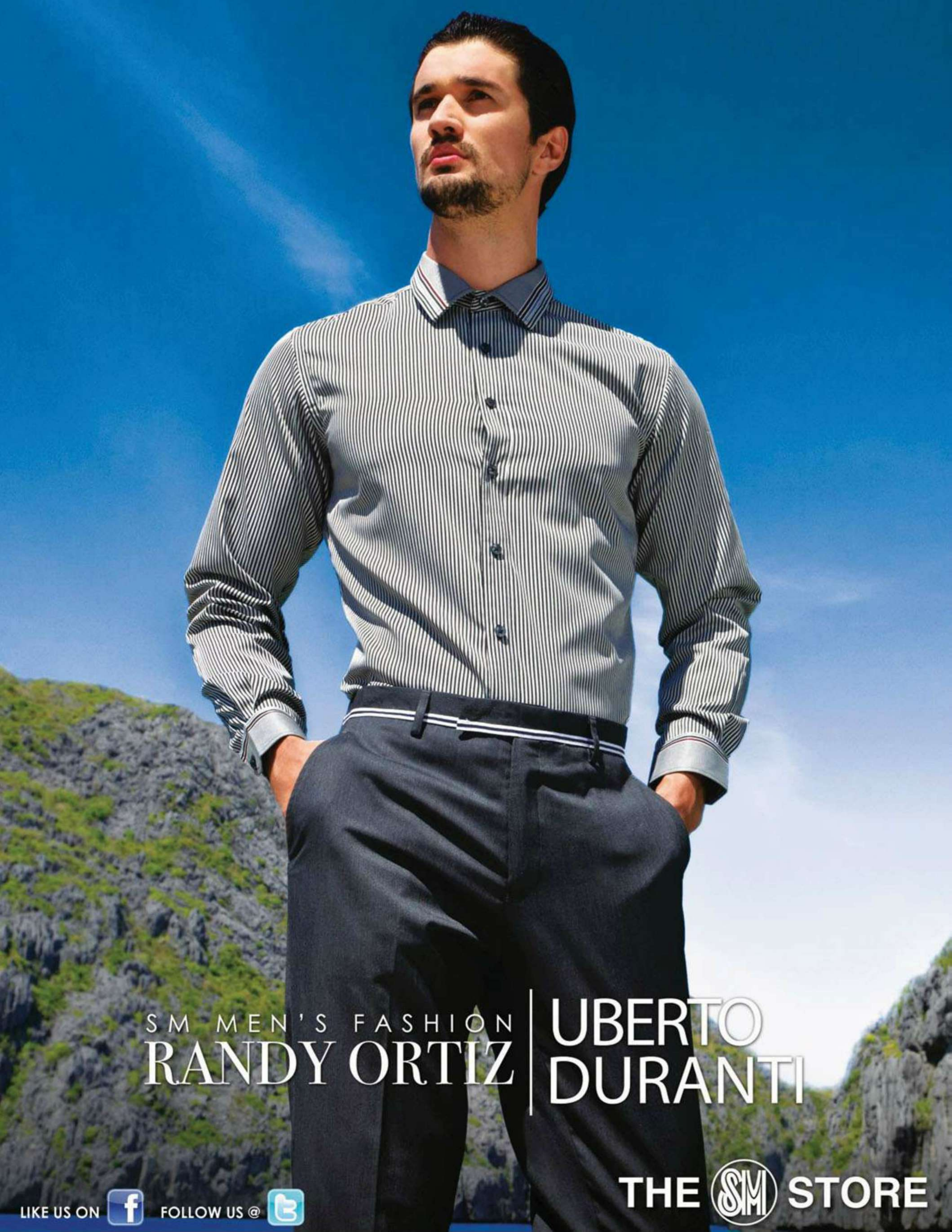
NOBLE 6

In: *Halo Reach*
The atmosphere of the final battle is great, but it's seeing the helmet overgrown with grass that really hits home.

ERM, ALL THE TIME

In: *Stronghold*
The granddaddy of siege gaming—who doesn't like dumping burning pitch on some Huns?

WORDS: ASH MAHINAY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WINTER IS STILL COMING

MORE MAYHEM AND MEDIEVAL MAMMARY GLANDS COURTESY OF* GAME OF THRONES *SEASON 3

RAISE THE PORTCULLIS!

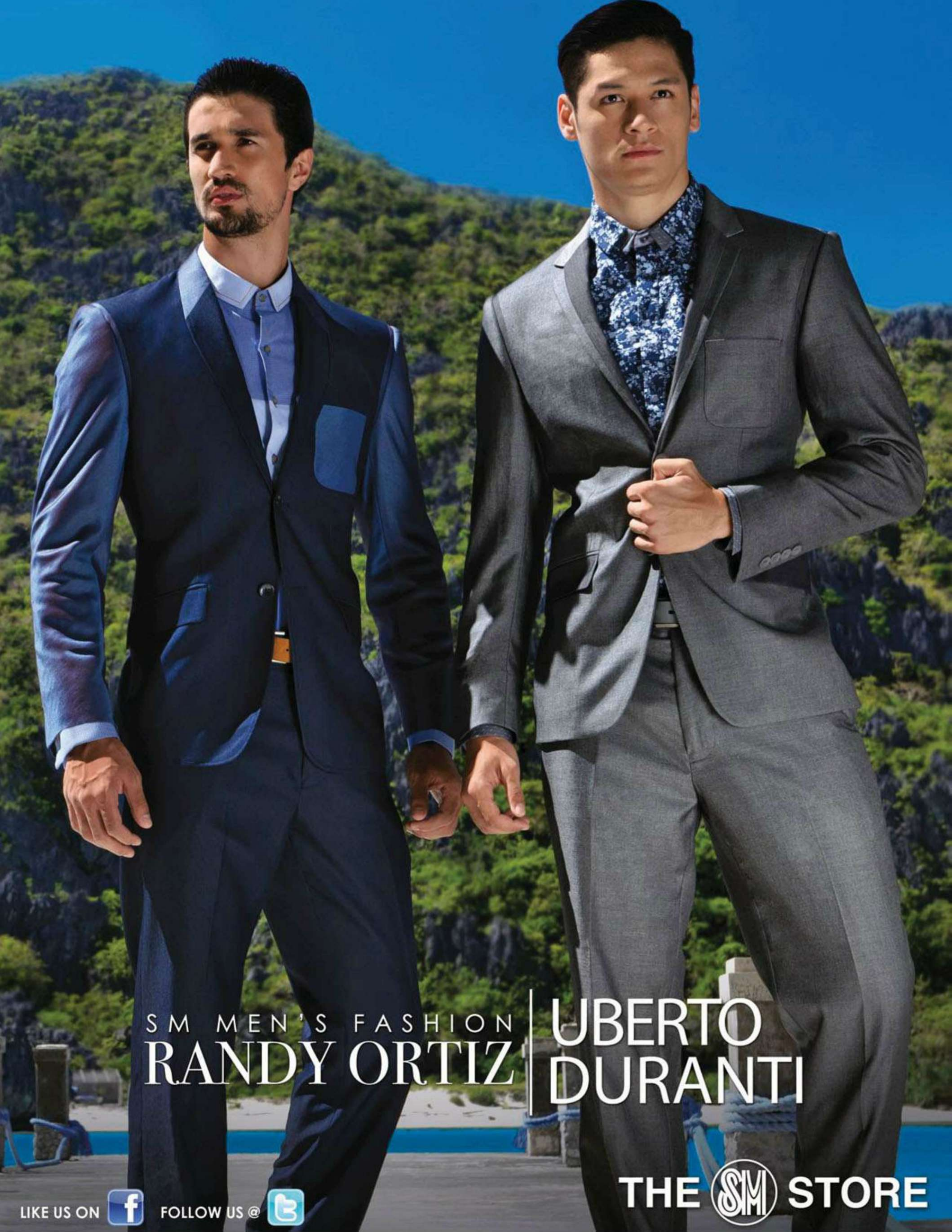
After the intense storming of Blackwater Bay, which was practically the climax of season 2, the Lannisters were left unscathed (save for Imp Tyrion's face and pretty boy Jaime's unlikely comrade), little Arya isn't so little anymore, and the Queen of Dragons was imbued with a renewed sense of fiery power. As plotlines thicken and conspiracies brew, expect more gut-spilling violence and lustful escapades as pawns are revealed and true kings rise. Oh, and yeah, those zombies on horseback are still barreling through the ice. To the North!

Premieres: April 20, Saturday, 9 p.m.

On: HBO

If the book's third installment is indeed the basis for this forthcoming season, then corruption and chaos of epic proportions will be slicing through TV screens like a bawdy knight's battle axe...

WORDS: ANTON UMALI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OUTLAWS, QUEENS, AND WHORES—FALL IN!

WHO TO ROOT FOR AND WHO TO THROW EXPLETIVES AT COME APRIL 20

STAY LOYAL

Daenerys Targaryen
When the show started, Dany was still building her confidence and cultivating her dragon eggs. Now that they've hatched, "Khaleesi" has grown tough as dragon-hide and should soon reclaim kingdoms.

Arya Stark
From fencing classes to venturing into dark territory sans her older brothers, Arya's journey is one we can't keep our eyes off. Her bravery and cunning almost always keep her swift as the wind.

Robb Stark
The eldest Stark at the forefront of fighting the Lannisters has sterned up. But because of the values instilled in him by his dead father, Robb rules like the leader of the wolf pack he was born to be.

NEVER TRUST

Tyrion Lannister
"A Lannister always pays his debts" is the motto the sly imp adheres to. Don't get us wrong, he's got a soft side, but when you're a man of the coin it isn't easy to tell who you've pledged your allegiance.

Cersei Lannister
The series' resident incestuous *kontrabida* with a bad case of penis-envy is probably the dirtiest player in the game. Don't let that pretty face fool you.

Theon Greyjoy
Shaky and oft-stupid. Theon always lets insecurities get the better of him, provoking him to make rash decisions—like burning Winterfell to the ground just to please his unimpressed father.

FEAR THEM

The Hound
More monster than human, the gargantuan knight will lop off a noggin at the flick of prissy Joffrey Baratheon's wrist. Unless you happened to be Sansa Stark.

Lord Varys
A master of illusion and *chismis*, Varys, commonly known as The Spider, has ears in every corner of the kingdom. Despite being a eunuch, he conducts himself with an evil elegance scarier than any white walker.

Petyr Baelish
The man known as Littlefinger is a master manipulator, always two steps ahead of everyone else. Never forget that he was integral in trapping and capturing Ned Stark.

WE'RE STUCK IN THIS PLOT, AREN'T WE?

Awkwardness, de-virginization, and brotherhood as participated in by two people–sometimes more

BEAUTY AND THE BEAST
Who: Jaime Lannister and Brienne of Tarth
Stuck together because: Amazon-like lady is instructed to escort prince charming back to his family. Their heated banter (and curdling sexual tension) makes the scenes funny and intense.

WHEN MAN IN BLACK MEETS WILDLING
Who: Jon Snow and Ygritte
Stuck together because: Snow didn't have the guts to slit Ygritte's wildling ass. Because she was female or ridiculously hot, you be the judge.

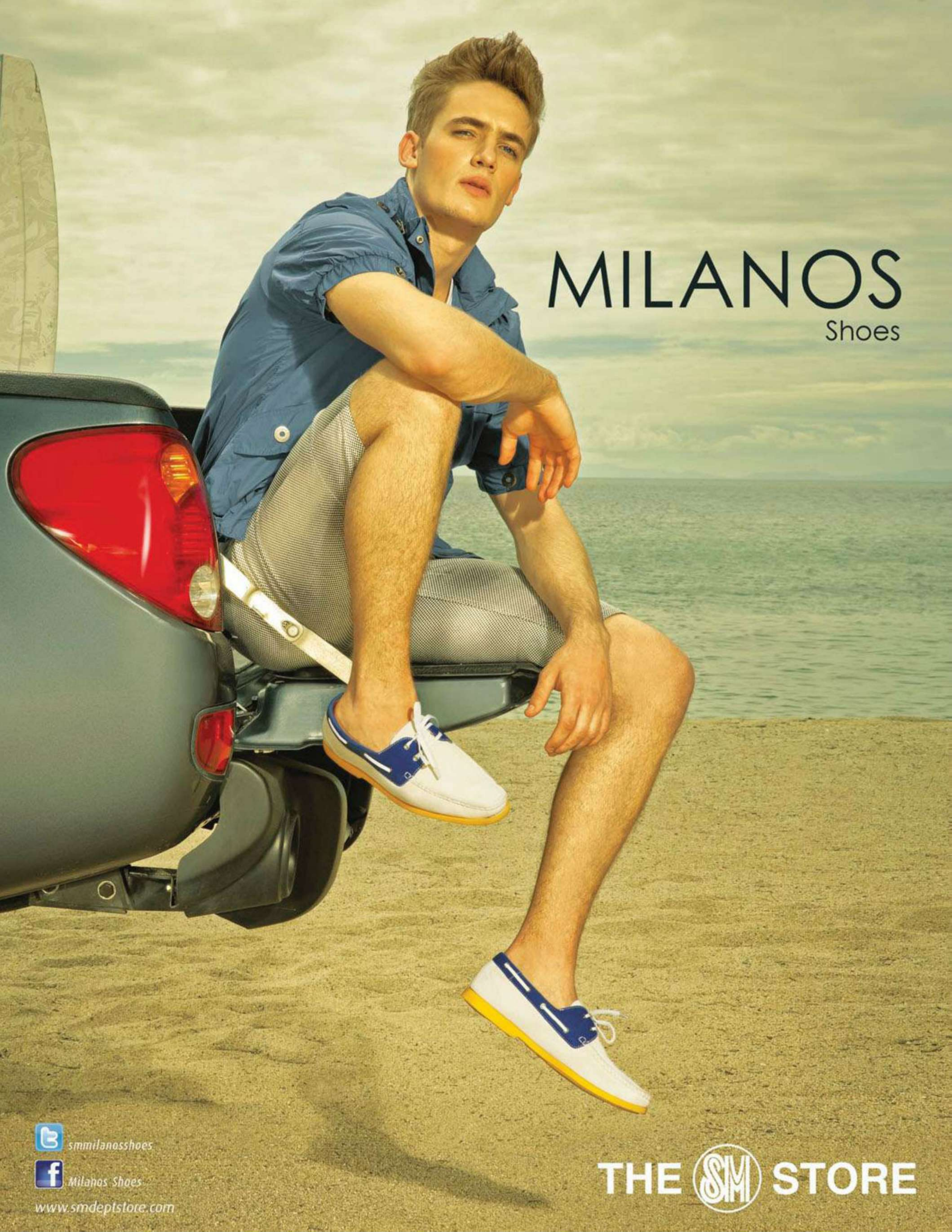
BROS FOR LIFE
Who: Bran and Rickon Stark
Stuck together because: Youngest Starks Bran and Rickon escape the clutches of jealous Theon and are off to find their mother. Loyal servants Hodor and Osha lug them around.

NON-MEDIEVAL VIEWING

This month, AXN resurrects singing superstar wannabes and an iconic cannibalistic serial killer

THE VOICE SEASON 4
What's new: Christina Aguilera and Cee Lo Green pass their judging/mentoring duties to hip-shakers Shakira and Usher, while Maroon 5's Adam Levine and country superstar Blake Shelton are still on the panel, rounding up the party of pop-sensations searching for music's next big thing. Expect new inter-panel banter that should be entertaining. As always though, the judges not being able to see but just listen to auditions gives *The Voice* its edge.
Premieres: April 1 & 2, 8 p.m.
Airs: Mondays and Tuesdays, 8:10 p.m.

HANNIBAL
What's new: Fans of the *Silence of the Lambs* film series and the Thomas Harris novels get to see the world's most cultured cannibal on TV, too. When FBI criminal profiler Will Graham needs psychotic expertise to capture a deranged madman, he enlists the help of Dr. Hannibal Lecter a la Clarice Starling. All this he must do while watching his back, because he might turn into the next main course. Yum!
Premieres: April 8, 10 p.m.
Airs: Mondays, 10 p.m.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VISUAL BIAS

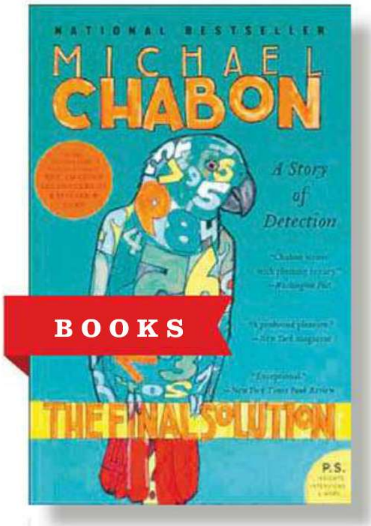
MIND-BENDING READS THAT ARE AS INTERESTING AS THEIR INTRICATELY TRIPPY COVERS

THE FINAL SOLUTION

Michael Chabon

What's up: An unnamed old man, assumed to be a retired detective, leaves his quiet life of bookkeeping to look for a mute kid's missing parrot that's fluent in German numbers. Murder and mystery litter this page-turner as the perceptive protagonist begins to unearth what the little boy and his feathered pet really represents.

***FHM*'s take:** This homage to Sir Arthur Conan Doyle's *Sherlock Holmes* is a traditional detective story molded for a more modern audience. Time to bust out the magnifying glass!


NATIONAL BESTSELLER
MICHAEL CHABON
A Story of Detection
THE FINAL SOLUTION
P.S.

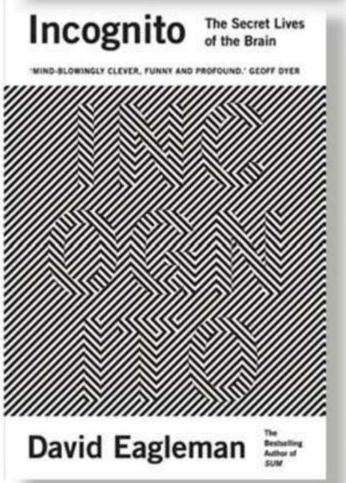
BOOKS

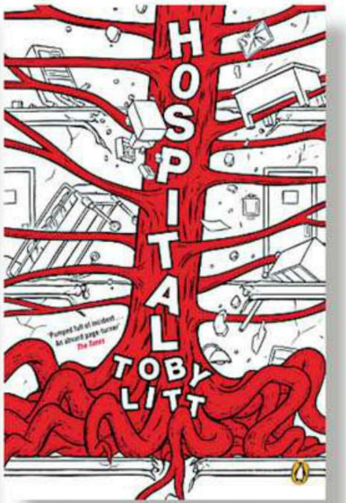
INCOGNITO: THE SECRET LIVES OF THE BRAIN

David Eagleman

What's up: A neuroscientist's study of the machinations of the brain. Dr. Eagleman presents the many tricks which that grey matter under your skull is capable of—drawing a banquet of data culled from history, experiments new and old, as well as his own empirical data and insight to forge theories on perception and the unconscious.

***FHM*'s take:** Not a work of surrealistic fiction—but it might as well be. All that data sounds complicated? Well, if this book imparts any practical knowledge, it's never underestimating your brain's prowess.


Incognito
The Secret Lives of the Brain
"MIND-BLOWINGLY CLEVER, FUNNY AND PROFOUND." GEOFF DYER
David Eagleman
The Bestselling Author of SUM

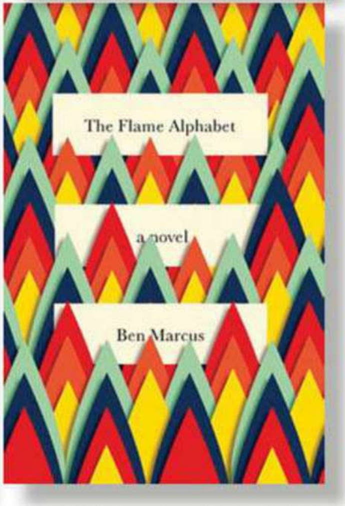

HOSPITAL
TOBY LITT

HOSPITAL

Toby Litt

What's up: In Toby Litt's nightmarish medical establishment, little boys whirl through hairy wormholes, Satanists sacrifice the newborns, and festivities of the voodoo persuasion commence by midnight. Granted, wounds seem to heal on their own, but this doesn't stop annoyed patients from murdering neighboring roommates twice over.

***FHM*'s take:** Reminiscent of Edgar Allan Poe, its darkly comic tone may not sit well with the weak-stomached and will have you think twice before going to see the doctor.


The Flame Alphabet
a novel
Ben Marcus

THE FLAME ALPHABET

Ben Marcus

What's up: Set in a world where children's speech has turned into a toxic plague that robs and drains adults of their souls, as married couple Sam and Claire are torn between abandoning their precocious daughter and her tormenting tongue, it becomes clear that they need to find a cure.

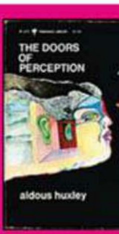
***FHM*'s take:** A horrific, often witty novel that reads and feels like zombie apocalypse pop culture. Only instead of casting the undead, it's the whining, cussing, and crying of the youth that threatens humanity's existence.

DOWN THE RABBIT HOLE

Reads that will have you psychedelically addicted… to literature, of course

The Doors Of Perception

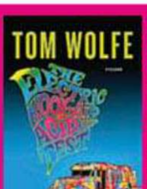
Aldous Huxley


THE DOORS OF PERCEPTION
aldous huxley

Huxley's meditations on the mind-altering properties of mescaline (an agent in hallucinogen peyote). He recounts out-of-body experiences, including a fever dream that has him reassessing his perceptions of the external world in relation to art, religion, and humanity—deep. A little trivia: this is where LA band The Doors' Jim Morrisson got their name.

The Electric Kool-Aid Acid Test

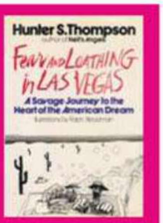
Tom Wolfe


TOM WOLFE
The Electric Kool-Aid Acid Test

A true-to-life account of *One Flew Over the Cuckoo's Nest* author Ken Kesey's band of hippie bandits as they journey across America in a colorful bus. Both passengers and the people they bump into experiment with the psychoactive effects of acid. The book is considered the quintessential read on the flower power culture.

Fear and Loathing in Las Vegas

Hunter S. Thompson


Hunter S. Thompson
Fear and Loathing in Las Vegas
A Savage Journey to the Heart of the American Dream

A hedonistic autobio retelling of gonzo journalist Hunter S. Thompson's experience in Sin City with his lawyer—and a suitcase filled with illegal substances. Told through the eyes of his alter ego Raoul Duke, the narrative blurs fact and fiction, as the characters are continuously non-sober.

WORDS: ANTON UMALI

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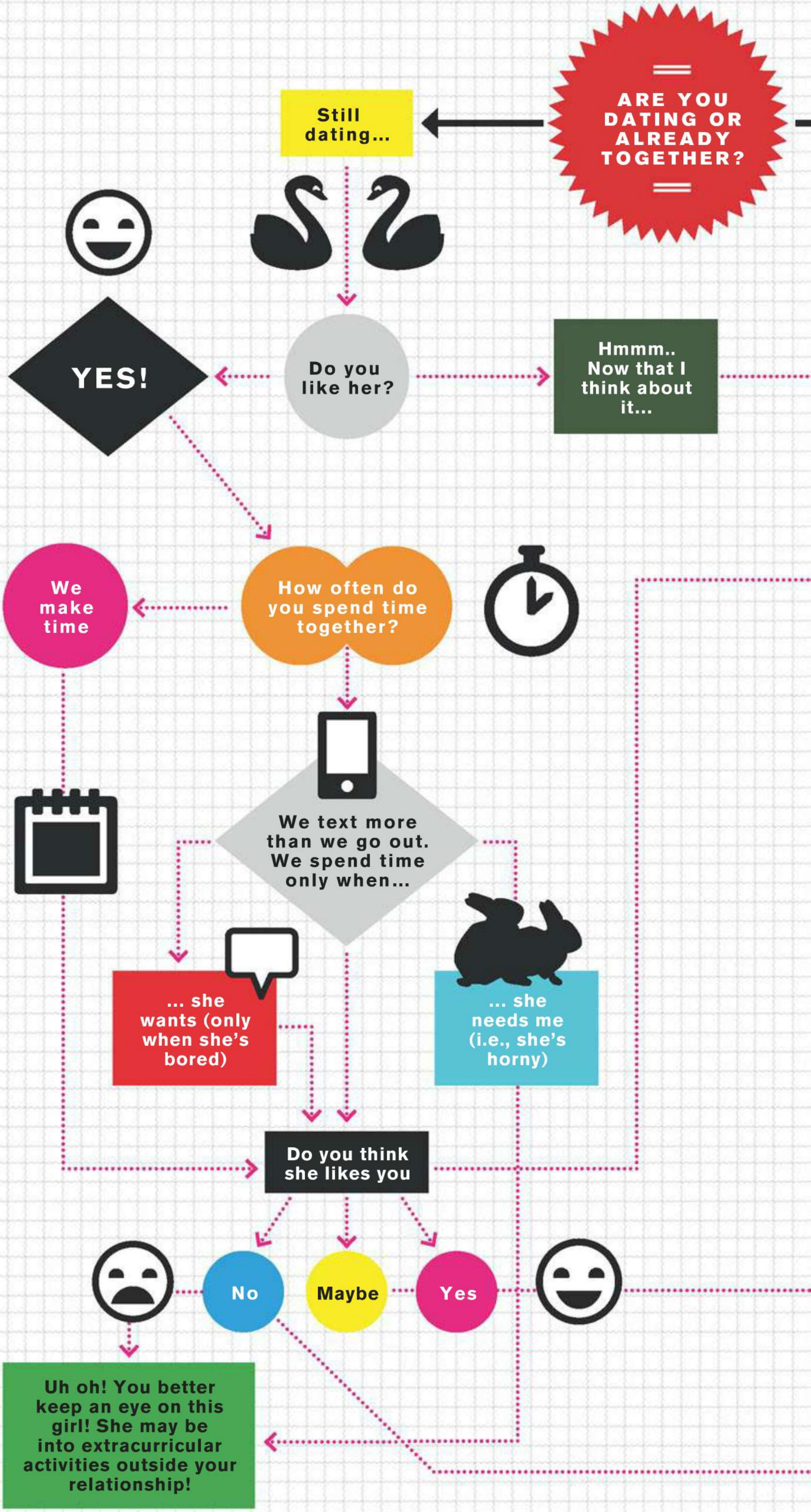
LOUNGE
DATING

IS SHE MAKING A FOOL OUT OF YOU?

Find out whether that girl is worth keeping or is just pulling a big prank on you with this simplified flowchart

WORDS:
MARA DE GUZMAN



ARE YOU DATING OR ALREADY TOGETHER?

Still dating...

Do you like her?

YES!

Hmmm.. Now that I think about it...

How often do you spend time together?

We make time

We text more than we go out. We spend time only when...

... she wants (only when she's bored)

... she needs me (i.e., she's horny)

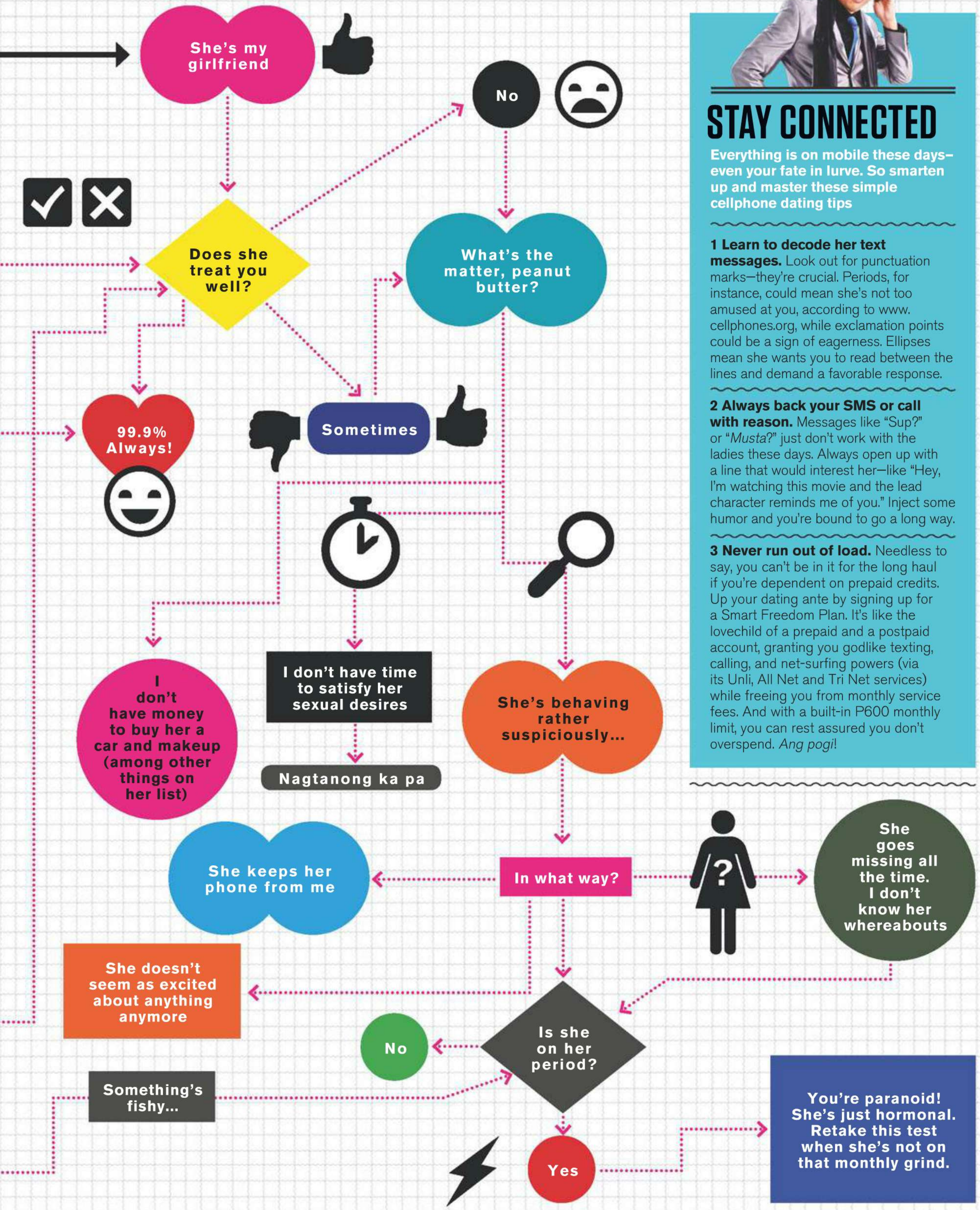
Do you think she likes you

No

Maybe

Yes

Uh oh! You better keep an eye on this girl! She may be into extracurricular activities outside your relationship!


She's my girlfriend
No
Does she treat you well?
What's the matter, peanut butter?
99.9% Always!
Sometimes
I don't have money to buy her a car and makeup (among other things on her list)
I don't have time to satisfy her sexual desires
Nagtanong ka pa
She's behaving rather suspiciously...
She keeps her phone from me
In what way?
?
She goes missing all the time. I don't know her whereabouts
She doesn't seem as excited about anything anymore
No
Is she on her period?
Something's fishy...
Yes
You're paranoid! She's just hormonal. Retake this test when she's not on that monthly grind.

STAY CONNECTED

Everything is on mobile these days–even your fate in lurve. So smarten up and master these simple cellphone dating tips

1 Learn to decode her text messages. Look out for punctuation marks—they're crucial. Periods, for instance, could mean she's not too amused at you, according to www.cellphones.org, while exclamation points could be a sign of eagerness. Ellipses mean she wants you to read between the lines and demand a favorable response.

2 Always back your SMS or call with reason. Messages like "Sup?" or "*Musta*?" just don't work with the ladies these days. Always open up with a line that would interest her—like "Hey, I'm watching this movie and the lead character reminds me of you." Inject some humor and you're bound to go a long way.

3 Never run out of load. Needless to say, you can't be in it for the long haul if you're dependent on prepaid credits. Up your dating ante by signing up for a Smart Freedom Plan. It's like the lovechild of a prepaid and a postpaid account, granting you godlike texting, calling, and net-surfing powers (via its Unli, All Net and Tri Net services) while freeing you from monthly service fees. And with a built-in P600 monthly limit, you can rest assured you don't overspend. *Ang pogi*!

FOR MORE INFO ON SMART FREEDOM PLAN, VISIT WWW.SMART.COM.PH/POSTPAID/PLANS/FREEDOM-PLANS/

LADIES' CONFESSIONS

This month: inattentive classmates, a bored couple, an adventurous housewife, and what inebriated girls are capable of doing

STORY OF THE MONTH

CLASS ACT

This experience happened six years ago. I was in fourth-year high school then. I had a boyfriend at the time and I was studying in a co-ed school. I can still remember the time we did something really unbelievable in our English class. There were 36 students and the teacher to be exact. My boyfriend and I were both seated at the end of the row. Suddenly, he asked me to put my leg up. I did as I was told, then he slipped his finger inside my skirt. He teased me further by inserting them inside my panties. I got really wet. He bowed his head to cover for what he was doing. It felt so good that I had to muffle my moans. After which he said, "*Bigay mo sa akin yang suot mong* panty." I did—but only when the class was dismissed. We continued what we'd started back in his place.

Mickey, by email

He asked me to put my leg up. I did as I was told, then he slipped his finger inside my skirt

PHOTOGRAPHY: KIMMETH NICOLAS; STYLING: TELAY ROBLES FOR NUDO SWIMWEAR; HAIR AND MAKEUP: ARA FERNANDO; SPECIAL THANKS TO BJ ANG. SHOT ON LOCATION AT NETWORX JETSPORTS, WATERFRONT ROAD, SUBIC BAY FREEPORT ZONE, ZAMBALES. CALL (047) 2523469 OR VISIT WWW.NETWORXJETSPORTS.COM.PH

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BOREDOM BUSTERS

My live-in partner and I got bored one night while watching TV so we decided to fool around. He kissed me as he grabbed my boobs. I don't wear a bra at home so that made things a bit easier. It felt really good, but felt even better when he asked me to lay down so he could eat my pussy. He licked my breasts as he used one hand to finger me. He was amazing. He tore off my clothes and stood in front of me. I sucked him hard as he moaned in pleasure. He then placed me on the dining table and did me there. I felt like I was in heaven. He turned me over and pounded me doggy style. We ended things with a sweet kiss as we laid in each other's arms.

Rica12, FHM.com.ph

NOT-SO-DESPERATE HOUSEWIFE

I am in my late 30s—a mother of three kids, two of them already in their teens. Call me a bored housewife with nothing much to do. I had a few text mates and even had two FuBus at one time. I would alternate between them and, once in a while, would even take on one-night stands. My first FuBu was Larry. We were just text mates until the night I went to his place to have my motorcycle lights fixed. He was able to fix them, yes, but then he started kissing and touching me. We ended up doing the deed under the moon, in a standing position beside my motorcycle. It was my first time outside my marriage to be with someone else. I thought I could contain my lustful desires but I was wrong. Now, I have a new FuBu and his name is Troy. We met in his office after I was raging, complaining of their bad service. When he services me, though, I don't think I can complain.

Winna, FHM.com.ph

DRINKS LEAD TO GIRL-ON-GIRL

I had a sexual encounter with a girl one Friday. I met her over drinks. She got drunk and ended up spending the night in my condo. I didn't expect the sex to be so amazing. I licked her breasts down to her navel. Then I ate her pussy. She was really drunk, and the next morning she woke up naked and asked me if we had done anything. I told her what had happened and she smiled at me. I was surprised when she started kissing me torridly. I couldn't help myself so I started undressing to do the deed once again!

Kiki, FHM.com.ph

Mickey takes home a P1,500 gift pack from Halo (halomobileclothing.com). For prize-claiming instructions, contact us at (02) 451-8888 local 1023 or e-mail paulaciara.santos@summitmedia.com.ph on or before May 31, 2013.

Envious? Then send your entry to: *FHM* Ladies' Confessions, 6F, Robinsons Cybergate Center Tower 3, Robinsons Complex, Pioneer st., Mandaluyong City, 1550. Or try our fax 6372206

Are you as hot as your confession? Then prove it to us! Email a snapshot of your body along with your confession to **fhmladiesconfessions@gmail.com** and get the adulation you deserve! Only the hottest bodies will get published, of course!

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'MASARAP KASI MAY PA-ROLL-ROLL PA KAYO SA SAND—ANG FUN TALAGA!'

PHOTOGRAPHY: EJAY LEUNG; STYLING: JEFF GALANG; MAKEUP: JANINA DIZON; HAIR: KIM RANDA; SPECIAL THANKS TO MR. KARL ORTEZA

SEX MD:

MASTER DEBATERS

FINE AND SANDY

Continue to be taken away by *FHM*'s new plain-spoken columnists. This time, choose: are you with Team Jahziel or are you with Team Abby?

SEX ON THE BEACH: FUN OR FREAKY?

'SAND PREVENTS THE VAGINA FROM GETTING LUBRICATED NATURALLY, AND I DON'T BRING LUBE EVERYWHERE I GO'

JAHZIEL

FUN!

Sex on the beach? Fun for me! It's always nice to do it somewhere with a view, and with a lot of excitement since public place *siya*. I get double orgasms just at the thought of its many risks—the fear of getting caught or of some sea creature crawling up my ass. *Maganda ang may takot*! *Maganda rin yung* feeling *na may nanonood*–porn star *lang ang* peg!

When I say sex on the beach, it doesn't necessarily mean *na sa* tubig *niyo lang gagawin*. You can do it on the sand, underwater, behind a rock, in a grassy area, ha ha! Since you're in the beach, just make the most of it! Do things that you've never done in the four corners of your room. *Birahan lang nang birahan*!

Masarap kasi may pa-roll-roll pa kayo sa sand—*ang* fun *talaga*! Trust me, I've tried it a few times at yung *paghagod ko…talagang* "*pak*"!

Don't worry about the sand—*puwede naman kayong maghugas* after *kung nangangati kayo*. Just be extra careful, find a spot that's clean and safe. Do it!

ABBY

FREAKY!

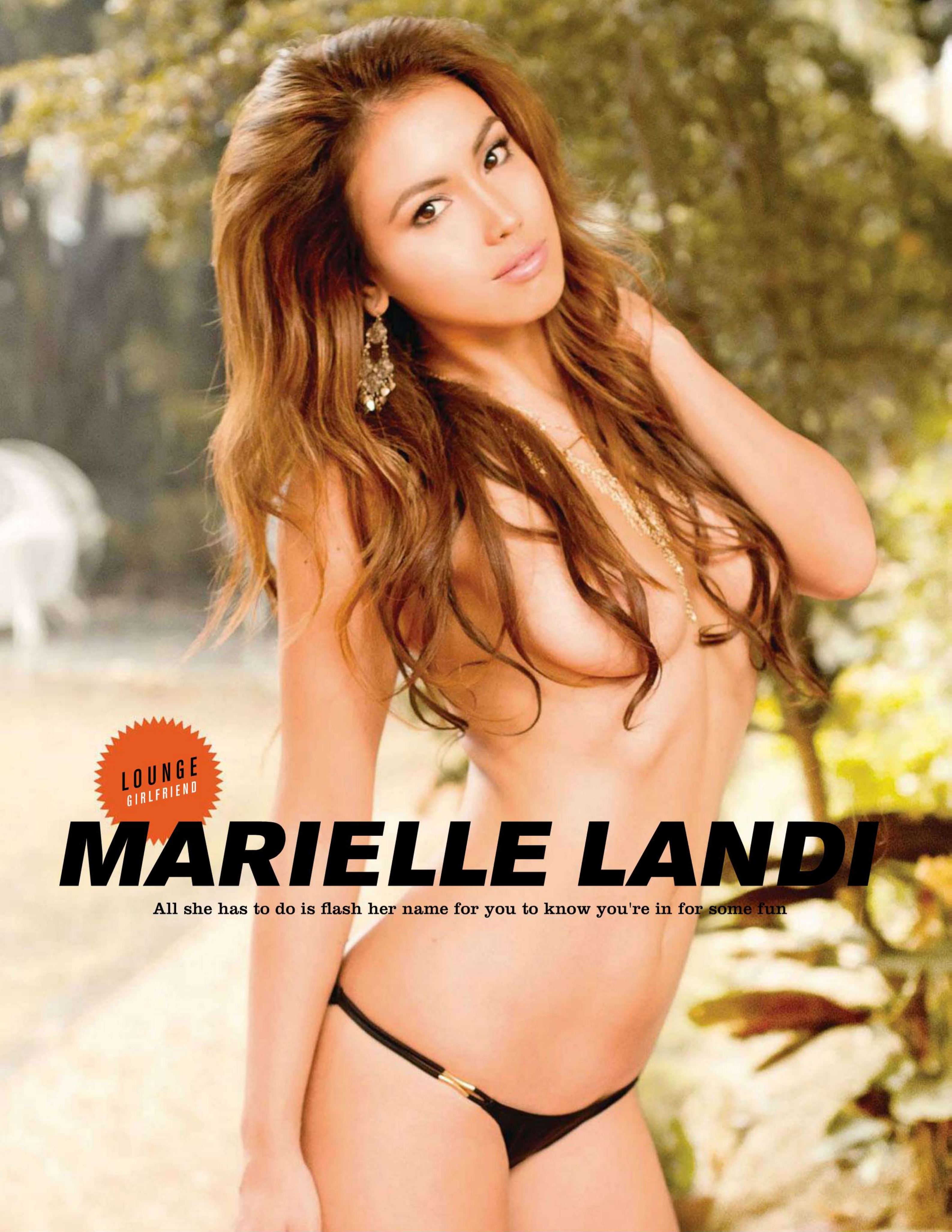
I've never had sex on the beach, and for good reason. First of all, I hate sand. By that, I mean *napasukan na ako ng* sand sa two holes ko. I literally had to use my fingers to flush them out—and I wasn't even having sex then!

So I was thinking, what more if I was in action? That literally would be a pain in the ass!

Second, sand prevents the vagina from getting lubricated naturally. Without lube, it's no fun *kasi may* friction. And I don't bring lubricant with me everywhere I go!

Third, it's illegal. I mean, I like the thrill of having sex in public—but the beach is just too public for my tastes. I don't like to cause a scandal, and I'm scared of the steep fines.An audience is not an issue for me, actually *masaya ang may* audience.

But sex behind a rock? Jahziel *naman*! Do you even know what people throw in there? *Buti kung* trash *lang*. People go there to pee or take a dump. Sorry but no, getting infections isn't fun.



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Twenty-five-year-old Italian-Filipina beauty Marielle Landi has spent most of her life living in Indonesia and Australia, and didn't learn what her last name meant to us until she arrived on our shores. Naturally, we were more than happy to fill her in.

So does her surname fit the bill? Let's see: she describes herself as an exotic beauty, admits to enjoying sex in the pool, and is eager to risk sand rash in favor of trying the dirty on the beach. A subtle smile and hair flick later and we were ready to try our worst pickup lines on her. And did we mention she can cook a mean pasta?

By now we're sure you've heard what your last name translates to in Filipino.
Yes! I mean, nobody ever told me that my last name means "flirty girl" but it's cute. I like it.

Are you?
I guess you could say I'm flirty, ha ha! It depends who I'm flirting with.

What's a typical summer like for you?
The beach, tanning, summer clothes. Being in your bikini. I love summer, it's my favorite season.

Do you feel sexy when you're in a bikini?
Yes, I love being in a bikini and I love being at the beach. That's my favorite place.

What's sexy about it?
Just being free. You're not restricted unlike in a suit, a dress or high heels.

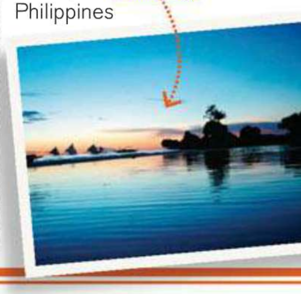
Being from a whole mix of cultures, what would you say is the universal language when it comes to being sexy?
I guess your body language and how you present yourself as sexy. You don't have to actually show so much. I think it's in the way you present yourself. I think if you're confident and if you have that natural beauty about you, that's sexy.

What turns you on in the sack?
I like morning sex. I think it's a nice way to start your day. You know you're going to have a good day if you start it off with sex.

Does it help that guys wake up...alert?
Yes, that helps.
FHM

QUICKFIRE ROUND

Call her: Marielle
From: Bali, Indonesia
What she does HRM student
Likes: Someone with good manners
"...who is genuinely a kind and honest person. And someone with nice eyes and arms, and who's tall"
Dislikes: A dude who is arrogant and lazy
"I wouldn't want to be with someone who thinks the world revolves around them."
Would she make the first move? No
Longest relationship: Seven years
Shortest relationship: One month
Favorite beaches: Snappers Rocks and Surfers Paradise in the Gold Coast, Padang Padang in Bali, and Boracay in the Philippines



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BFAD/FDA F.R. NO: 72858
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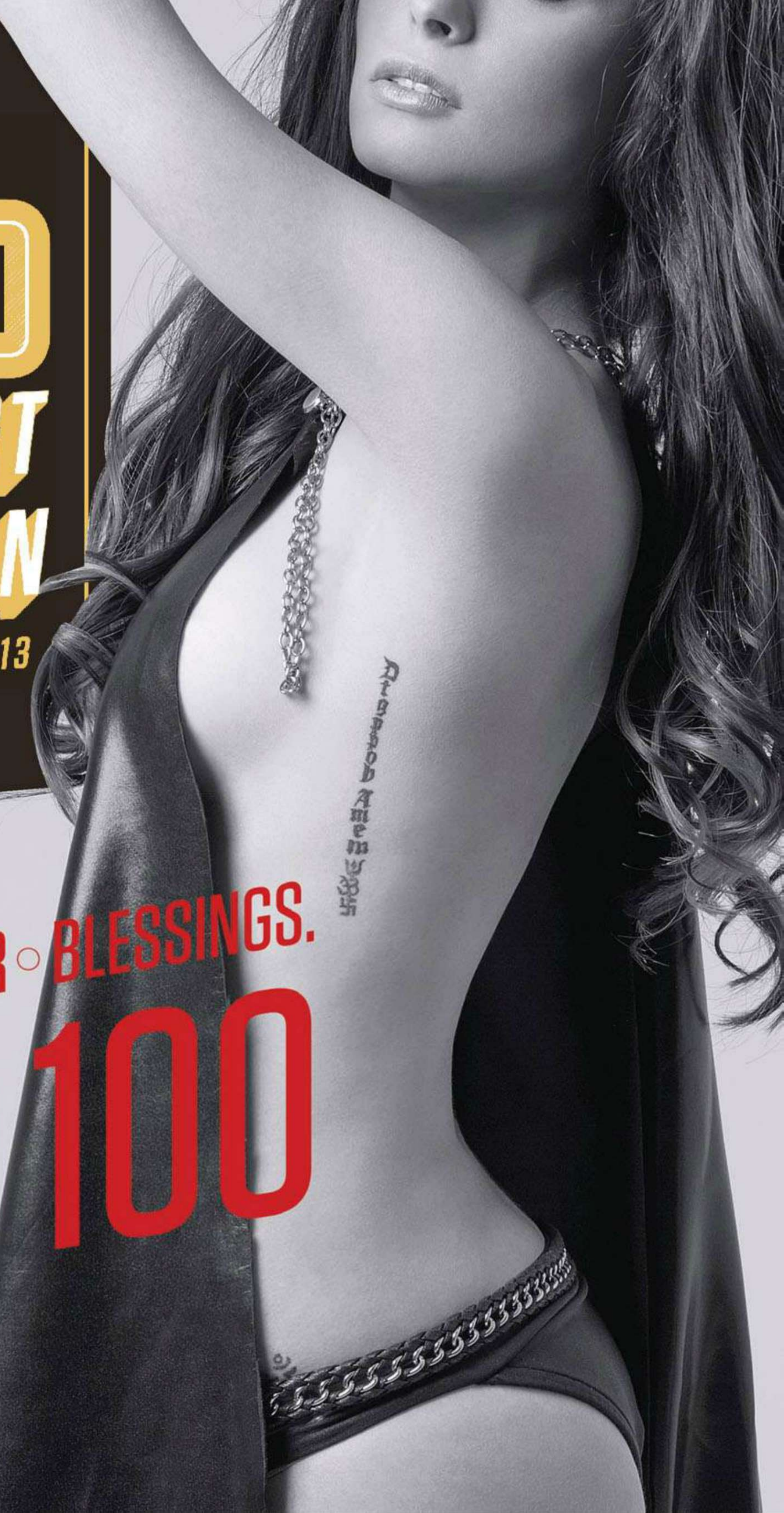

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Vote for the next FHM Philippines' Sexiest Woman

HOW TO VOTE:

- Election period is from April 1 to June 5, 2013. All readers of FHM, here or abroad, can vote in the FHM 100 Sexiest Poll. To view the list of candidates, visit www.fhm.com.ph.
- There are 3 ways to vote:

1. Fill out ballots (only original ballots will be accepted) printed in FHM and mail them to FHM 100 Sexiest Women 2013 poll, Summit Media Office, 7/F Robinsons Cybergate Tower 3, Robinsons Pioneer Complex, Pioneer St., Mandaluyong City 1550.
2. Register and log on to **www.fhm.com.ph**, where you can vote for ten (10) women per day.
3. Vote via SMS by texting FHM VOTE <name of FHM candidate> to 2640 (see full text voting mechanics).

METHOD OF VOTING	VOTES
Web	1
Ballot	1
SMS	1

- Votes will be tallied by FHM and results will be announced in a special 100 Sexiest Women in the World 2013 supplement bundled together with FHM's July 2013 issue.
- The FHM Philippines' Sexiest winner is the woman who garners the most votes in the nationwide poll.
- FHM Philippines reserves the right to block/prohibit/exclude votes entered though unscrupulous means such as electronic manipulation. Votes cast through these means will not be honored in the official tally.

GET A CHANCE TO WIN TICKETS TO THE FHM 100 SEXIEST SHOW BY TEXTING IN YOUR VOTE! JUST TEXT FHM VOTE <NAME OF FHM CANDIDATE> AND SEND TO 2640!

- To participate and send in entries for the promo, users must vote in the FHM 100 Sexiest via SMS.
- Voting via SMS is open to all prepaid and postpaid Globe, Smart, Sun, Talk N'Text, and Touch Mobile subscribers, 18 years old and above, nationwide. To vote, text FHM VOTE <name of FHM candidate> and send to 2640. Example: FHM VOTE Cristine Reyes. Texting of votes costs P2.50 for all networks. Each vote is equivalent to one (1) entry.
- Texters can also vote in bulk. For 8 votes, text FHM VOTE20 <name of FHM candidate> to 2640, P20/sms earning 8 raffle entries; for 20 votes, text FHM VOTE50 <name of FHM candidate> to 2640, P50/sms earning 20 raffle entries. Refer to the table below:

Send the following keywords to 2640	Cost per SMS	Votes	Raffle Entries
FHM VOTE <name of FHM candidates>	P2.50	1	1
FHM VOTE20 <name of FHM candidates>	P20	8	8
FHM VOTE50 <name of FHM candidates>	P50	20	20

- For your votes to be valid for the promo, register for free by sending FHM REG <name>/<birthday (mmddyyyy)>/<gender>/<address>/<email> to 2640. Ex. FHM REG anne sy/01311980/f/2 santol st. kamias qc/annsy@yahoo.com
- Texters can only vote once a day for the duration of the promo.
- Ten (10) winners of two (2) tickets to FHM's 100 Sexiest victory party to be held in July 11, 2013 will be drawn. Please note that minors (below 18 years old) will not be allowed at the event.
- Entries will be accepted from April 1 to June 5, 2013, 11:59 PM. The draw will be held via electronic raffle on June 7, 2013 at the Summit Media office located at 7/F Robinsons Cybergate Tower 3, Pioneer St., Mandaluyong City, in the presence of a DTI representative.
- Winners will be notified through phone/SMS, e-mail, and registered mail. Winners will also be announced on FHM.com.ph by June 10, 2013. A person can win only once. Winners can claim their prizes from June 18 to July 11, 2013, Mondays-Fridays from 10:00 am to 3:00 pm at the Summit Media Office, 6/F Robinsons Cybergate Tower 3, Robinsons Pioneer Complex, Pioneer St., Mandaluyong City.
- Winners must present a photocopy of a valid ID with picture and address, the SIM card where the entry was made, and the letter of notification from Hand Interactive/Summit Media. If the winner is unavailable, a representative may claim the prize on his/her behalf. Representatives must bring an authorization letter signed by the winner, photocopy of the winner's valid ID with picture and address, the SIM card where the winner's entry was made, and a photocopy of the representative's valid ID with picture and address.
- Additional requirements: If the name of the postpaid subscriber indicated in the telco billing system is different from the winning promo entry sender name, the winning promo entry sender will be qualified to receive the prize if he/she submits an affidavit from the postpaid subscriber certifying that the postpaid subscriber has authorized the winner to use his/her postpaid SIM card to join the promo and that he/she waives his/her right to the prize in favor of the winner. If the drawn postpaid SIM card number corresponds to a subscription of a company, then the sender of the winning entry of the promo will be qualified to receive the prize if he submits an affidavit from the duly authorized representative of the company owning the postpaid SIM card certifying that the company has authorized the sender of the winning entry to join the promo and that the company is waiving its right to claim the prize won.

IMPORTANT: Failure to submit any of the required proof and documentation is a ground for disqualification. For prepaid subscribers, account should have been properly decremented for all transactions. The telcos shall consider the holder of a prepaid SIM card as the owner of the prepaid SIM card. If the SIM card is lost, winner should present an affidavit of loss. For postpaid subscribers, account should have no outstanding balances on the date of redemption. Unclaimed prize outside of the redemption period will be forfeited with prior DTI approval.

- Prizes are not convertible to cash. Unclaimed prizes outside of redemption period will be forfeited in favor of Summit Media with prior DTI approval. Transportation costs incurred for the redemption of prizes will not be shouldered by Summit Media.
- All employees of Summit Media, Hand.Interactive, Smart Communications, Sun Cellular, Globe Telecom, Innove Communications, and their agencies and their relatives up to the second degree of affinity or consanguinity can vote but are not eligible to win.
- Check out full mechanics at http://www.hand.interactive.com/promos/fhm

FHM 100 SEXIEST WOMEN IN THE WORLD 2013

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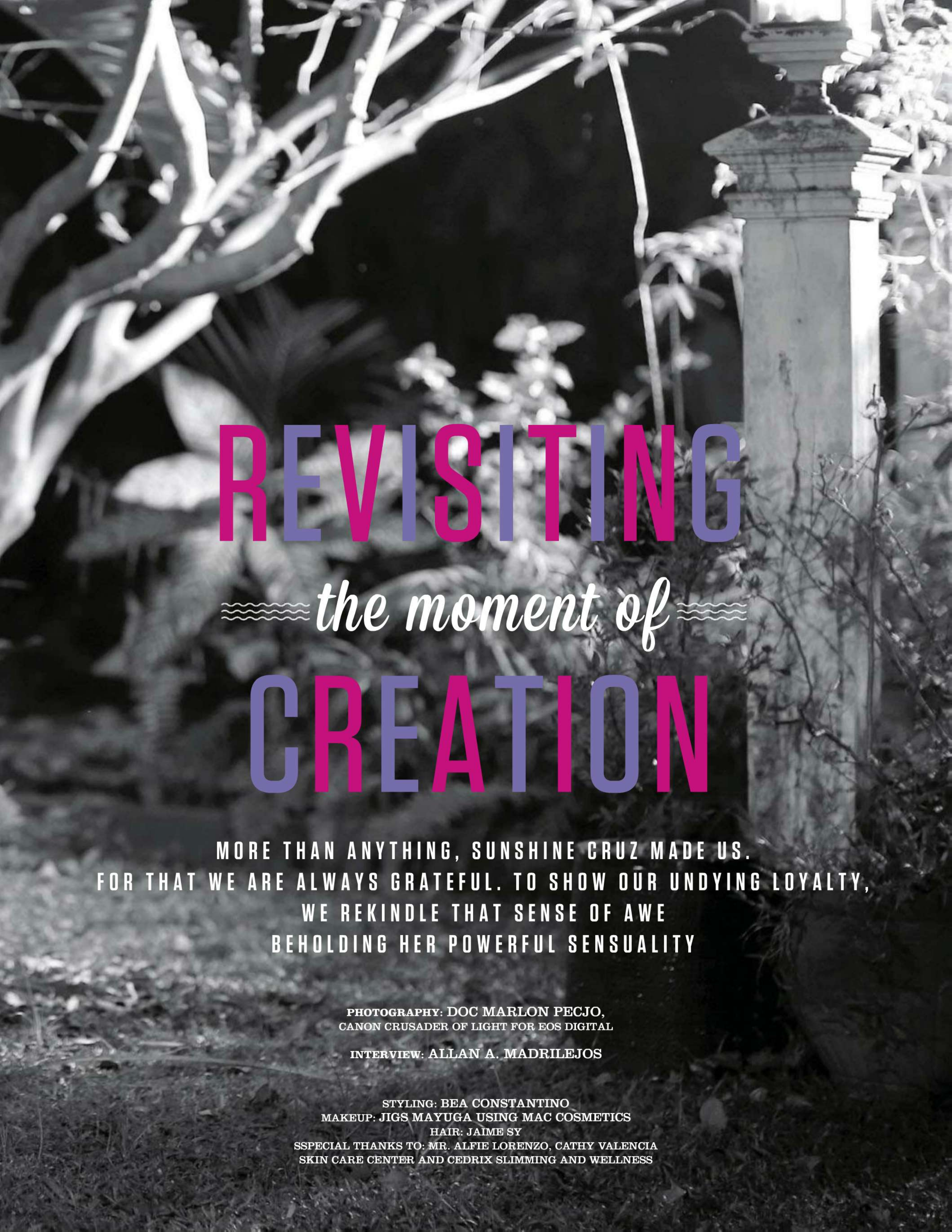

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INTERVIEW: ALLAN A. MADRILEJOS

STYLING: BEA CONSTANTINO
MAKEUP: JIGS MAYUGA USING MAC COSMETICS
HAIR: JAIME SY
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SUNSHINE CRUZ WAS OUR FIRST HIGH.

She was the one who had emboldened us to champion Filipinas on our cover and catapult them and this magazine to worldwide acclaim. Never mind if we didn't even know 13 years ago how we'd go about accomplishing that. Heck, we didn't even know if we had what it took to last beyond year 2000.

But somewhere along the way, we must have done something right. From Sunshine's trailblazing appearance, we had managed to showcase topnotch Pinays Vanessa del Bianco, Assunta de Rossi, Cristina Garcia, Priscilla Almeda, and Patricia Javier in *FHM*'s scintillating first year—and we never looked back.

As we got older, Sunshine's place in *FHM* lore became so secure that it really didn't matter to us if she declined every invitation we'd throw her way to celebrate any of the milestones we've reached over the years with us. She, after all, can rest peacefully at night knowing she'll be forever unforgettable in our book. Being our first Pinay cover babe and the first Pinay winner of our legendary 100 Sexiest Women in the World campaign afford her that rare luxury.

Yes, we had tried a few times in the past to bring her back and failed. The most we could convince her to do was appear in a short three-minute video commemorating the eighth anniversary of her classic April 2000 cover in April 2008, as part of the video series leading up to our glorious 100th issue celebration. The link to that video is dead now.

"Yeah, *yun talaga ang* last exposure *ko sa FHM*," recalls Sunshine, whom we'll regularly see this month in the ABS-CBN action *serye Dugong Buhay*. "Your crew had asked *nga kung may plano pa akong lumabas ulit sa inyo*. And I actually said no. *Sa totoo lang, di ko talaga akalain na gagawa pa uli ako ng FHM*."

And yet here we all are, excited as if it were the first time. We're so ecstatic she chose the perfect time to change her mind.

AS FAR AS WE'RE CONCERNED, YOUR PLACE IN *FHM* HISTORY IS ALREADY SECURE EVEN WITHOUT THIS SECOND COVER. BUT OF COURSE WE'RE HONORED YOU CHOSE TO COME BACK ON THE 13TH ANNIVERSARY OF YOUR GROUNDBREAKING *FHM* COVER. *AT TULAD NOON, PASENSYA NA'T NAPAG-FIESTA-HAN KA NA NAMAN NG MGA LAMOK.*

Ha ha! Okay *lang*. And wow, *sobrang* thank you. Actually *nakaka-nerbiyos ito*. At first I couldn't imagine myself doing another sexy pictorial again. But at the same time I'd like you to know that I was really excited to do this cover. *Matagal din naman talaga akong nag*-lie-low, 13 years *nga* to

HOT SMARTS

BY RAMON BAUTISTA

OUT THERE, THE STATUS IS ALWAYS COMPLICATED—ESPECIALLY IF YOU'RE NOT CONSTANTLY UPDATED ON THE GOING-ON AND HAPPENINGS WITH FRIENDS AND, MMM...FRIENDS! LET RAMON FREE YOU UP FROM DOUBT AND HANG-UPS!

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FACEBOOK FLIRTATION TO REAL FACE TIME?

For all you *pabling* lover boys who aren't *sawi*" when it comes to milking the "*kilig* factor" of Facebook, SmartNet gives you free rein to update, comment and chat with that gorgeous girl, handily done on your Android, iPhone or any Internet-capable phone. Girls admire confidence mixed with humor so try coming up with witty FB posts to engage her in thread conversation. If the cheesy one-liners are not your thing, post reviews of restaurants or movies you've seen online on her wall to suggest your intentions of taking her outside the confines of the cyber world. Play your cards right, and you could move from staring at the status of your "object of *ligaw*" to staring at her actual pretty mug, while on an actual date!

SMART
LIVE MORE

SUNSHINE
CRUZ

be exact. I'm very honored you never stopped asking me back. *Kahit may tatlong* kids *na ako.*

WE HEARD YOUR DAUGHTERS WERE VERY COOL ABOUT YOU DOING THIS PICTORIAL.

Yes, you're right. *Ako kasi*, I've always been honest with them. So when news of the offer came to me, I told them immediately that I'd do another pictorial for *FHM*. When they found out, they asked rather excitedly, "Mommy, what are you going to wear?" So *sabi ko, mga* summer clothes and outfits. But I also told them the shoot will also be very sexy *para di sila ma-*surprise. *At sabi nila*, "Wow, we're so excited for you, Mom!"

THEY DIDN'T IMPOSE RESTRICTIONS?

They didn't have to because they said they trust me and I know *naman daw* what's good and bad for me. Well, I can say that all we did right now was all very good. I'm very proud and happy with how our pictorial turned out. And, of course, *yung* team *kasing gaan pa ring dalhin* like the first time.

YOU DIDN'T LOOK RUSTY AT ALL WHILE YOU WERE DOING ALL YOUR EXPLOSIVE AND MESMERIZING POSES EARLIER.

Ang galing kasi ng team. *At sobrang saya*. But the truth is, *siyempre nanibago ako nung umpisa. Ang dami na palang bago ngayon sa FHM* and how you do things. *Nakaka-*surprise. *May mga* video coverage *pa at sobrang bilis. Talagang may* process and very collaborative. *Isipin mo naman yung* last sexy pictorial *ko* was for you *pa*, February 2000 *pa natin na-*shoot *yung* cover *na yun*. Then I got married September 2000. That year was actually all about saying goodbye to my sexy image. At the time, I was just finishing all my commitments like *yung Ekis at iba pa. Pagkatapos nun,* goodbye *na talaga*. The plan was, once I got married, I'd quit so I could devote all my time taking care of my family. And that's what I continue to do now, taking care of my family, especially my daughters.

THE ATMOSPHERE EARLIER WAS ONE OF AWE AND INSPIRATION. IMAGINE AFTER ALL THESE YEARS, WE CAN SINCERELY SAY THAT *MATERIALES FUERTES* KA PA RINI

Ay, salamat naman kung ganun pa rin ang pagtingin ninyo sa akin.

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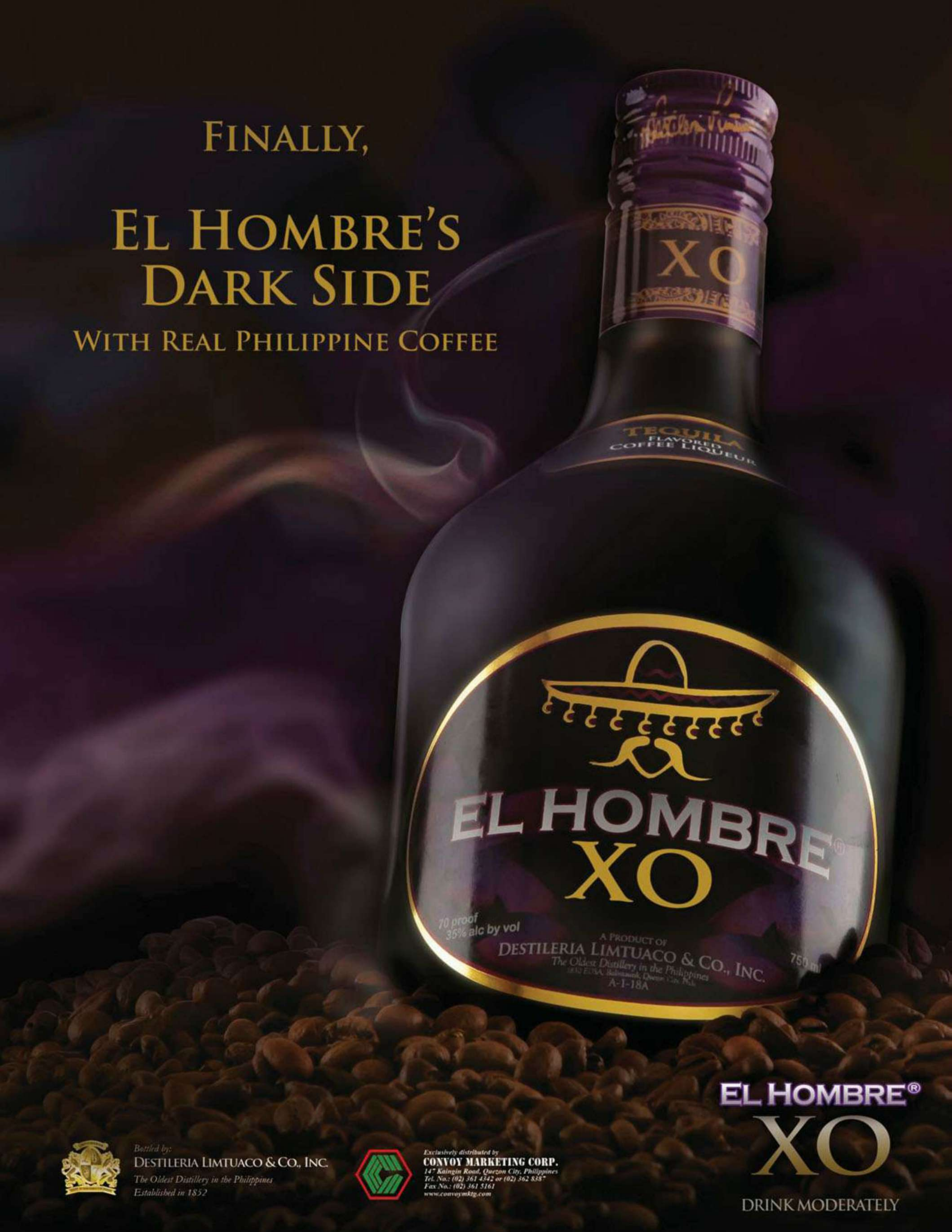
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WHAT DO YOU REMEMBER MOST ABOUT YOUR ALMOST LAST SEXY PICTORIAL EVER?

Yung shoot natin 13 years ago, *napakasaya rin naman eh*. I'm very proud of our first cover also. *Kahit andami ko ngang kagat ng lamok*, the mood was fun and light. *Pero sa totoo lang, nung mga panahon na yun, pag hindi ako nakasalang, sa likod ng mga kaligayahan natin, may mga* drama *ring nangyayari, mga* LQ *ganun. Pero pag* shoot *na*, smile *at* emote *nang* sexy *naman ako talaga*.

WHAT FINALLY CONVINCED YOU TO RETURN TO *FHM*?

Actually when Tito Alfie informed me about your offer, *nagulat nga rin ako*. But it was really him who convinced me to do this cover. Of course, I also consulted my family, my kids, my sisters, my mom, and friends and they all said I should go for it.

YET EVEN UPON LEARNING THAT YOU'VE GIVEN YOUR NOD, SOMEHOW THE PARANOID IN US KEPT THINKING YOU'D BACK OUT FROM THIS SHOOT AT THE VERY LAST MINUTE.

Hindi ko naman gagawin yun kasi si Bea (Constantino), our stylist explained clearly the concept to me. She also told me *na* if ever I feel uncomfortable about an outfit, *sabihin ko lang. So malaking bagay sa akin na binigyan ako* and my inputs *ng importansya, na inalagaan ninyo ako. Wala naman talagang dapat ika-nerbyos.* Although I must admit, *kanina* on the way here, *ang lakas ng kaba ko*. "My God *heto na*," I told myself quite nervously. *Nanginginig pa mga tuhod ko. Hindi ko maintindihan kung bakit.*

HOW DOES IT FEEL TO NOW BE A PART OF OUR DISTINGUISHED ROSTER OF SUPER-HOT-MOMS-SLASH-COVER-ICONS?

Wow, *ang totoo* I couldn't even imagine that happening years ago. *Di ko kasi talaga inakala na mauulit pa ito*. And I've seen *FHM*'s rise through the years. *Nakikita ko na dumadami ang mga* hot mamas *na na*-feature *ninyo*. In fact, you're probably the first to portray a mother's hot and sexy side. And I feel so honored to be regarded as super hot as fellow cover girls Geneva Cruz, Ms. Eula Valdez, Ms. Jean Garcia, Ms. Dina Bonnevie *at marami pang iba*.

HOW DID YOU PREPARE FOR OUR PICTORIAL?

I actually did nothing! I had wanted to exercise and thoroughly prepare for this shoot. *Kaso may biglang dumating na* offer *sa akin* to do a *teleserye na* three times a week *ang* taping so I think I lost weight *dahil sa kakapuyat at kakatrabaho*.

BUT WE MUST SAY THAT EVEN WITHOUT THE PREPARATION, YOU CAN STILL GIVE THIS GENERATION'S YOUNG SEXY STARS A RUN FOR THEIR MONEY.

*Naku hindi naman. Gusto ko lang naman i-*prove *na hindi* reason *ang pagkakaroon ng anak para magpabaya tayo sa katawan natin. Kailangan ingatan pa rin lahat.*

HOW DO YOU EXPLAIN THAT THOUGH: TAKING CARE OF YOURSELF WITHOUT EVEN EXERCISING? YOU MUST BE EATING A BALANCED DIET ALL THE TIME.

Ito pa ang isang secret: I also eat what I want to eat. *Malakas talaga akong kumain*. I love pork, *lechon*, and meat. *Siguro*, genes *lang talaga*. My mom and my sisters *kasi* have always been slim. And we're very thankful were born this way *kumbaga*.

DOES PARENTHOOD MAKE YOU FEEL SEXY?

Of course! *Ang* children *ko nga* idol *na* idol *ako*. Every time they see me dress well, *sila lagi ang* first *na sobrang masaya para sa akin*. Last night, I asked them, "Kids, *bukas na* pictorial *ni* mommy for *FHM*. Do you think I'm ready?" *Sabi nila*, "Yes, mommy. You're so sexy." They're so cute and smart, *nakakatuwa talaga na* love *na* love *nila ang* mom *nila*. Love our own *talaga kami*. Ha ha!

WE HAVE A CONCEPT AND ALL FOR THIS PICTORIAL, SURE, BUT HOW DO YOU WANT TO PORTRAY YOURSELF IN THIS SHOOT?

Gusto kong makita at madama ng mga readers that I'm a strong woman. *Gusto kong malaman nila na ako'y isang mapagmahal na ina sa aking mga anak. Gusto kong tingnan nila ako* beyond my image as former sexy actress, that after 13 years and three daughters, I can still show them that I can take care of myself and I'm capable of loving myself.

YOU WERE OBVIOUSLY INTO THE SHOOT. *WALA KA PA RING KUPAS.*

Siguro nadala rin lang ako sa concept *ng* shoot, *yung* sexy elegance *niya. Parang* Sophia Loren *lang daw dapat ang* peg. Plus *laking tulong nung* Italian music *na pinatugtog ni* Doc Marlon *kanina* to get me in the mood. *Ganun lang naman yun, parang* role *lang na dinarama mo nang todo. Pag ganun kasi, kusang lalabas na* natural *ang pag-arte*. It was all a matter of internalizing *lang*. *Di ko na kailangan pang mag-*flashback *sa mga* days *ko nun* as a sexy actress.

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WHAT GIVES YOU STRENGTH RIGHT NOW?

My kids and, of course, ang *Panginoon. Sa totoo lang*, I believe *wala naman Siyang binibigay na* trials *sa atin na hindi natin kakayanin.* So *ako, alam ko naman wala akong sinaktan o inaapakang tao kaya nag-e-*enjoy *lang ako* in living my life to the fullest.

WHAT ARE THE DIFFERENCES BETWEEN SUNSHINE 2K13 AND SUNSHINE Y2K?

Ang Sunshine *na yan* (pointing to a copy of her April 2000 cover) was very much in love at the time. *Siguro kung anuman yung mga nangyari sa loob ng* 13 years, I actually have no regrets *kasi dahil dun* I became the person that I am right now—stronger, more confident, and, uhm…

SEXIER?

Sexier? Ha ha. I really don't know. *Basta*, whatever I've done in the past, *yung pagmamahal na ipinaramdam ko, hindi ko pinagsisihan*. It always feels good to love. *Ano pa ba ang* difference *namin? Ah, hindi na ako umiiyak sa* shoot. Ha ha! I'm happier right now. Well, I'm trying to be happy even though *maraming pagsubok na dumarating. Dedma na lang kasi wala naman akong nagawang masama.*

OUR FRIENDS AT VIVA HAVE BEEN SPEARHEADING THE RETURN OF SEXY CINEMA. EVER CONSIDERED TREADING THIS CAREER PATH AGAIN?

Definitely no more sexy movies for me. I actually had an offer to do an indie movie *na ang* requirement *ay* doing sexy scenes. *Sabi ko* no way. Look, I have three kids. Okay *na ako na nagawa at napagdaanan ko na siya noon.* I did some movies in the past *na ginagawa ko lang kasi ako yung tipo noon na* if they could do it, I could also do it *kasi* sexy *ako. Hindi naman sa* I regret that part of my life, but now is the time to be wiser about the projects I choose to make.

A READER DROPPED US A LINE CLAIMING THAT HE'D HEARD A VOICE FROM NOWHERE THAT SAID IT WAS HIGH TIME FOR US TO BRING YOU BACK IN *FHM*.

Ano, my God? *Nakaka-*excite *namang malaman na marami pa rin sa* new generation of *FHM* readers *ang sumusubaybay sa akin*. That's truly flattering. *Minsan nga kahit ngayon*, I get to meet them *sa mga* mall shows *at dala-dala nila yung* April 2000 cover *natin para mapa-*sign *sa akin.*

DO YOU KNOW THAT ISSUE NO. 2 IS ONE OF THE RAREST *FHM* PHILIPPINES MAGAZINES EVER?

I understand why it is, of course. *Pare-parehong pa tayong mga bata noon. Nagsisimula pa lang kayo at hindi pa siyempre kayo ganun kasikat.* So when I hear stories *na nakatago pa't iniingatan ang* issue *na ito ng mga* collectors *at hinahanap pa kung saan-saan, talagang nakaka-*flatter.

WHAT MAKES YOU FEEL ALIVE, SEXY, AND IN CONTROL?

Ewan ko, kasi ang totoo, ang buhay at mundo ko ngayon umiikot lang sa mga anak ko, my mom, my sisters, and my friends. *Kasi sila talaga ang nagbibigay sa akin ng lakas ng loob* especially now that everybody knows *na meron tayong mga pagsubok na dinaraanan sa ngayon.* I just take things a day at a time and *lahat ng tiwala at pag-asa ko ay dinaraan ko na lang sa dasal. Lahat ni-*let go *ko na lang. Kasi sayang naman ang panahon kung ang gagawin mo lang ay maglulumpasay at mag-iiyak at malulungkot araw-araw. Eh paano kung wala na tayo pare-pareho bukas? Eh di nasayang lang lahat yung mga iniluha natin.* So *buhay na ang dugo ko sa ganun—at saka sa* work, rest, and food! **FHM**

THE *FHM* BALLS-TO-THE WALL

HUMOR ORIGINS quiz

Assuming women really fall for the guy who makes them laugh, you must by now be taking your humor seriously. But what kind of laugh generator are you? Take this quiz and find out what your brand is and where it comes from

WORDS: ANTON UMALI AND ASH MAHINAY

1 You were caught by your mom masturbating, climax is imminent: what do you do?
a. Fap away, your mom will forgive you anyway. #YOLO
b. *Tili*! *Ay*!
c. Silently wait for your mom's intervention
d. Invite her to join you, because mother knows best

2 How do you express laughter in writing?
a. LOL
b. Jejeje ^____^ (note: in a non-ironic way)
c. Haha!
d. ……

3 The TV's on, what are you watching?
a. *Family Guy*, *The Cleveland Show*… *basta* Seth McFarlane
b. *Eat Bulaga*!
c. *SNL*, because sketch comedy is hilarious!
d. *Locked Up Abroad*, or whatever is on about people fucking up

4 MY GUILTY PLEASURE IS…

A. RESPECTING WOMEN. I HAVE A MOM, TOO, YOU KNOW.

B. GOING TO STARBUCKS–AND TAKING A PICTURE OF MY VENTI MOCHA FRAPPE LATTE

C. WATCHING *PLEASE BE CAREFUL WITH MY HEART*

D. WATCHING ADORABLE CAT VIDEOS ON YOUTUBE

5 THERE IS A CHICK CRACKING EVERYBODY UP. HOW DO YOU FEEL?

A. I WONDER IF SHE HAS A BLOG

B. *MARSH*! OKAY *KA*!

C. A FUNNY GIRL? I HOPE SHE LOOKS LIKE TINA FEY, TOO

D. SHE COULD USE A MOUTHFUL…OF MY DIIICK!

6 You've just had sex and you find out the condom broke. What do you do?
a. CUNT PUNCH
b. Name it Jhun-Jhun
c. Quickly re-watch *Juno* to learn how to sell your future child
d. Abortions are cheap nowadays

7 A girl is in front of you. She's eating a banana. What's on your mind?
a. I'll show her my banana, if you know what I mean. He. He.
b. You wonder how it feels to be…the girl
c. Time slows down and sexy jazz plays in my head
d. Bananas are a good source of potassium

8 YOU TAKE YOUR BOSS OUT FOR SOME FUN. IN ORDER TO IMPRESS HIM, WHAT'S A GOOD ACTIVITY?

A. MIDGET BOXING

B. WATCHING SOME QUALITY STANDUP COMEDY AT ZIRKOH

C. SEEING THE LATEST JUDD APATOW FLICK

D. STALKING THE CUTE GIRLS IN THE OFFICE

9

YOU'RE CONFESSING TO A PRIEST…

A. ALL THAT SEEMS TO COME OUT OF YOUR MOUTH ARE YOUR EXPERIENCES WITH BRAZZERS HD

B. "*BAKIT PAG ANG DALAWANG BABAE NAGHAHALIKAN NATE-*TURN ON *ANG LALAKI? PERO PAG DALAWANG LALAKI ANG NAGHAHALIKAN, NANDIDIRI ANG BABAE*?"

C. SORRY, I'M AGNOSTIC

D. I DON'T CONFESS BECAUSE I MIGHT GET MOLESTED IF AM LEFT ALONE WITH A PRIEST

13 YOU'RE ON YOUR WAY TO A FUNERAL, YOU…

A. BRUSH UP ON YOUR DEAD BABY JOKES, SOMEONE'S GOT TO LIVEN THINGS UP.

B. THINK, "*NAKAKAPAYAT ANG* BLACK"

C. MAKE LIKE WILL FERRELL AND GET READY TO MACK ON SOME DEPRESSED CHICKS A LA *WEDDING CRASHERS*

D. TELL EVERYONE HE DESERVED IT. HE WAS AN ASSHOLE ANYWAY

10

IT'S TIME TO MEET THE MOTHER-IN-LAW, WHAT'S THE PLAN?

A. STICK IT IN HER BUTT

B. CHANNEL YOUR INNER SASHA FIERCE AS YOU BOOTY SHAKE DURING YOUR CLEANSE-TONE-MOISTURIZE REGIMEN

C. DO EVERYTHING BEN STILLER DIDN'T DO IN *MEET THE PARENTS*

D. TRY YOUR BEST NOT TO INADVERTENTLY SHARE YOUR HABIT OF KILLING SMALL ANIMALS OVER DINNER

14 You just stepped in a steamy pile of dog shit. What do you do?

a. FML!
b. Stress Drilon!
c. Argh! My new boat shoes!
d. It's a welcome change from being shit on…

11 When you tell a joke…

a. People around me are offended
b. Everybody has a hearty laugh, they love me!
c. Not everybody understands my quirky references
d. People around me pretend they don't know me

12

THE PERFECT TIME TO CRACK THAT JOKE IS…

A. ONLINE
B. AT THE PARLOR, *ALAM MO YAN*
C. POST-OFFICE HOHOL
D. AT THE FUNERAL I WENT TO

15

MY FRIENDS SAY I…

A. NEED TO GET OUT MORE OFTEN

B. AM THE MOST FABULOUS PERSON THEY KNOW

C. A HIPSTER WITH A VAST KNOWLEDGE OF POP CULTURE

D. MENTALLY UNSTABLE

NO LAUGHING MATTER

A WORLD WITHOUT LAUGHTER WOULD BE MORE THAN A DRY, BORING PLACE, WE'D ALSO BE MISSING OUT ON THE PHYSICAL BENEFITS OF A GOOD CHUCKLE

Laughter's magic flow
Researchers from the University of Maryland School of Medicine in Baltimore have found that laughter helps the endothelium (the inner lining of our blood vessels) expand—thus increasing blood flow. Imagine if all we could watch on TV are stressful dramas—we'd all be keeling over from hypertension in no time.

★

A natural stress reliever
If we have a problem, tendency is we find a way to laugh about it to make us feel better. This typically Pinoy habit works because laughter helps reduce the level of stress hormones like cortisol and epinephrine. If we didn't have this natural escape from stress, then we'd all be neurotic pill-popping wrecks.

★

Entertaining exercise
The boffins at Oxford University have found that laughter is a physical action that releases the same feel good endorphins that strenuous exercise does. The expression "laughing so hard it hurts" is very real because laughing makes our lungs and diaphragm work forcefully to belt our guffaws, and leaves us in that tired but elated state that a good workout can provide. Losing this invaluable bit of exertion would probably kill couch potatoes everywhere.

16 A GIRL IS JOGGING WHEN HER TIT POPS OUT. WHAT DO YOU DO?

A. TOUCH YOURSELF

B. *TEH, LAKI NG TSISMIS*!

C. INSTAGRAM THAT SHIT

D. I HOPE SHE FALLS DOWN AND DIES

17 You'd totally watch which (fake) movie?
a. *Backdoor Sluts 9*
b. *Bagets: The Reunion*
c. *Superbad 2*
d. *Schindler's List 3D*

18 Define the term "politically correct."
a. Anything Facebook won't ban
b. *Ano yun*? Vote straight?
c. Anything on the *Daily Show with Jon Stewart*
d. Not making fun of mentally retarded children

19 Cancer jokes are...
a. The best kind!
b. *Hindi ko bet yan*
c. Only tasteful when Aziz Ansari does them
d. Make you smile inwardly

20 Who are your sworn enemies in life?
a. Moderators
b. *Mga sosyal*
c. *Mga jologs*
d. Happy people

21 WHO DO YOU WANT TO BE REINCARNATED AS?

A. CAPTAIN EDWARD REYNOLDS, THE GREATEST PIRATE HUNTER IN THE WORLD

B. LADY GAGA

C. RYAN GOSLING

D. POL POT

PUNCHLINE

We've narrowed it down to four categories for you. And to prove we're not pulling your leg, master funnyman Alex Calleja and Suplado Tips author Stanley Chi take a crack at it as well

IF YOU'VE ANSWERED MOSTLY A'S: YOU'RE INTO INTERNET/ CRUDE HUMOR!
You sate your funny bone with quick, easily shared meme sized portions—chances are, you've also become offensive thanks to the empowering anonymity of the Internet. Troll. According to Alex, "*Ito rin yung mga* jokes *na pang-text*, use in a sentence, knock-knock, *at* pick-up lines." No one really owns these jokes and locally can be seen on shows like *Goin' Bulilit* and *Bubble Gang*. Try to remember the last time you watched a video that you thought was funny because of its easy jokes. Unpolished humor has its downsides, but Stanley adds, "It is exactly the absence of pretense that would have made it appealing to the masses." Slapstick humor showcases no-brainer punchlines. Think fart jokes or Seth MacFarlane's animated series, *Family Guy*. "In the Philippines," he says, "you can spot a few crass jokes because of their '*Nye*!' finale."
What this means: Almost everyone is online so you're never alone in appreciating things like the latest image macros on Facebook—keyword being "almost." There's still a sizable group of tech-challenged people who don't even know what an image macro is, we refer to them as old people. Take the time to enlighten others in your strange ways.

IF YOU'VE CHOSEN MOSTLY B'S: YOU MUST BE *BEKI*! OR POSSIBLY *JOLOGS*
Warning: Not everybody will find *beki/jologs* humor funny. Some, in fact, will find it outright insulting, especially those who take themselves too seriously. Stanley explains: "Comprising mostly of ridicule and teasing, *beki* jokes can be quite mean. But if you enjoy poking fun at yourself (and your friends whose haircuts and clothes are more insult-worthy), go ahead and visit any of the comedy bars at Quezon Avenue." In the local scene, Vice Ganda's quips easily fit this mold, too. "And if you don't dig being laughed at, it's all right; after all, tragedy is comedy—as long as it doesn't happen to you."
What this means: We're a very tolerant society but sometimes *beki* humor gets too over the top, and people start to feel victimized. Tone down the *okrayan*, besides it's tiring to be constantly put

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22 IF A BEAR TAKES A SHIT IN THE WOODS, AND NO ONE IS THERE TO HEAR IT, DOES IT MAKE A SOUND?

A. WAS IT A HUGE SHIT? OR JUST A LITTLE ONE? LET ME CHECK…

B. *OSO*? *ANYARE*?

C. I'M NOT SURE…LET ME ASK MY MOM

D. NO SHIT

25 **Nothing makes me angrier than…**
a. 9GAG reposts
b. Vice Ganda
c. Willie Revillame's enduring appeal
d. Tree-hugging hipsters

26

FAVORITE SEX POSITION

A. THE HELICOPTER

B. DOGGYSTYLE

C. CROUCHING TIGER HIDDEN PENIS

D. IT'S ALL ABOUT THE DONKEY PUNCH

23

WHAT'S YOUR FAVORITE KIND OF YOUTUBE VIDEO?
a. Sex tapes
b. Singing contests
c. Funnyordie interviews with celebrities
d. "Painfully funny" accidents

24 **Which of these prestigious titles would apply to you?**
a. *Manyak*
b. *Jologs* quiz champion
c. Human Movie Quote Database
d. That-guy-who-always-stops-the-conversation-after-he-speaks

27 **Your idea of a good song is…**
a. *Gangnam Style* by Psy
b. *Peacock* by Katy Perry
c. *We Are Young* by Fun
d. *Bawal na Gamot* by Willy Garte

HUY! BAD JOKE, BAD JOKE!

HURTING FEELINGS EN MASSE

JUSTIN BIEBER'S PACQUIAO INSTAGRAM
Biebs posts a meme picture of Pacquiao's knockout loss: the most terrible thing ever! The subsequent demand to ban him from the Philippines: not overreacting at all.

★

DESPERATE HOUSEWIVES **DISS PHILIPPINE MEDSCHOOLS**
Quick! Someone ban Teri Hatcher from the Philippines!

★

ALEC BALDWIN WANTS A FILIPINA MAIL ORDER BRIDE
Successfully living up to the skeezy foreigner stereotype.

PUNCHLINE

down. As for being jologs, it's really the social climbing aspect that gets people bothered. Wag pilitin.

IF YOU'VE PICKED A LOT OF C'S: WESTERN HUMOR MUST BE YOUR THING

Alex explains, "This is point-of-view comedy usually done in stand-up monologues best exemplified by Rex Navarette, Russel Peters, and Jerry Seinfeld." Ironically, due to all the movie and TV watching, you are possibly more cerebral; your humor often perceived as a string of context-sensitive quotes and references. Stanley says: "Western humor may be tough to crack, especially because a laugh track is not a necessary element. As is the case with *Modern Family*, punchlines are emphasized by poker-faced silence instead of blatant laughter—and the paradox between emotion and expression provides the comic relief." He adds that "Western humor assumes that the audience is smart, counting on the crowd to grasp the writers' point of view." Humor can be deadpan, typical of *The Office*, or a mix of clever sarcasm like in the recently concluded *30 Rock*. "Observational comics practicing this high-brow drollery in the Philippines include Mike Unson, comedians from the Comedy Cartel, and yours truly."

What this means: You are in direct competition with category B and this could lead to social strife. Lessen the cliquishness of your jokes by engaging in some crass humor every once in a while, not everyone watches *Workaholics* you know.

IF YOU'VE SHADED A LOT OF D'S: YOUR HUMOR LOOKS PRETTY DARK

"*Ito yung mga* comedy *na may* topic *na* religion, sex, race, at death. May target audience *lang ito*," explains Alex. Stanley stresses that "using dark jokes is like learning to walk a tight rope; after all, your humor is almost tasteless, but not quite. *Borat* (played by Sasha Baron Cohen) has proven that dark humor, because of the ridiculously offensive undertone it carries, can be quite funny to many." Unfortunately, anti-humor is not a hit among many Pinoys as we are a sensitive lot (See: Alec Baldwin's mail-order bride comment). "And if you attempt to try it, you might end up in someone's Team Patay party-list or, worse, get imprisoned for 'offending religious feelings.'"

What this means: If you're beginning to convince your friends that you are really a bigot/misogynist/racist/sociopath, then maybe tone it down a bit. Sarcasm and irony are also fun but it's also likely to fly over some peoples heads, because there's a thin line between being a wise-ass and an asshole. **FHM**

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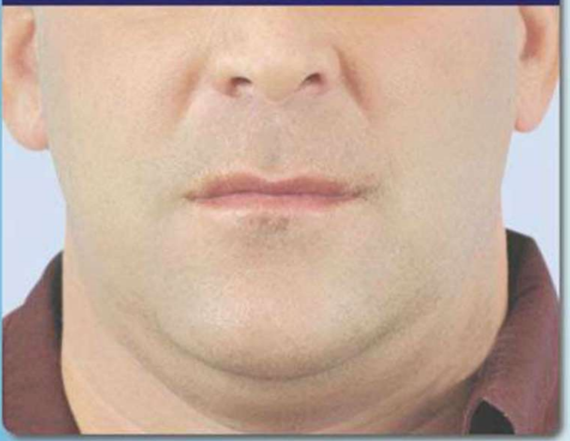

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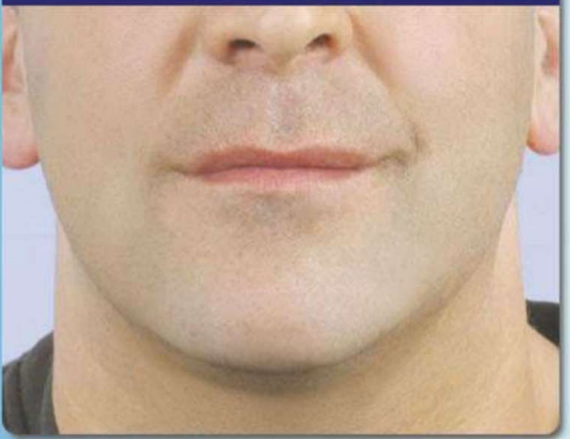

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ARE WE STILL A HOTBED FOR TERRORISTS?

FACT: THE BLUEPRINT FOR WHAT BECAME 9/11 WAS FIRST HATCHED IN THE PHILIPPINES. KEY AL-QAEDA PERSONNEL, ALLEGEDLY EVEN BIN LADEN HIMSELF, HAD EITHER VISITED OR LIVED IN THE COUNTRY TO LAY THE GROUNDWORK FOR ITS GRAND SHOWDOWN WITH AMERICA. HOW OUR CONNECTION WITH TERROR RUNS MUCH DEEPER THAN WE COULD HAVE IMAGINED AND WHY THEY LIKE IT HERE

WORDS BY ALLAN P. HERNANDEZ

PHOTOS: CHRIS LUCAS (for Gen. JOSE ALMONTE), GETTY IMAGES, REUTERS

12-30

TECHNOLOGY HAS DRASTICALLY CHANGED THE WAY WAR IS WAGED. AN UNMANNED DRONE AIRCRAFT, FOR EXAMPLE, CAN LOCK IN ON TARGETS WITH AMAZING PRECISION

مجاهد اسلام
أسامه بن لادن

It will be 12 years since the tragedy of September 11, 2001. If all goes as planned, New York City will have redrawn its famous skyline when the construction of One World Trade Center is finished before the year ends. When the gleaming glass tower, currently standing as the 4th tallest building in the world, is finally unveiled, we will be witnessing it in striking images beamed in our TV and computer screens, just as we'd witnessed the original twin towers fall, completely horrified but also relieved that we were safe and far halfway around the world.

But we were actually close. Perilously close.

Information that surfaced after the tragedy, some of them intelligence already known years before but did not make sense then, clearly shows our connection to 9/11. In fact, we could have had a hand in preventing it.

Many articles and books have been written about Bojinka, the al-Qaeda plot to blow up 11 U.S. airliners in mid-air almost simultaneously. It was "Made in the Philippines" by key al-Qaeda personnel who'd been disguising as businessmen and tourists here, including its military chief Khalid Shaikh Mohammed (KSM), who later admitted to being the architect of 9/11, and bomb-making expert and mastermind of an earlier bombing of the World Trade Center in 1993, Ramzi "The Chemist" Yousef.

The story goes that on January 6, 1995, a freak near-midnight fire at Yousef's rented apartment in a Malate building led authorities to discover a makeshift bomb laboratory laden with bottles, timers, and chemicals. But the crucial find was a laptop containing files detailing their plans. It was mind-blowing: apart from blowing up 11 airliners there were plans to assassinate Pope John Paul II who was scheduled to visit the country for World Youth Day; assassinate U.S. President Bill Clinton when he came to visit in 1996; attack nuclear facilities in the U.S. and Europe.

One other plot was detailed in interrogation by another key al-Qaeda operative belonging to the Manila cell arrested by Filipino authorities—Abdal Hakim Murad, said to be the first commercial pilot recruited by al-Qaeda for a suicide mission: "He will board any American commercial aircraft pretending to be an ordinary passenger...there will be no bomb or explosive that he will use in its execution. It is simply a [suicide] mission that he is very much willing to execute."

In other words, 9/11.

And we'd known about it, or at least how they planned to execute it, six years before it happened. The story goes on that Filipino authorities passed on the intelligence to their U.S. counterparts but it was ignored because it was too fantastic.

All these details, culled from classified intelligence reports, thorough historical research, and reporting on global terrorism spanning the U.S. and Asia, are in the 2003 book *Seeds of Terror* by Maria Ressa, CNN's former bureau chief in Manila, former head of ABS-CBN's News and Current Affairs, and now CEO and executive editor of Manila-based online social news network Rappler. *Seeds of Terror* goes deep into al-Qaeda's roots and finds that the Philippines was the country where bin Laden first attempted to expand his network in preparation for his showdown with America.

Ressa writes in *Terror*: "Every single major al-Qaeda plot since 1993 has had some links to the Philippines: the attack on the World Trade Center in 1993; the 1995 Manila plot to bomb 11 U.S. airliners over Asia; the 1998 bombings of U.S. Embassies in East Africa; the attack on the U.S. Naval destroyer, the USS Cole in 2000, the 9/11 attacks in 2001; the plot to truck-bomb U.S. embassies and Western interests in Southeast Asia in 2002; the Bali blasts later that year, and the J.W. Marriot Hotel attack in August 2003."

While at it, the key al-Qaeda operatives established fake businesses with which to funnel money into the country, hung out at bars, met women, took them as girlfriends, co-opted them into their plans, took scuba diving lessons, among other things.

She further writes, citing published news reports: "A former CIA station chief in Manila placed bin Laden in the country in 1992... then President Ramos even allegedly authorized the use of a C-130 airplane

GEN. JOSE ALMONTE

to fly bin Laden from the capital, Manila, to Mindanao. Others said bin Laden allegedly met with several government officials who helped him purchase property and set up bank accounts."

They must have really liked it here.

THE SOCIAL NETWORK

Ressa has been reporting on terrorism for more than two decades that she has been able to compile its cast of characters that operate in their countries of origin and the world stage. She has also established the connections between al-Qaeda, Jemaah Islamiyah, our own MILF and the Abu Sayyaf. She has seen patterns emerge. In her latest book *10 days, 10 years: From bin Laden to Facebook*, Ressa delves in even more detail the Philippines' connection to al-Qaeda as well as their increasing use of the Internet to spread the "jihadi virus." She tells this in the context of the 2008 kidnapping of ABS-CBN's news team Ces Drilon, Jimmy Encarnacion, and Angel Valderrama by one group belonging to the Abu Sayyaf.

Ressa believes that apart from ideology (and she is careful to point out that there is one, even though some terror acts seem to be merely violent crimes with money as a clear end), it's the ties that bind that spread terrorism.

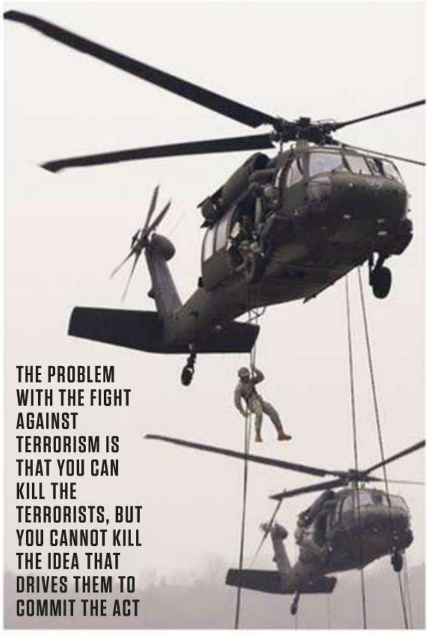
"It spreads through social networks. It's the dense interrelationship of family and friends. They feel that there is some great injustice done," says Ressa.

This is how she illustrates this social network, one that almost works like "six degrees of separation", and that clearly shows our tight connection to it. It all starts with what Ressa calls the "crucible of terror." The year: 1980. The place: Afghanistan, in the war against the Soviet invasion.

The Afghan war is considered to be the first modern call to jihad, in the sense of armed struggle (Ressa explains the difference later). There was a call to Muslims around the world to go to Afghanistan and stand by their brothers to fight the Soviets. Among those who heeded the call: Osama bin Laden and one Mohammed Jamal Khalifa. They became room mates, best friend, and eventually brother-in-law. The Philippines also sent fighters numbering about 600 men, recruited by Hashim Salamat, an ideologue and co-founder of the MNLF who broke away with group in 1979 to form the MILF. Many of the important senior figures in the MNLF, MILF, and Abu Sayyaf would somehow have a connection to the Afghan war.

In 1988, bin Laden sent Mohammed Jamal Khalifa to the Philippines. "They wanted to create something like the Muslim Brotherhood in the Philippines," says Ressa. One of their first recruits was Abdurajak Janjalani, a former MNLF who disapproved of the group's giving up the cause for an independent Islamic state and so broke away and formed his own group, the Abu Sayyaf. "He [Khalifa] wanted it to be ideological but Abdurajak Janjalani wanted quick returns. But what's more interesting is that Ces Drilon, Jimmy Encarnacion, and Angelo Valderrama, the ABS-CBN news team, were kidnapped [in 2008] by a group that was run by the most senior leader of the Abu Sayyaf, Radullan Sahiron. The guy who actually picked them up was a man named Sali Said. His father, Mohammed Said, was one of the first members of Abu Sayyaf and was trained by Ramzi Yousef.

So how did this spread from Afghanistan to the Philippines?



THE PROBLEM WITH THE FIGHT AGAINST TERRORISM IS THAT YOU CAN KILL THE TERRORISTS, BUT YOU CANNOT KILL THE IDEA THAT DRIVES THEM TO COMMIT THE ACT

Through personal connections, through social networks. Between Ces Drilon and Afghanistan there were like three degrees of separation," says Ressa.

THE NEW SOCIAL NETWORK

"It's been 12 years since 9/11 and ironically the successes of governments and law enforcement agencies breeds the next evolution of the threat. What happened is they took away the top and middle rank leadership but the cells are still there, and they continue to spread what they learn. Now we're connected in a whole different way through the Internet," says Ressa.

On November 6, 2011, Ressa reported on Rappler that a certain Khalil Pareja aka Abu Jihad Khalil had posted a video on Youtube talking about jihad in the Philippines, and asking the world to support it.

"When Khalil was arrested in March, [the local authorities] found out that he was getting ready to go to Yemen because he had been recruited by AQAP on Facebook. Al-Qaeda in the Arabian Peninsula (AQAP) is the most radical group of al Qaeda, they charted the worst attacks against the United States and continues to do so. So now you're talking about Pinoys being recruited on Facebook. So the biggest problem is the spreading of the ideology on the Internet," says Ressa.

Here's another example: suspected JI terrorist Malaysian Mohd Noor Fikrie was killed in Davao, and was recruited on Facebook. He was in touch with fellow Malaysian and top JI leader Zulkifli Abdul Hir, also known as Marwan through Facebook. He escaped an encounter with the military that killed Abu Sayyaf leader Umbre Jumdail Gumbahali, aka Doc Abu. Ressa reported that they were the targets of the first U.S. smart bombs used in the Philippines.

What were the conditions in 1988 that prompted al-Qaeda to spread their terror network here in the Philippines? According to Ressa, it was the newly enjoyed freedom and democracy, the direct result of the People Power revolution of 1986, that was the main attraction. "In many ways the greatest irony is when you have a democratic system, one that is just free, it doesn't have systems [in place yet] and the law enforcement is weak, so you have these elements [Islamist militants] coming in."

The Philippines in 2013 isn't really much different from 1986: the systems are in place but is also weak in many places, and so is law enforcement. There is still unrest in the South, primarily driven by poverty (in *From bin Laden to Facebook*, Ressa illustrates this in the frequent vacillation of the Abu Sayyaf between ideology and crime, especially during their kidnapping sprees from 1999-2001). So while it appears that established terror groups are still here, working on the same precepts of the earlier operatives who thought that setting up shop here would spread the radical ideology further, they really don't need to be here, at least physically—Facebook can take care of that.

MAKING TERRORISM IRRELEVANT

"Terrorism is a permanent possibility... specific terrorists can be killed; and specific terrorist attacks can be prevented. Defeating terrorists is one thing, but defeating terrorism—defeating what the terrorists represent—is something else..."

This is from "We Cannot Defeat Terrorism—But We Can Make It Irrelevant", a speech delivered by Gen. Jose T. Almonte at an international conference on regional security in Hawaii in 2002, less than a year after 9/11. General Almonte was the National Security Adviser and Director-General of the National Security Council during President Fidel Ramos's time. We are in a private round table discussion with him at his office in Greenhills, near Club Filipino where many epochal moments in current Philippine history had taken place, including Cory Aquino's oath-taking as president after People Power 1986, what Ressa says was the key national shakeup that first attracted al-Qaeda to the country.

General Almonte's thesis is simple, yet in truth is really difficult to do—because if it were that simple the problem of terrorism should have been long gone. It involves a change of practically everything.

"Pulling out the roots of global terrorism will unavoidably involve an effort that is diplomatic, political, economic, financial, and cultural, no less than police or military," General Almonte says. To him it is the inequity among nations that inspires terrorism, and the only way to make terrorism irrelevant is to stamp out the reason they must do so, mainly poverty.

"The basic premise is the individual. *Ibig sabihin* if every citizen is autonomous, independent, in control of his livelihood, in control of his destiny so to speak, he's happy, he has a stake in the national system, then that individual will defend the society," says Almonte.

For Ressa though, poverty as a driving force to commit to terrorism, while very clear in the Philippines, isn't so for the rest of the world. In what she has seen of global terror, the ones who are truly committed have a clear sense of ideology.

"Osama bin Laden wasn't poor. He was a millionaire," says Ressa.

TREAD CAREFULLY

For the entirety of this story the idea of "terrorism" has been in the context of al-Qaeda and the Abu Sayyaf, and by extension "Islamist" terrorism. The problem here is that the acts of violence have nothing to do with the religion; ignorance of the root causes of the issue only serves to demonize a religion that does not at all condone terrorism.

"There is a difference between 'jihad' and 'jihadi'," says Ressa. "Every Muslim around the world believes in jihad. Jihad is an obligation. It is a prayer, or some of the duties that a Muslim must do. but jihadi, with an 'i'—you want to change the political system. Idealogy then means, and this is how Osama bin Laden and Jemaah Islamiyah leader Abu Bakar Ba'asyir said it: 'between us and them there will forever be a river of hatred.' It's not really about religion."

Who is a terrorist? Who is a criminal?

"You have to be careful who you call a terrorist," says Ressa. The Abu Sayyaf does kidnap for ransom—are they terrorists or criminals? They vacillate between terrorism and crime. The MILF, when you call them terrorist they get really pissed. There's already discrimination against the Muslims, you don't want to fuel that. That's exactly what al-Qaeda tried to do, to creat a rift, and they succeeded."

"I always like to say," Almonte offers as a golden rule, " that the best Christian is a good Muslim. And the best Muslim is a good Christian." **FHM**

READ THIS BEFORE GETTING ON A PLANE... THE EXPERTS' VIEW ON HOW TO TACKLE TERROR – FACE-TO-FACE!

THE TERROR PSYCHOLOGY EXPERT

Professor Arie Kruglanski is a psychologist at the University of Maryland. He is the co-director of the National Consortium for the Study of Terrorism and Responses to Terrorism (START) and has just been given $4.5 million by the U.S. Department of Defense to study the radicalization of Islamic terrorists.

How is a person likely to psych themselves up to blow up a plane?
It depends. If you're part of a group, then you can tell yourself that the organization is right behind you, and that you're simply the last cog in the machine that is carrying it out. Studies have shown that such fusion with a group is so psychologically empowering that it reduces a person's fear of death.

And what if you're a lone bomber?
Lone terrorists like Major Nidal Malik Hasan, who carried out the Fort Hood massacre in Texas [*in 2009*], and Unabomber Ted Kaczynski [*who waged a 19-year mail-bombing campaign*] are very special and different, almost autistic people. They manage to convince themselves that a group is with them, even though they have no evidence of this.

What tell-tale signs would a person wearing explosive underpants in an airport display?
It's difficult to talk about actual body-language, but almost undoubtedly they will display intense single-mindedness and extreme commitment. If you are going to blow up a plane then you can't worry about your life, family or your career aspirations. You must suppress these kind of thoughts in favor of focusing on your task.

So they probably won't be up for quick chat, then?
No.

Okay, so I'm on a flight when a terrorist starts shouting that they have a bomb on them. Is there any way that I can talk them out of detonating it?
If they are part of a group then you have no chance, as they'll be impenetrably ensconced within their universe. But if they're a lone bomber, then conceivably something *could* be achieved. People acting on their own don't feel the same burden of letting others down and, no matter how committed they are, at the point where they're about to explode the device, there'll always be a struggle between their thumb and their life-instinct. Nobody wants to die, so if at that point you talked about what they had to live for, you could conceivably talk them out of it.

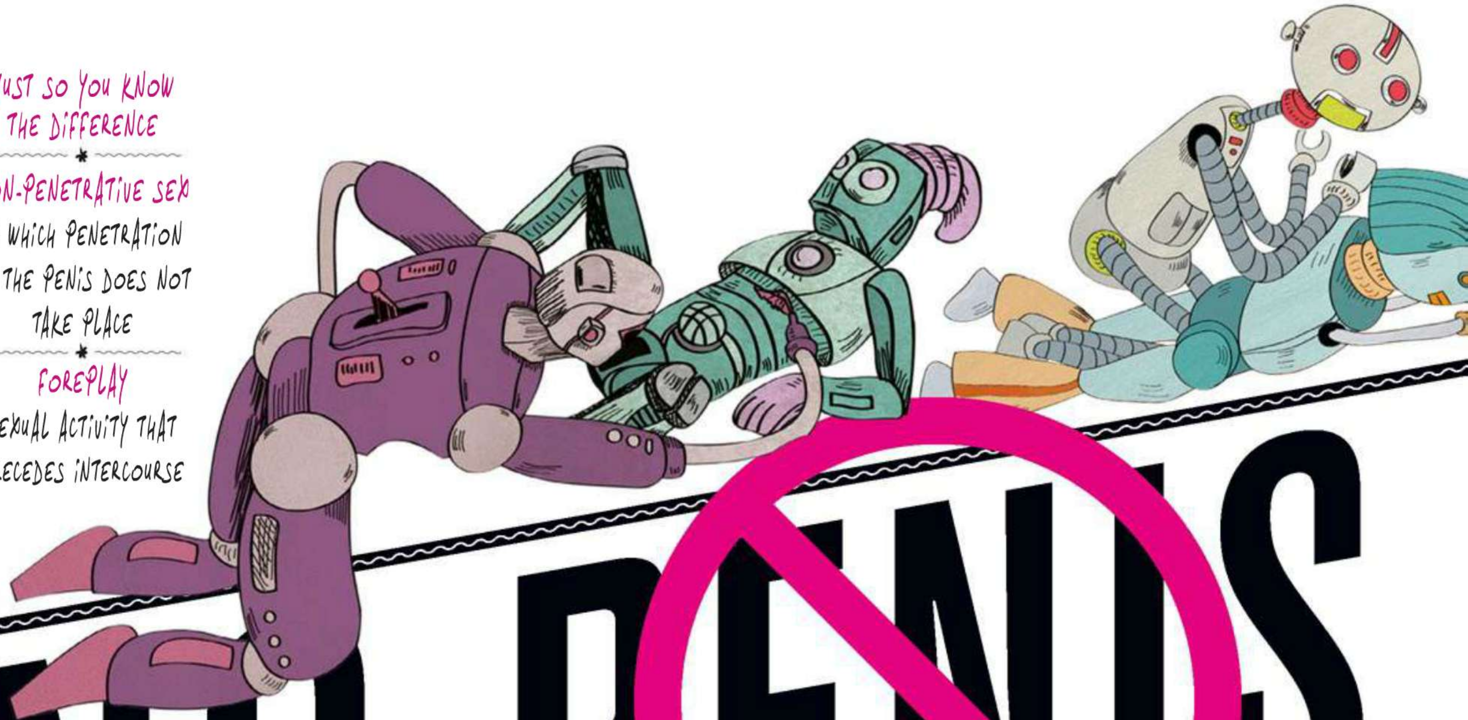
JUST SO YOU KNOW THE DIFFERENCE

*

NON-PENETRATIVE SEX
IN WHICH PENETRATION BY THE PENIS DOES NOT TAKE PLACE

*

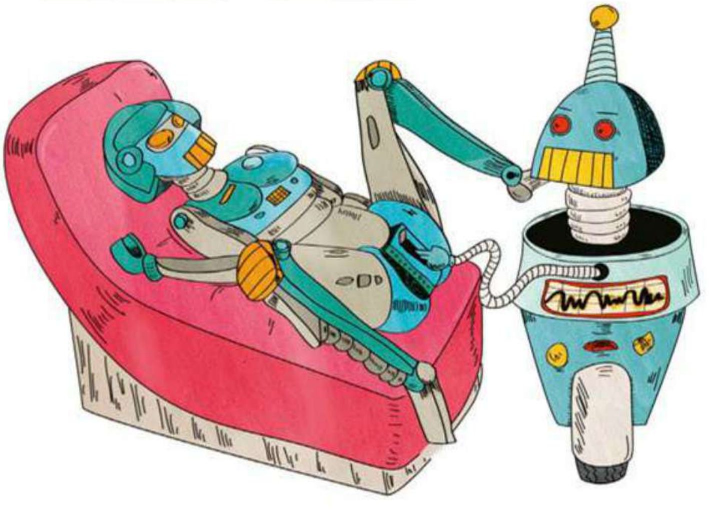
FOREPLAY
SEXUAL ACTIVITY THAT PRECEDES INTERCOURSE



NO PENIS

IN PROVIDING HER PLEASURE, BEST TO USE ALL THE TOOLS IN YOUR ARSENAL AND NOT JUST THE ONE BETWEEN YOUR LEGS.

HERE ARE WAYS TO USE YOUR OTHER BODY PARTS TO MAKE HER QUAKE IN UNADULTERATED ECSTASY »



WORDS: ANTON D. UMALI
ILLUSTRATIONS: BOISEI MALICDEM

ALLOWED.

NOSE

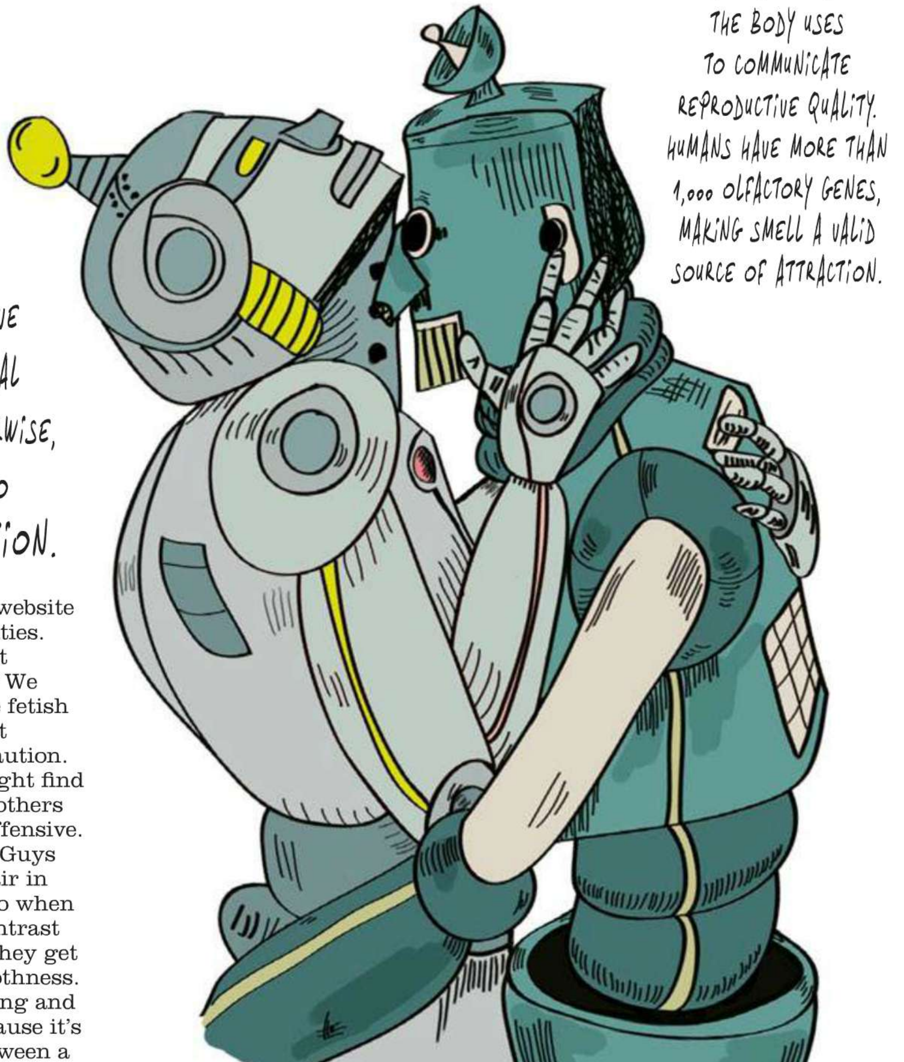
INSTEAD OF SMELLING OBSCURE BODY PARTS YOU'VE JUST SCRATCHED, PUT THAT PROBOSCIS TO SENSUAL USE. MATANGOS, PANGO, PIERCED, OR OTHERWISE, USE YOUR (HOPEFULLY) BOOGER-FREE NOSE TO SCINTILLATINGLY SNIFF THE MISSUS INTO SEDUCTION.

Tip No. 1: Don't try sticking it in her vagina as this might yield unwieldy results (though you're more than welcome to try). Nuzzle her neck with gentle touches from the tip of your nose. Use a tongue-nose combo on the side of her neck. The back of the knee is also a part you can tickle with the nose.

Tip No. 2: "Don't make her feel like you're smelling her," advises Ana Santos, former sex columnist in *The Manila Times* who now runs her own safe sex and woman-empowerment website sexandsensibilities.com "She might get conscious." We understand the fetish for armpits, but proceed with caution. Some ladies might find it pleasurable, others might find it offensive. Ana explains: "Guys have all this hair in their armpits so when they see the contrast of a woman's, they get off on the smoothness. They like sniffing and nuzzling it because it's like a cross between a pleasure point and a comfort zone."

PHEROMONES

CHEMICAL SIGNALS THE BODY USES TO COMMUNICATE REPRODUCTIVE QUALITY. HUMANS HAVE MORE THAN 1,000 OLFACTORY GENES, MAKING SMELL A VALID SOURCE OF ATTRACTION.



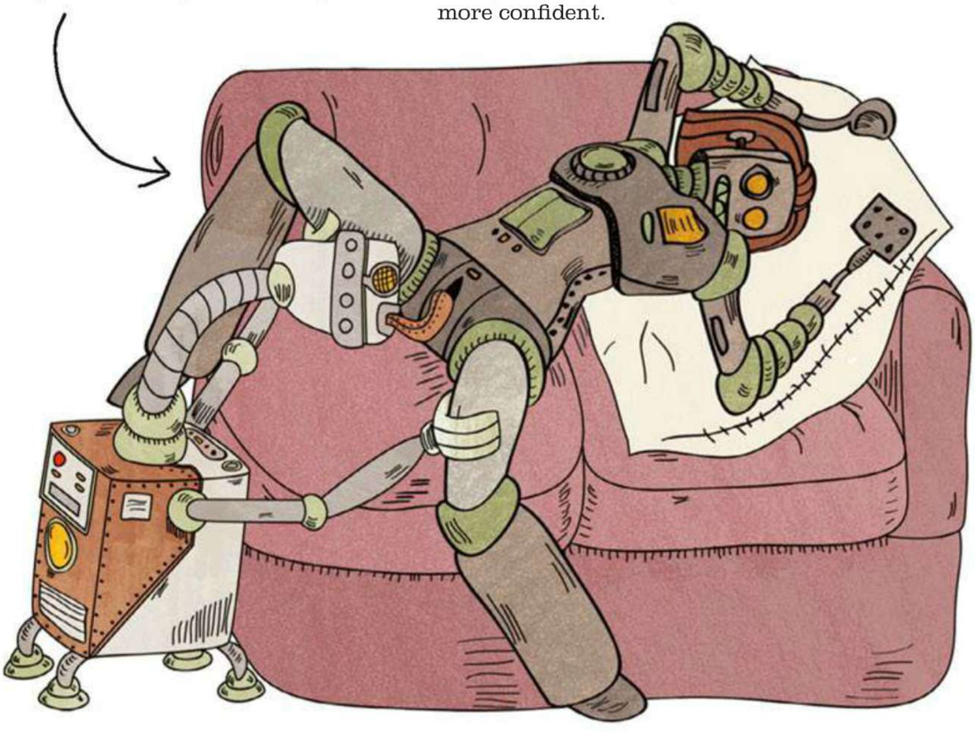
TONGUE / LIPS

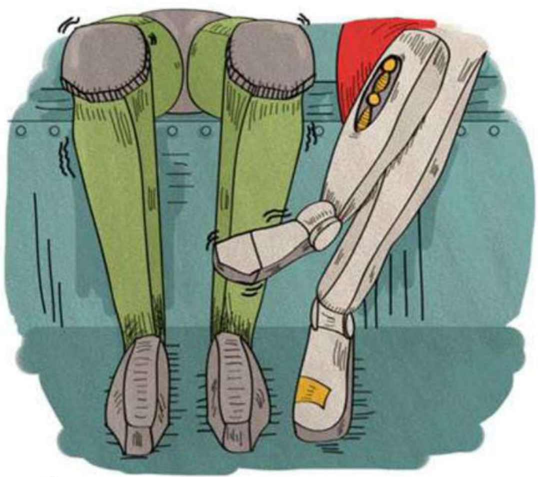
YOU USE THIS SMACKER AND ITS SLIMY SNAKE AND ALL ITS TASTE BUDS TO LICK, EAT, AND SAVOR THE PLEASURES OF A DELECTABLE MEAL. LAY OFF THE VORACIOUS GLUTTONY WITH THE EDIBLES AND SET YOUR SIGHTS ON SATING HER...BY DOING A LITTLE (OR A LOT) OF LICKING, EATING, AND SAVORING DOWN THERE.

Tip No. 1: Try licking parts like her inner thigh or below her navel and belly area. "Start by kissing the area around the vagina," Ana advises. "That's cute and it can help put her at ease." You have to know what she's comfortable with so she'll let go. Licking and nibbling around the ears is exciting foreplay. "Sucking is also overlooked when it comes to the vagina, but do it gently," she adds. "Don't do anything for too long because it becomes desensitized, so it gets boring." It's about building anticipation. Julia, 21, a nursing student, admits: "I like it when a man kisses and licks areas you wouldn't normally linger on, like the small of the back or the nape, before actually making his way to my kitty. Play with my imagination because it heightens bliss by giving a promise of things to come." The promise being that she orgasms.

Tip No. 2: "In terms of cunnilingus, start by licking her like an ice cream cone," Ana says. Make each lick more aggressive than the next and use varying motions (circular, up and down, side to side). One trick is to draw out the letters of the alphabet from A to Z, using your tongue. To avoid stiff neck or lockjaw, put a pillow under her bum for leverage.

Tip No. 3: Girls can be shy about their vaginas and it doesn't help that you don't want to bury your face in it. But Jahziel Manabat, *FHM* Sex MD columnist, says: "Style *ko magpapa-pilit* [to receive head]. *Pakipot lang pero* game *naman talaga ako*. I also like watching porn with my guy before he eats me out, while pulling his hair." Keep in mind: not all chicks are like Jahziel. Make sure to check on her because she may be uncomfortable with cunnilingus (due to several issues, like how she smells down there). Going out of your way will make her more confident.





FEET

YOU ADORE THEM ON WOMEN FOR BEING PETITE AND MANICURED, A FIENDISH FETISH NOT STRANGE TO THOSE WHO KISS THE GROUND WOMEN WALK ON. TIME TO TURN THINGS AROUND AND USE THOSE STINKERS FOR SOMETHING MORE USEFUL OTHER THAN STANDING UPRIGHT.

Tip No. 1: If you're in the mood for some public petting/caressing but are in a social situation that requires you to keep your libido in check, then keep things under the table. And what better body part to stroke your lady with than those two (hopefully not stinky) feet under a classy dinner table! Play footsy with her, because, according to Ana: "Footsies are cute, playful, and erotic all at the same time. Keeping a straight face while doing it makes it all the more fun. Just be guided with lingering caresses of the legs." And make sure you take off your sneakers.

Tip No. 2: "I'd be more comfortable with paying homage to the feet to give pleasure rather than using the feet to actually induce pleasure," says Ana. "It's extremely sexy to be massaged down there." Vaginal penetration with the toes is interesting, but is a gray area. But she adds: "I'm not sure girls would really be excited about the thought of toes inside of them...something a little bigger maybe."

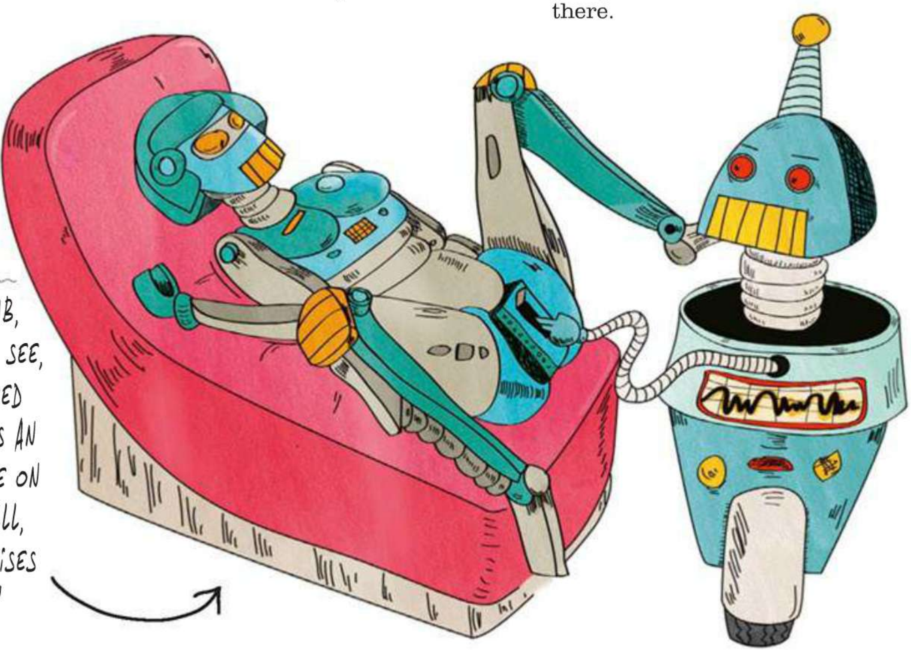
NO PENIS ALLOWED

HANDS / FINGERS

INSTEAD OF DIDDLING PS3 REMOTE CONTROLS OR PLAYING WITH YOUR JOYSTICK, USE A HANDS-ON APPROACH WITH YOUR LADYLOVE, AND THOSE STUBBY FINGERS AND SWEATY PALMS CAN BE THE MIDAS TOUCH.

Tip No. 1: Hygiene always comes first. Before you use your fingers to play with her, start off with clean hands. Ana says: "Treat yourself to a nail spa. If you bite your nails, jagged nails and hangnails can be painful down there. That can potentially discomfort a very sensitive area. If you ate something spicy with your fingers and you touch her down there, the remnants are potentially painful."

Tip No. 2: Wet your fingers. Don't go straight to inserting your finger inside–lube up with a little lick. Foreplay–even for non-penetrative methods–is required because women aren't light switches, and any form of penetration (penile or otherwise) needs juicing. "When it comes to the number of fingers to insert, always start with one and work the number up from there," she adds. Just don't jam your whole hand in there.



THE NEW TECHNIQUE

USE YOUR THUMB, SHARES ANA. 'YOU SEE, IT'S MORE CURVED UPWARD AND HITS AN EROGENOUS ZONE ON THE VAGINAL WALL, WHICH MOST PENISES CAN'T REACH.'

PLEASURE PRINCIPLE

To learn how women fake orgasm, watch Meg Ryan in *When Harry Met Sally.* Up your bullshit detector with these signs that she's really experiencing the big 'O'

CHECK FOR HYPERVENTILATION. Regulating one's breathing patterns is next to impossible in the throes of excitement. If her breath becomes heavy or fast-paced, this is a sign that she is enjoying what she's doing…or is just really exhausted.

CHECK FOR PALPITATION. Examine your own body. Your heart starts to beat faster when you're exhilarated. Put your ears to her chest to feel if her heart's beating like a hammer. You can't fake that.

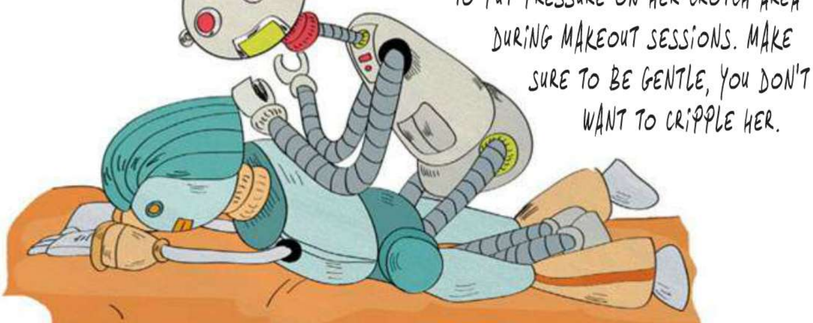
CHECK FOR CONTRACTION. When women climax, they experience vaginal contractions. Try and pay attention if you feel them while inside her. Even a little movement can be the difference to her coming or faking it.

CHECK FOR DILATION. Though you may be humping in the dark, checking if her pupils become dilated during sex is a good gauge of her pleasure (just make sure she's not on speed). Then whisper in her ears that looking into each other's starry eyes while climaxing is the most romantic thing ever. FHM

ELBOWS / KNEES

THE BENDY PART OF YOUR ARMS AND LEGS CAN BE A SOURCE OF FOREPLAY. PUT SOME ELBOW GREASE INTO IT TO SCORE SOME BROWNIE POINTS IN THE BEDROOM.

Tip No. 1: Obviously, penetration is not an option. You can touch pleasure points with your elbows. Target her back. Have her lie face down, arms rested to the side. Use your elbow to make deep, circular strokes around her shoulders, glutes, and quadriceps. According to massagetherapy.com, raise your hand higher to sharpen the angle at the elbow, making strokes more precise, localizing force. "The shoulders are also sensitive and intimate for women," says Ana, "giving her a shoulder rub is the equivalent of holding hands. You aren't going to give a girl you just picked up at a bar a shoulder rub or a back rub. Romance and intimacy in a relationship are what's going to carry you through."



KNEE-FUCK

DON'T STICK IT IN, FOOL. USE YOUR KNEE TO PUT PRESSURE ON HER CROTCH AREA DURING MAKEOUT SESSIONS. MAKE SURE TO BE GENTLE, YOU DON'T WANT TO CRIPPLE HER.

FUNNY SINCE BIRTH

They'll make you laugh—and all they have to do is introduce themselves. Meet five dudes who, despite being ridiculed for almost all of their lives for having the most unusual name combinations, have grown to excel in their chosen fields. Laugh at them and they'll just laugh with you

PHOTOGRAPHY: **CHARLES BUENCONSEJO**
ADDITIONAL PHOTO: **BENJAMIN ARNOLD**
INTERVIEWS: **ALEX C. PAITA, DANEE TORRES**

TEDDY VER

DINZO TABAMO

JOVI BON

JOSE RIZAL
PROTACIO

KENNETH SY

WHAT'S IN A NAME?

Name Dinzo Tabamo

Age: 35
What he does: Associate Features Editor, *TopGear* Philippines
Weight: 275 lbs.

BIG IN JAPAN

People say our surname sounds Japanese. But it's actually very Filipino. *Yung* roots *namin sa* Tarlac. So what we do is, we put the accent on the first syllable—Ta-bamo, to make it sound more proper—*para naman hindi kasing* obvious *ng* Taba-mo.

SLIM CHANCE

Childhood *ko* was spent more dealing with *pang-aasar*, all-boys school *pa*. I became aware *nung* prep *ako*—once *nalaman na ng mga tao yung* meaning *ng* word. And I was never thin. *Siguro ang pinaka-payat ko na* was high school, *at medyo may laman pa rin ako nun ha*. Let's just say it was always easy to connect the surname to my weight.

BIGGER IS BETTER

By the age of 13, 5'8" *na ako*. That kind of helped *kaya hindi ako nabu-bully ng mga tao. Pero naalala ko ang pinaka-embarrassing yung* first year. *Bago yung* classmates *mo*, so *ayun makikita mo medyo matatawa, kahit* teachers. *Magiging* shy *ka sa* class *kasi ayaw mong tawagin ka. Pero* after a while, *masasanay ka rin. Matututo ka na ring humirit*. If I can call myself *marunong humirit* at this stage, it's because over the years *natuto na rin akong lumaban*.

SURE HIT

Pagdating sa girls, maybe it helps compared to some John Doe name. It helps *na yung* first name *ko rin kakaiba*. If anything, *siguro malakas yung* recall. It's always easier for people to remember a guy with a funny name.

CLASSIC COUPLING

Beth Tamayo + Kenny Loggins = Beth Loggins
Tillie Moreno + Rico Puno = Tillie Puno
Kuh Ledesma + Atoy Co = Kuh Co

Name Teddy Ver Caluag

Age: 30
What he does: Bank executive/ producer for underground hip-hop acts such as Kim Fabros, Loonie, and Mike Swift
Cutest thing about him: Enjoys food and traveling with his long-time girlfriend and "no one else"

HIS DAD'S LITTLE BOY

My dad's name is Virgilio and *gusto niyang i-incorporate pangalan niya,* since I'm the first child and only boy. They thought of "Teddy" and then "Ver," which is his nickname.

THE BOYS LAUGH AT IT

Lagi akong na-e-embarrass pag roll-call. *Kasi sasabihin*, "Bautista, Ryan… Cruz, Joseph… Caluag, Teddy Ver..." *Tapos maririnig ko sinasabi ng mga kaklase ko*, "Teddy Ver?!" *Magtatawanan na sila.*

…BUT THE GIRLS LOVE IT

Naku-cute-an nga sila eh. Nung college, *yun yung* challenging. *Kasi siyempre medyo binata na ako*, and it was easy to catch the girls' attention. *Pag roll-call din sasabihin ng* professor, "Caluag, Teddy…Ver? Cute *naman ng* name *mo*!" *Lahat na magtitinginan sa akin.*

ALTER EGO

In hip-hop circuits, they know me as Traumatik. It started *sa* forums–online battles, etc. I find my real name cute, but if you're going to talk to me personally, *siyempre* Teddy Ver is okay but if it's about music, you can use Traumatik.

Name Kenneth Sy

Age: 34
What he does: Law student; furniture company executive
Vision: 20/20

BEGINNING TO SEE THE LIGHT

I first became aware that my name has a certain ring to it *nung* grade school *pa*. We were playing a trivia game in class and the question was: *Sinong kaklase mo ang hindi makakita*? Everybody knew it was me… except me.

REAL LIFE

In law school, *may* professor *kami na*, way before I became his student, *sa* exams *niya*, he'd always use Kenneth Sy and Andy Lim as fictional characters *sa* word problems *niya*. Even way back, *sine-share na sa akin ng* previous batches *na sikat na sikat daw ako sa* prof *na ito*. So I finally ended up having him as a prof. *Nung nakita niya yung pangalan ko, ang unang sinabi niya* was, "You've got to be kidding me. Did your parents even know...?" So since then, *hindi na niya ginamit yung* "Kenneth Sy" as an example. At least for our batch.

SIGHTINGS

Has my name ever helped me get the girl? See, I never thought about that. Unfortunately, *wala akong ma-share na* any particular story. *Pero* feeling *ko*, everybody *sa* school likes to call me Kenneth Sy. I guess *mas madali nila akong matandaan*. As for spotting girls...well, so far *hindi pa naman sumasablay yung mata ko sa ganun*. Ha ha!

CLASSIC! UNINTENTIONALLY FUNNY WEDDING BILLING

Susan Roces + Ronald Gan
= Gan and Roces Nuptials

Name Jose Rizal Protacio

Age: 23
What he does: Technical support representative for a BPO company
How national he has gotten: Joined a singing contest on national TV

DRUNK PHENOMENON

At the time my mom was giving birth, my dad was drunk. He came to the hospital and wrote "Jose Rizal Protacio" on the form. *Ilang beses daw kino-confirm ng mga* nurse *yung pangalan ko. Hindi sila makapaniwala.*

A HERO WAS BORN

My father gave me that name *dahil sa apelyido naming* Protacio. I'm the youngest *kasi*, and my parents had an arrangement *na yung tatay ko ang magpapangalan sa bunsong anak.* My mom was, of course, shocked when she got back to her senses. *Tapos nung pinapa-binyagan ako, ilang beses ding tinatanong ng pari kung ano raw ba talaga yung pangalan ko. Pati mga ninang ko, natatawa.*

THE NATIONAL

I also joined singing contests *sa barangay namin, at hindi rin makapaniwala yung mga tao pag ina-announce yung pangalan ko.* I also joined GMA-7's *Pinoy Pop Superstar* before. *Ngayon sa work, ang tawag nila sa akin* Pambansang Singer *kasi* recently *nag-champion ako sa* singing contest *sa* office.

Name Ellan Jovi Bon Alelis

Age: 21
What he does: Nursing graduate/English teacher to Korean students
His life in a Bon Jovi song: He says he's constantly able to snag some dates–and possibly lay them down on a bed of roses, too

BORN JOVI

Pangalan kasi ng mom ko Ellie *tapos yung* daddy *ko naman,* Rolando. *Yung* Jovi Bon *naman, kinuha nila kay* Jon Bon Jovi. *Kaso parang pa-laos na siya noon kaya binaliktad na lang at ginawang* Jovi Bon.

IT'S HIS LIFE

Yung iba, pag nalaman nilang yun ang pangalan ko, tinatawag nila akong Bon Jovi. *Natutuwa sila, pero hindi naman nila ako pinagtatawanan. Sasabihin lang,* "Nice name." Or are they being sarcastic?

SAY IT ISN'T SO

Minsan hirap silang intindihing Ellan *yung pangalan ko kasi ang* common Alan or Allen. *Madalas lang nagkakamali sila sa* nameplate *sa* school. Like last time *sa* work, *nalagay nila* "Ellan Jovi Boli." *Pati sa* certificate *yun din ang nalagay*!

FHM

HOW TO DISAPPEAR COMPLETELY...or just change your name in three easy steps

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Thankfully, we have this thing called RA 9048—a law that not only allows you to free your birth certificate from typos, but also gives you that one last shot at saving your face via a name change, granted that you find the first name or nickname to be "ridiculous, tainted with dishonor or extremely difficult to write or pronounce."

STEP 2: File a petition and back it up
The petition should be written in the form an affidavit. You'll also need to supply any legal docs that can be found on www.census.gov.ph/data/civilreg/primerra9048.html

STEP 3: Go to the Local Civil Registry Office (LCRO)
...where your record is kept and prepare to shell out P3,000. What a cheap way to say hello to a new you!

FOR MORE HELPFUL INFO, VISIT HTTP://WWW.CENSUS.GOV.PH/DATA/CIVILREG/PRIMERRA9048.HTML

ENGLISH TRANSLATIONS OF PINOY NAMES

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Topacio Mamaril	=	Top Gun
Diosdado Durante	=	Deo Durant

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TAIWAN TECHNOLOGY

PRIVATE EYES

MODEL AND BEAUTIFUL PERSON

Yassi Benitez

IS INTO CHOCOLATES

AND FRANKNESS.

HER THOUGHTS ON FOREPLAY?

'ME FIRST'

PHOTOGRAPHY: AARON EBIO • INTERVIEW: KHYNE PALUMAR
STYLING: CRIS SESE • HAIR AND MAKEUP: JULIE EBIO • SHOT ON LOCATION AT THE DRAGON BISTRO

Yassi Benitez

Other than being friends with *FHM* fan favorites and fellow beautiful people Jahziel Manabat and Kristine Santamenam, Yassi Benitez immediately wants us to know a few things. She doesn't mind being compared with other women, and is non-fussy and casual about what she wants in her mouth (chocolates), and in bed ("You need to get me in the mood first…"). And it doesn't take sciences of any sort to impress her, which she sums up this way: Don't be openly *bastos*, don't feel too *pogi* even if you are, and tell her she's pretty.

Of course, for more visual examples of what endears us to Yassi, look this way…

IS "YASSI" SHORT FOR SOMETHING ELSE?

It's actually Issay read backwards *para mas* cute, *binaliktad lang*. Some of my friends also call me Izza. Yassi is just one of the names people call me.

WHAT DO YOU DO?

Well, I've been into modeling for three years now. I've also done some commercials, and I've been

part of two music videos. *Pero* I don't do the singing. I'm always the one who's being serenaded. Ha ha!

ANY WEIRD HOBBIES?

Casting dark spells! Ha ha ha! My alias *kasi* on the Internet is darkspeller because a lot of guys have fallen under my spell. But seriously, weird hobbies? I don't know—eating chocolates. I love it so much! It's a vicious hobby. Ha ha!

WHAT'S A VICIOUS THING PEOPLE SAY ABOUT YOU THAT'S ACTUALLY TRUE?

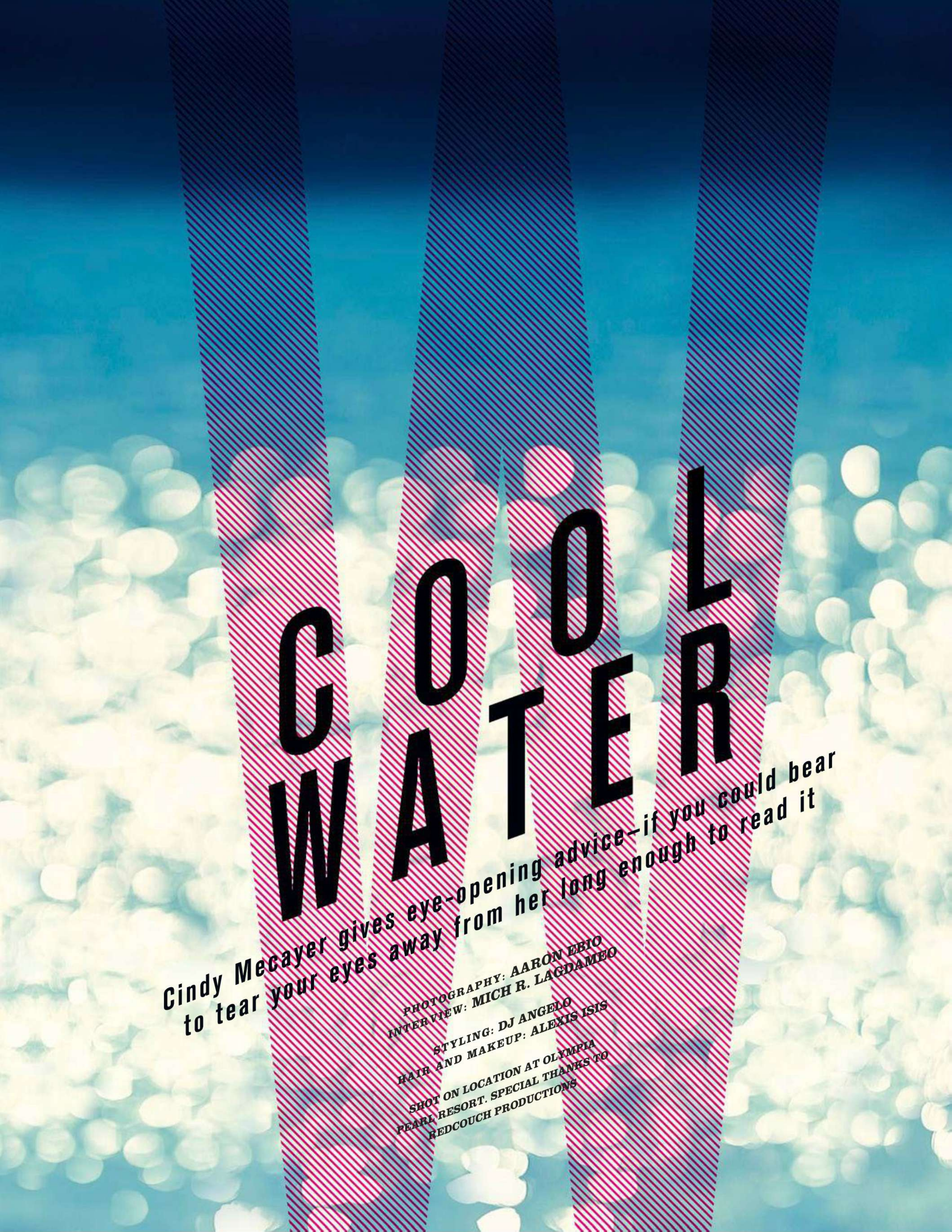
Yung pagiging taklesa ko. That's true. Ha ha ha! *Mas gusto ko kasi* when I tell people the truth to their faces, I'm all about being frank, *ayoko nang nakikipag-plastikan.*

IN THE SPIRIT OF FRANKNESS THEN, HOW ARE YOU IN THE SACK?

I'd have to go with sweet—maybe. Ha ha ha! Feeling *ko kasi* I'm more of a romantic type of person. Ha ha ha! *Pero siyempre* it would also depend on my mood.

SO DO YOU NEED TO BE TURNED ON FIRST, OR DO YOU INITIATE THE FOREPLAY?

No, *kailangan* me first. Ha ha ha! *Basta mas gusto ko ako mauna para ma-set yung* mood. **FHM**



COOL WATER

Cindy Mecayer gives eye-opening advice—if you could bear to tear your eyes away from her long enough to read it

PHOTOGRAPHY: AARON EBIO
INTERVIEW: MICH R. LAGDAMEO

STYLING: DJ ANGELO
HAIR AND MAKEUP: ALEXIS ISIS

SHOT ON LOCATION AT OLYMPIA PEARL RESORT. SPECIAL THANKS TO REDCOUCH PRODUCTIONS

CINDY MECAYER

YOU DON'T NEED TO BE TOLD AGAIN: THE DATING GAME IS A MINEFIELD. ONE WRONG MOVE COULD BLOW YOUR BUDDING ROMANCE TO SMITHEREENS; ONE MISSTEP COULD COST YOU A CHANCE TO SCORE. AND LET'S NOT GET STARTED ON DATING A MODEL—THAT PARTICULAR BATTLEFIELD HAS ALWAYS MADE MINCEMEAT OF US ALL. UNTIL NOW.

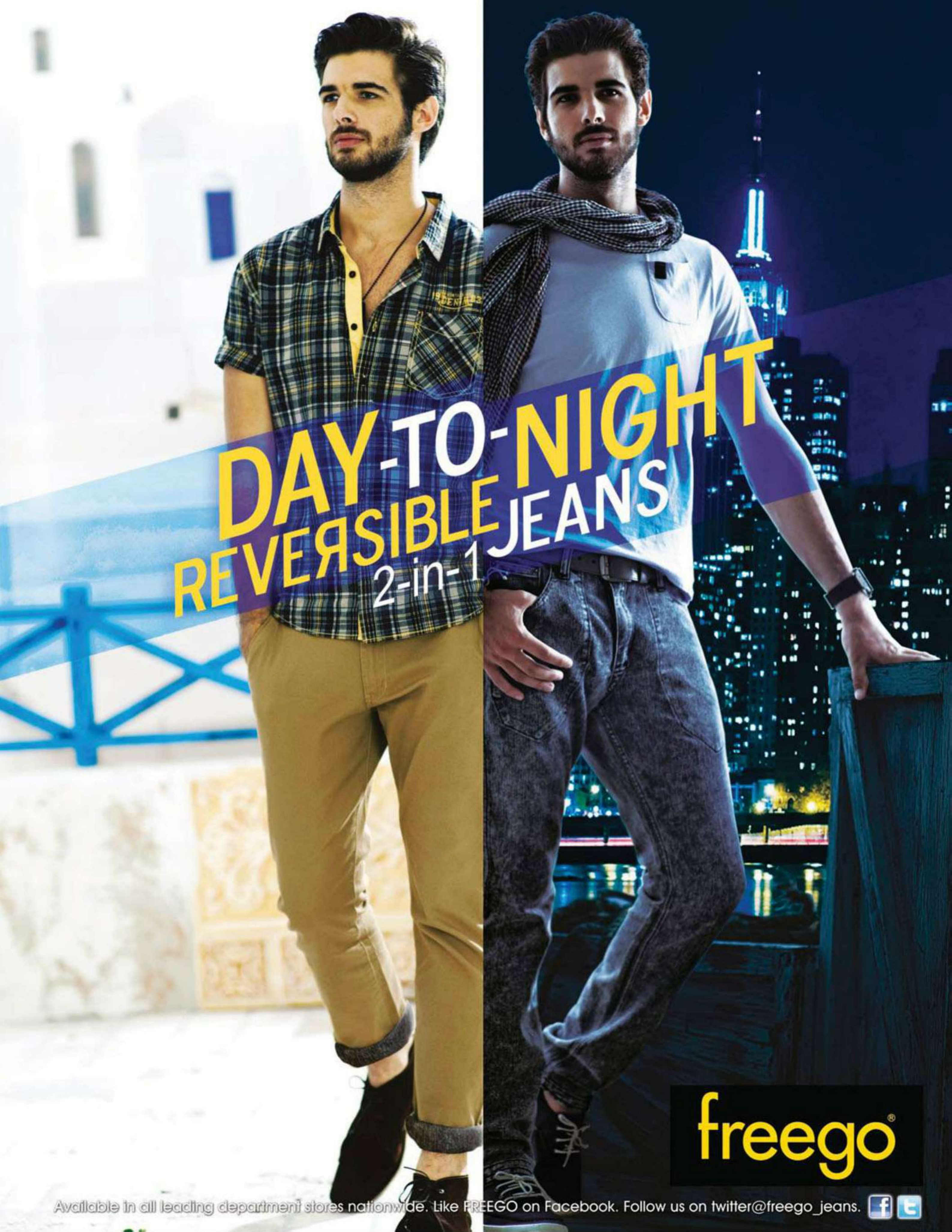
Gentlemen, meet Cindy Mecayer. This 19-year-old stunner is a college undergrad from Pasay City. Fresh and candid as only someone with teen attached to their age could be, she gives us no-nonsense, sensible advice on dating someone in her league. Here's what we learned: gorgeous as she is, she's still only a girl. And here's how to impress her: 1) Take her somewhere nice (no bars, please); 2) Chat her up in person (not over Facebook—but feel free to Like her page); and 3) You don't have to shower money on her—but she'd rather you were as ripped as Channing Tatum. Ah well, it was too good to be true. Items one and two would've been easy. We'll just go back to admiring her from afar (and on these pages) instead.

DID YOU EVER THINK YOU WOULD POSE FOR *FHM*?

Actually, *hindi po*. I was just invited by friends to do a shoot for fun. *Pero* after I saw my pictures, *nagulat ako*. I couldn't believe it was me! Ha ha! So that's when I started modeling, but *hindi ko pa rin inakalang lalabas ako sa FHM*.

WE LIKE MAKING DREAMS COME TRUE. BUT DESPITE THE MODEL TRAPPINGS YOU STILL SEEM LIKE A REGULAR GAL. WHAT KEEPS YOU BUSY?

Almost every day, *halos* regularly after school n*asa galaan na ako. Alam mo na*, "teeners" *pa rin ako*. Ha ha!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SUCH ARE THE PERKS OF BEING 19 AND PRETTY. SO WE'RE GUESSING YOU'RE A BIG PARTY GIRL?

I'm not a party girl, I just love hanging out with my classmates and friends from school. I'm always online. *Nasa* Facebook *lang ako palagi, kahit saan ako naka-on ang* FB ko. And I love to

PLEASE TELL US HOW THE WORLD WORKS FOR YOU YOUNG KIDS—DO YOU STILL WAIT FOR GUYS TO MAKE THE FIRST MOVE OR YOU DON'T MIND BEING MORE AGGRESSIVE?

I will make the first move. But Maria Clara *pa rin ako, ihuhulog ko yung panyo ko* and I will wait for the guy to pick it up and return it to me. *Tapos magpapakipot ako.* Ha ha! *Tapos sasagutin ko siya pag naka-*100,000 Likes *na yung* FB *page ko.* Ha ha!

THAT'S KIND OF A TRADITIONAL-MEETS-MODERN APPROACH TO COURTSHIP. WHAT OTHER QUIRKY ADVENTURES ARE ON YOUR BUCKET LIST?

I would like to do photo shoots in Singapore, Europe, and Boracay. And I would also like to do a shoot in a desert. Adventure *yun kasi pag sa* gulf country *ang* shoot, *mukhang bawal ang* sexy photo shoot *doon.*

WHAT DO YOU FIND SEXY ABOUT YOURSELF?

My eyes. *Yun lagi ang nagugustuhan ng mga nanliligaw sa akin.* And my mom agrees.

WHAT ABOUT THE GUYS YOU FIND INTERESTING? SHOULD THEY POSSESS SIMILARLY "BEAUTIFUL EYES"?

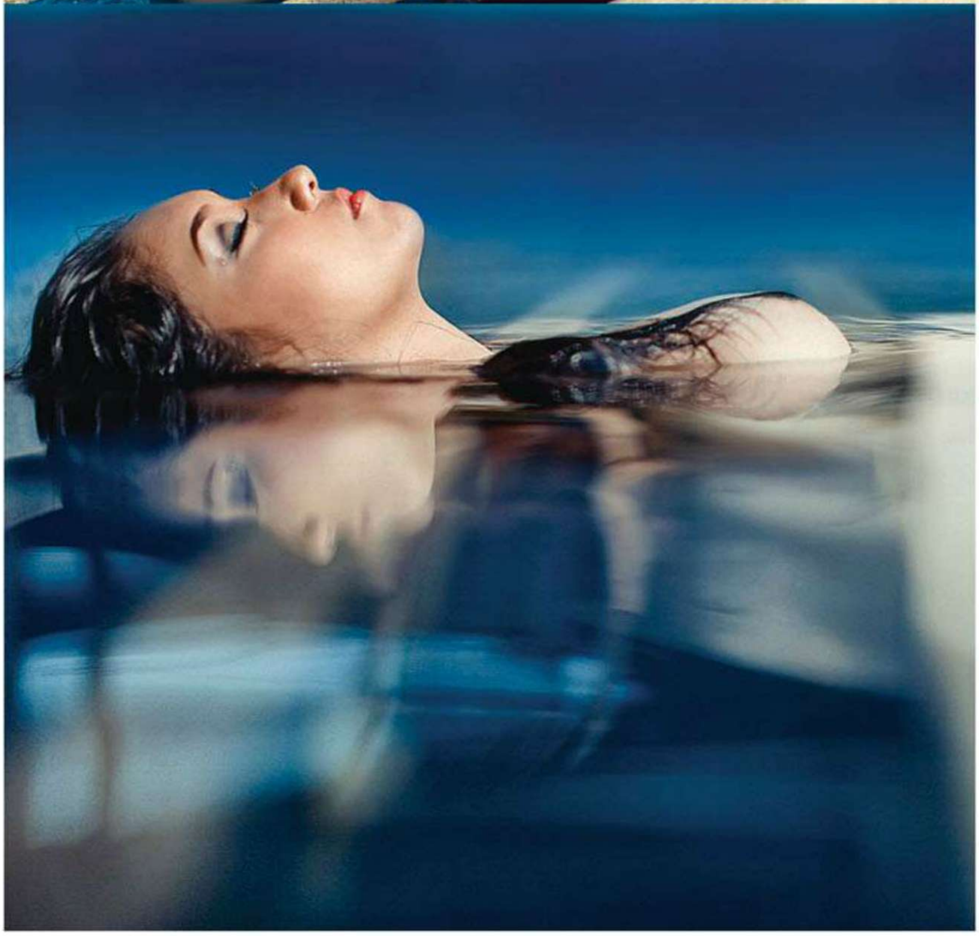
I'd like to to date a guy with beautiful eyes and defined muscles. I say muscles *kasi* I would feel safe with him. I'm interested in guys with abs! Ha ha!

THAT COUNTS ALL OF US OUT THEN. BUT STILL, WHAT ADVICE WOULD YOU GIVE GUYS WHO WANT TO DATE MODELS?

You don't have to be showy, just be yourself. And you don't have to be rich to be my boy. Ha ha! I would still want to date a regular person, *ayaw ko ng* "showbiz" *ang dating ng* guy.

YOU'VE JUST GIVEN HOPE TO THOUSANDS OF REGULAR JOES. BEST THEY KNOW: WHAT ARE YOUR DEAL-BREAKERS OR TURN-OFFS?

Ayaw ko nang niliigawan ako sa kanto, sa Facebook, *sa* bar, *o kung saan-saan lang. Kahit pa sobrang* like *ko yung* guy, *mate-turn off ako.* **FHM**



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MEOW!
FEROCIOUS *FELINE* KITTY KATH LETS HER *CLAWS* COME OUT

Photography: **Jay Tablante**

Interview: **Jason Tulio**

Styling: **Hannah Kim**
Hair and makeup: **Kiko Escobar**

Cats are peculiar creatures, a temperamental kind that can go from cute and cuddly to feisty in an instant. There's no denying that they're graceful and slender creatures. They possess impeccable balance as they slither their lithe bodies in, out, and around any obstacle that's in their way.

The same goes for chicks famous for their association with felines. Michelle Pfeiffer or Anne Hathaway, anyone?

Or make that Kitty Kath. A self-confessed "good girl with a naughty twist," she's lithe, loves bad boys, and admits to being fierce like her namesake. Oh, and she hates shy guys...

You certainly have an interesting nickname, where did it come from?
Some people call me Kitty and some people Kath so I thought I would just put the two together.

When did you start modeling?
Just recently, around last year. I was in a relationship before and couldn't really do modeling (especially not the sexy kind) but now I'm single and open to the modeling world.

Do you think being in a relationship is hard for a model? What with all the sexy modeling?
It's hard when you have a jealous partner. Most guys I know don't like their girls flaunting their stuff in front of the camera, but I know models with boyfriends who are very supportive. It really depends on the guy.

Are you currently in a relationship?
Nope. Single and ready to mingle!

What's the hardest thing about being a model?
Keeping the weight down and looking perfect no matter how stressful your day was.

Have you done any other kind of projects?
I've done event modeling so far and a few other things.

What do you look for in a man?
I like sweet guys with a bad boy look. Guys with tattoos are hot! And he should take care of his body, but of course a good personality is most important.

Does that mean you're a bad girl?

Not really, I'm a good girl actually. I'm not into one-night stands or do things that bad girls usually do, but I do have a naughty side in me. I'd say I'm a good girl with a naughty twist.

Any bad habits?

Before when I was a teenager I liked to party and get drunk every weekend, but now I don't go out that much anymore. But I still like to go to clubs and hit the dance floor.

What's the appeal of guys with tattoos?

I don't really know, it's just sexy. Maybe because I'm attracted to bad boys who don't care what others think of them?

Do you have any tattoos of your own?

Yes but only tiny ones on my wrist and behind my ear. My favorite one says "follow your dreams" and it's a reminder that everything you want in life is possible to achieve–just don't give up!

Would you say you're fierce like a cat?

Sometimes, yeah.

I'M A GOOD GIRL ACTUALLY. I'M NOT INTO ONE-NIGHT STANDS OR DO THINGS THAT BAD GIRLS USUALLY DO, BUT I DO HAVE A NAUGHTY SIDE ON ME

For more of Kitty Kath, check out FHM.com.ph

What does it take for a guy to approach you?

Confidence! I hardly get approached or they let their female friends or sisters ask for my number. Shyness is a turn-off, guys.

How would you recommend a guy overcome shyness?

Maybe he should just think about his good qualities, like even when he isn't the best looking guy but he is very sweet and funny then looks don't really matter anymore. Most girls like guys with a good portion of humor.

Ideally, how should a guy ask for your number?

Just start with a simple "Hey pretty, how are you?" or maybe pretend you don't know what time it is, ha ha!

What do you like in the bedroom? Any dislikes?

I just like to feel sexy and love to dress up in sexy outfits. Don't laugh at me now but I like to wear stripper shoes in bed, ha ha! I dislike it when the guy is selfish and only thinks about his own pleasure.

Do you have any final words for the *FHM* readers?

If you're hot and want my number then grow some balls and approach me. If you are not hot please don't approach me, ha ha! Just kidding. **FHM**

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FHM
on your iPad.

FHM
HI! I'M...
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TEDDY VER
KENNETH SY
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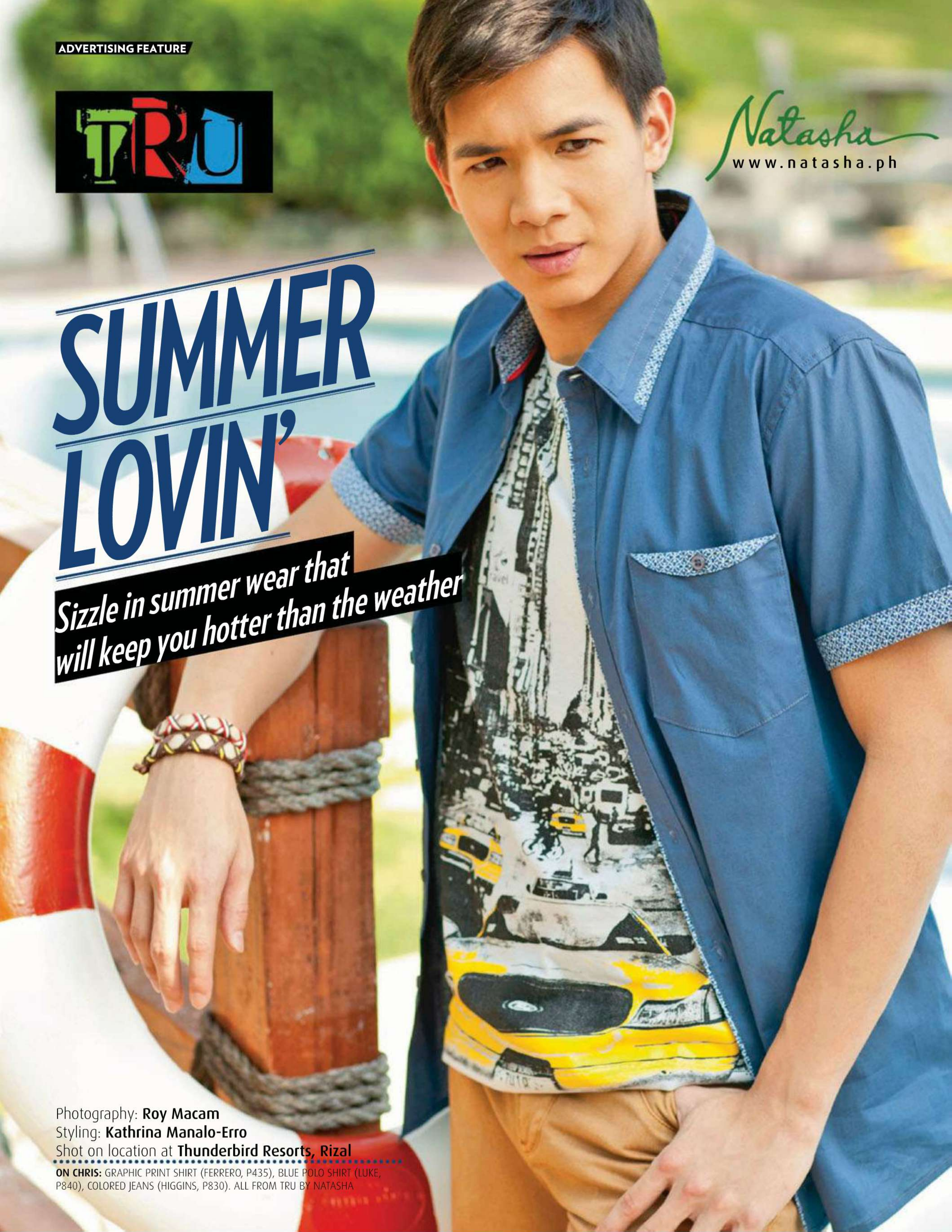


SUMMER LOVIN'

Sizzle in summer wear that will keep you hotter than the weather

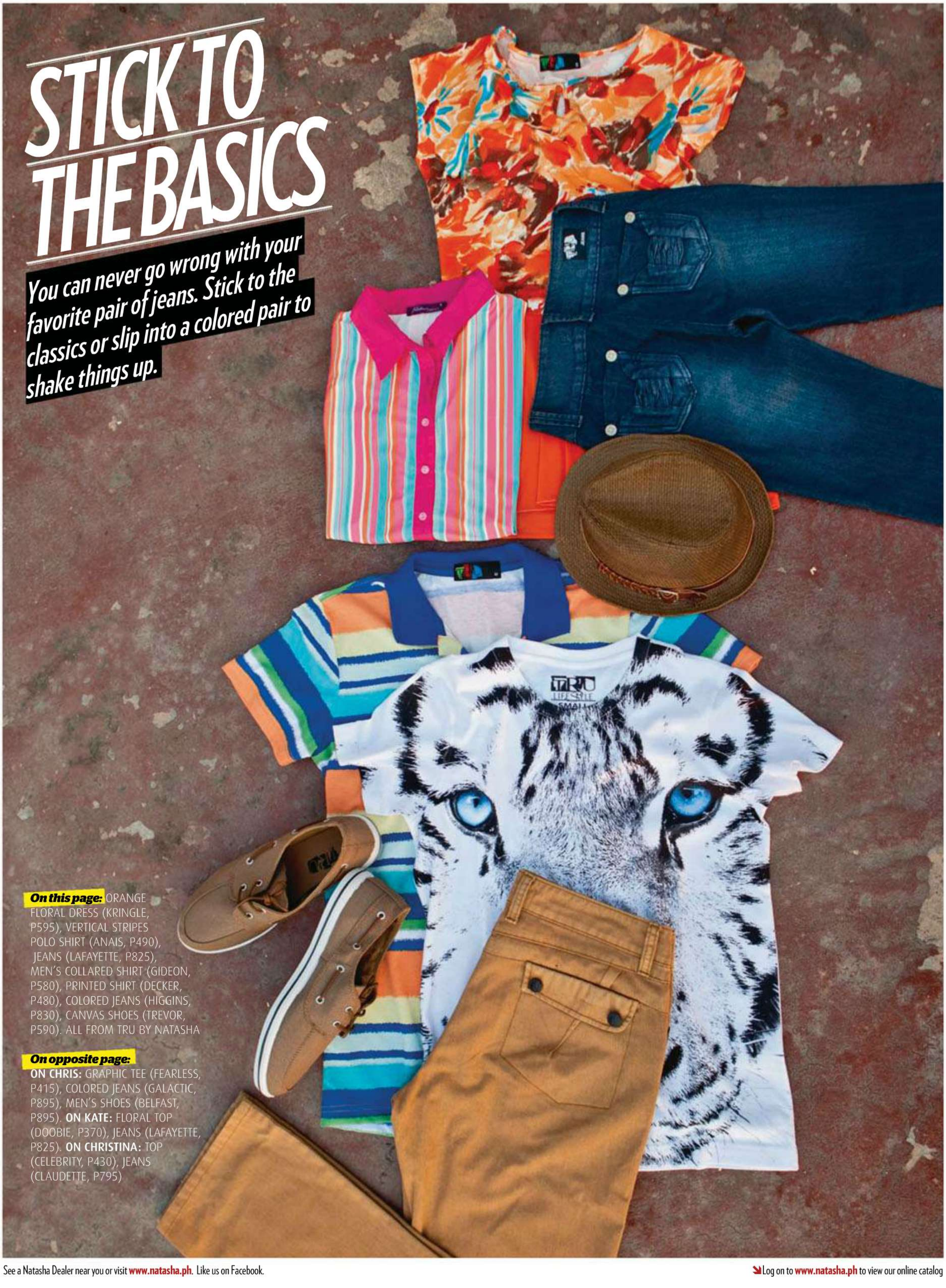
Photography: **Roy Macam**
Styling: **Kathrina Manalo-Erro**
Shot on location at **Thunderbird Resorts, Rizal**

ON CHRIS: GRAPHIC PRINT SHIRT (FERRERO, P435), BLUE POLO SHIRT (LUKE, P840), COLORED JEANS (HIGGINS, P830). ALL FROM TRU BY NATASHA

Surfing
ALL I WANT
IS TO
SURF

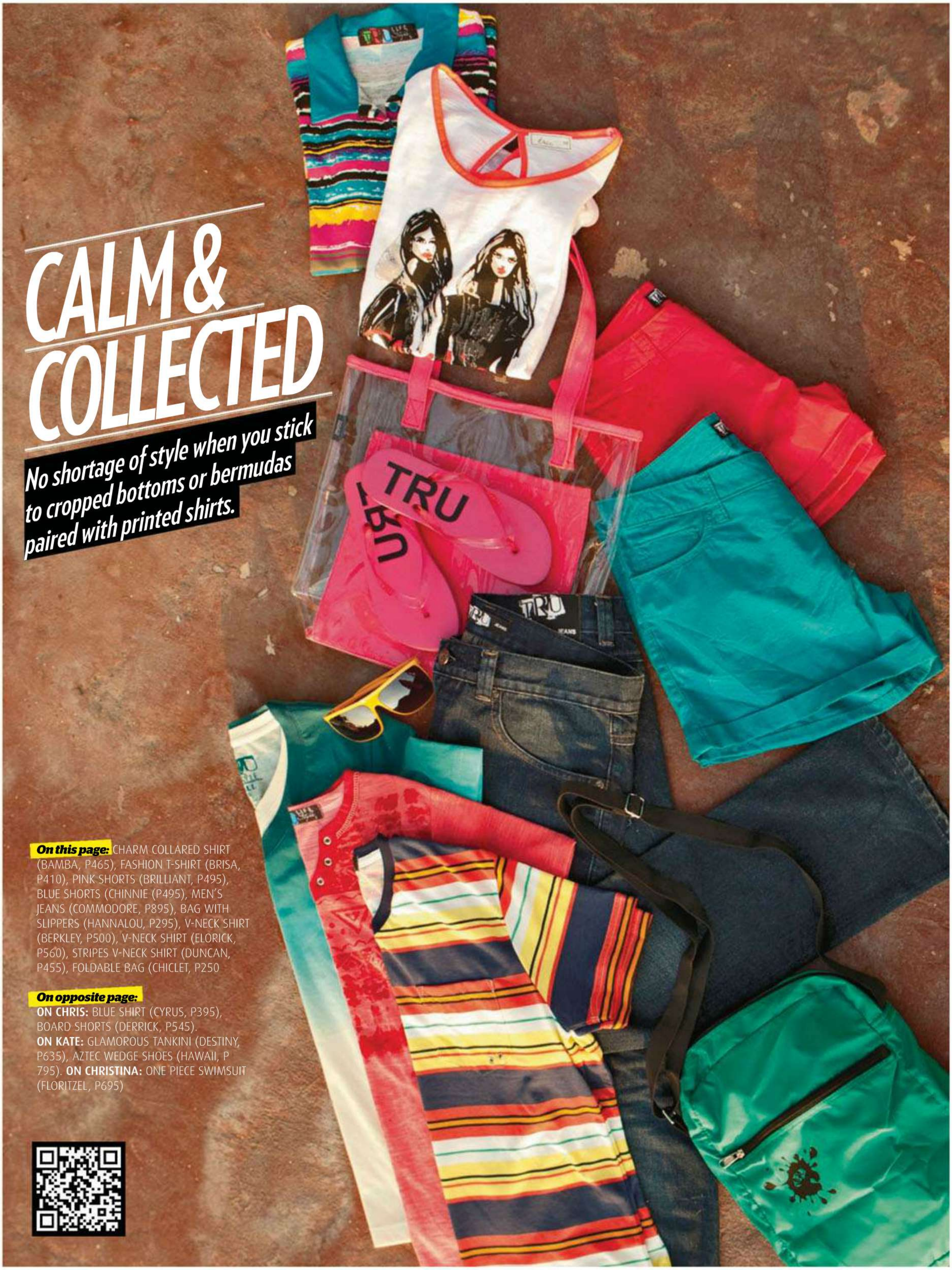
STICK TO THE BASICS

You can never go wrong with your favorite pair of jeans. Stick to the classics or slip into a colored pair to shake things up.



On this page: ORANGE FLORAL DRESS (KRINGLE, P595), VERTICAL STRIPES POLO SHIRT (ANAIS, P490), JEANS (LAFAYETTE, P825), MEN'S COLLARED SHIRT (GIDEON, P580), PRINTED SHIRT (DECKER, P480), COLORED JEANS (HIGGINS, P830), CANVAS SHOES (TREVOR, P590). ALL FROM TRU BY NATASHA

On opposite page:
ON CHRIS: GRAPHIC TEE (FEARLESS, P415), COLORED JEANS (GALACTIC, P895), MEN'S SHOES (BELFAST, P895). **ON KATE:** FLORAL TOP (DOOBIE, P370), JEANS (LAFAYETTE, P825). **ON CHRISTINA:** TOP (CELEBRITY, P430), JEANS (CLAUDETTE, P795)



CALM & COLLECTED

No shortage of style when you stick to cropped bottoms or bermudas paired with printed shirts.

On this page: CHARM COLLARED SHIRT (BAMBA, P465), FASHION T-SHIRT (BRISA, P410), PINK SHORTS (BRILLIANT, P495), BLUE SHORTS (CHINNIE (P495), MEN'S JEANS (COMMODORE, P895), BAG WITH SLIPPERS (HANNALOU, P295), V-NECK SHIRT (BERKLEY, P500), V-NECK SHIRT (ELORICK, P560), STRIPES V-NECK SHIRT (DUNCAN, P455), FOLDABLE BAG (CHICLET, P250

On opposite page:
ON CHRIS: BLUE SHIRT (CYRUS, P395), BOARD SHORTS (DERRICK, P545).
ON KATE: GLAMOROUS TANKINI (DESTINY, P635), AZTEC WEDGE SHOES (HAWAII, P 795). **ON CHRISTINA:** ONE PIECE SWIMSUIT (FLORITZEL, P695)

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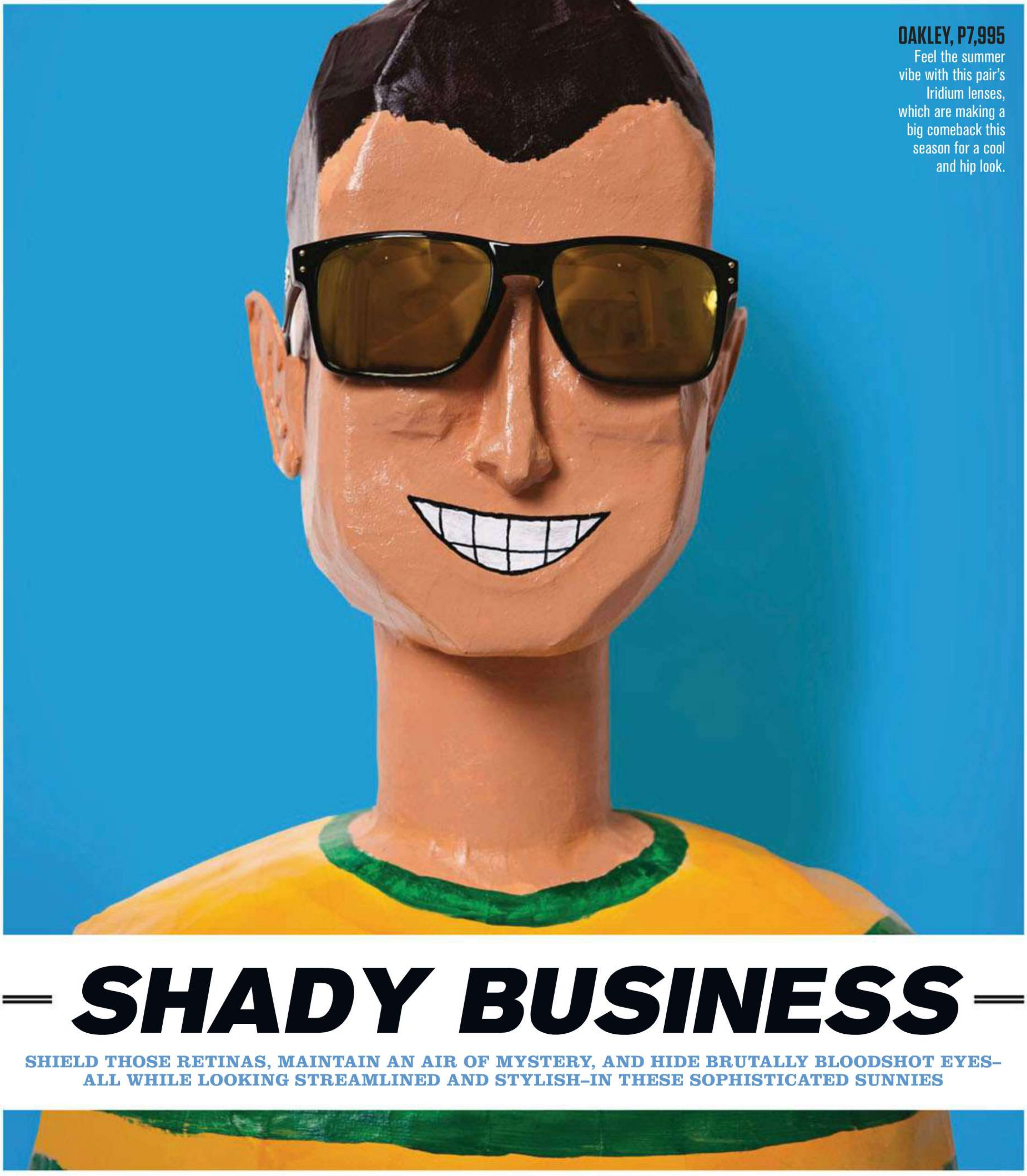
WHAT TO BUY AND HOW TO WEAR IT

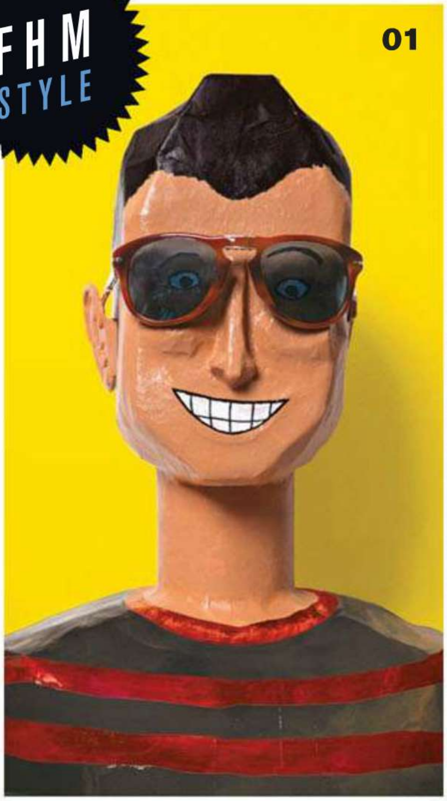


OAKLEY, P7,995
Feel the summer vibe with this pair's Iridium lenses, which are making a big comeback this season for a cool and hip look.

SHADY BUSINESS

SHIELD THOSE RETINAS, MAINTAIN AN AIR OF MYSTERY, AND HIDE BRUTALLY BLOODSHOT EYES–ALL WHILE LOOKING STREAMLINED AND STYLISH–IN THESE SOPHISTICATED SUNNIES

PHOTOGRAPHY: HEIDI AQUENDE; STYLING: HAPPY LOPEZ; CUSTOM HEAD DESIGNED BY GENIE RANADA-BABISTA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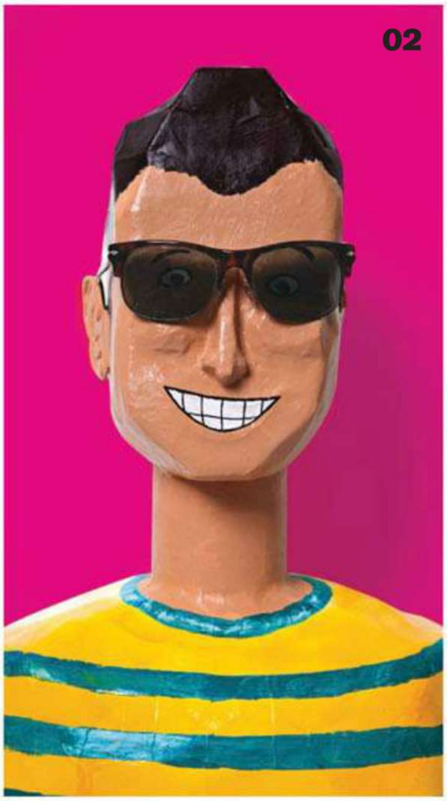
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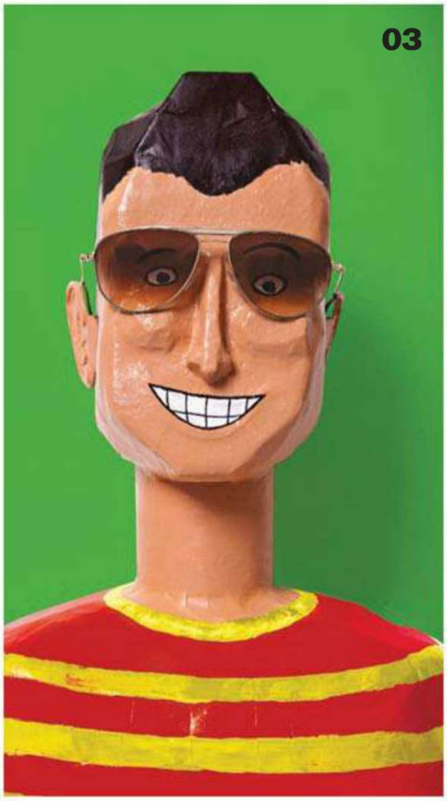
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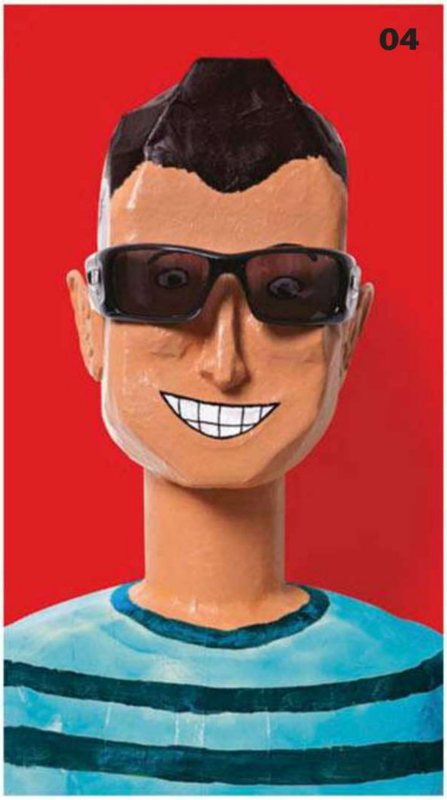
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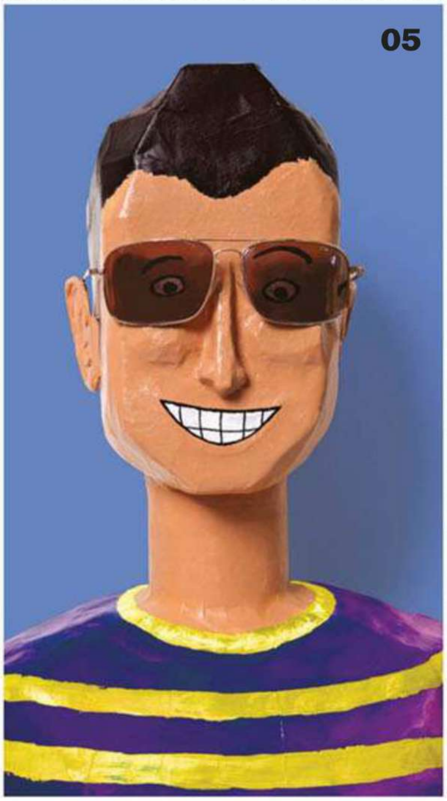
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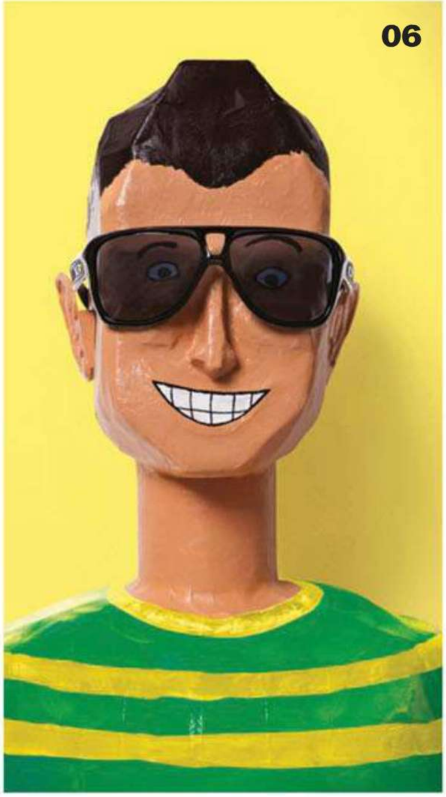
06

01 PERSOL, P15,995
No more crushed glasses. Aside from the trendy retro tortoise frame, you can fold this pair up and easily stash them in your pocket for safekeeping.

02 PERSOL, P19,495
Who says the '80s are dead? Channel your inner James Spader. Keep it classic with a wayfarer that goes with just about anything in your wardrobe.

03 TOM FORD, P27,495
If you can't afford your own airplane, then just look fly by looking like you fly one with this updated and sophisticated aviator.

04 OAKLEY, P6,995
Show off your sporty side with this pair that's perfect for roughing it outdoors. Because, you know, nothing says "athletic" like a cool pair of Oakleys.

05 TOM FORD, P22,195
Though the price isn't minimal, fine-rimmed and rectangular-framed shades are a bold expression for the simple and minimalist.

06 OAKLEY, P7,595
A pair with a slightly oversized frame but lightweight design has that street style feel that will have you lording heavily over the urban jungle.

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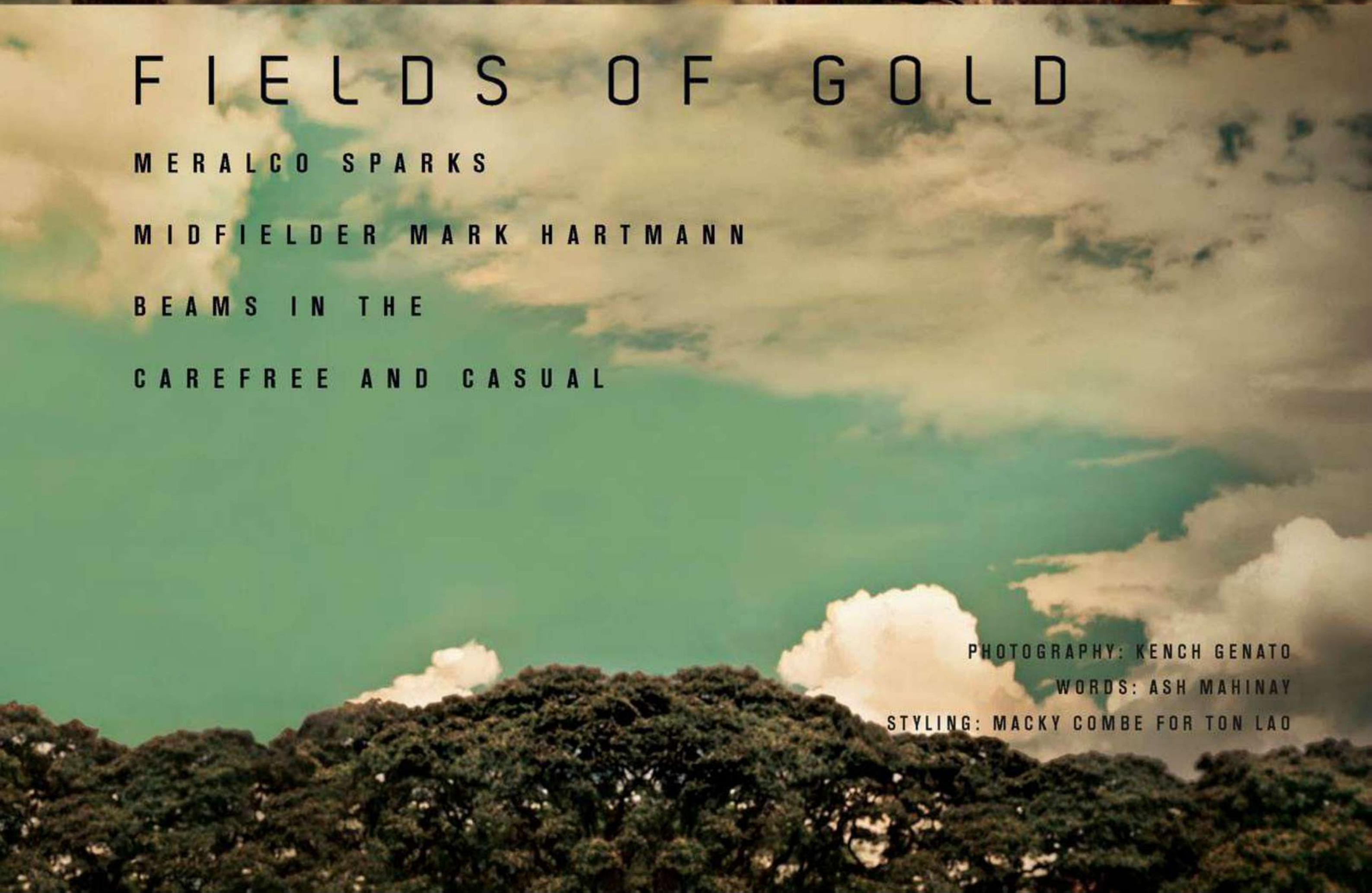
TOP PHOTO:
LIGHT GRAY POLO WITH FRONT POCKET, DIESEL, P7,450; MAROON SANDO, STYLIST'S OWN; CAMOUFLAGE PANTS, MARC BY MARC, P13,750

BOTTOM PHOTO:
BLUE SANDO WITH POCKET, STYLIST'S OWN



FIELDS OF GOLD

MERALCO SPARKS
MIDFIELDER MARK HARTMANN
BEAMS IN THE
CAREFREE AND CASUAL

PHOTOGRAPHY: KENCH GENATO
WORDS: ASH MAHINAY
STYLING: MACKY COMBE FOR TON LAO

BEIGE SHIRT, DIESEL, P7,250; GREEN SANDO, STYLIST'S OWN; BLUE SHORTS, HUGO BOSS, P8,950

OPPOSITE PAGE: WHITE SHIRT, BROWN TROUSERS, BROWN SHOES, SHADES, STYLIST'S OWN

Mark Hartmann lives in the spotlight. Playing as center midfielder for the Loyola Meralco Sparks, he sees no escape from the attentions of his teammates, opponents, and fans. They scrutinize every run, every perfectly weighted pass, and every one of his wickedly accurate free kicks.

There's little room for error when you're positioned at the heart of the pitch. Though, judging by his performances in the Sparks' demolition jobs of their United Football League (UFL) rivals, Mark isn't fazed by the pressure. The 21-year-old is eager to add to the victories he's had in his three-year career with the club. Mark's talent is also landing him in the spotlight off the pitch, and he's got no problem with that either—especially in the fashion department. Footballers are known to be picky dressers and Mark agrees. "It's nice to wear nice clothes," he says. "If you look good, you feel good." This young man has definitely got the world at his feet.

WHITE SHIRT WITH DIAMOND PRINT, DIESEL, P5,7450; GREEN MILITARY JACKET, DIESEL, P24,250; DENIM PANTS, STYLIST'S OWN

MAN ON POINT

MARK HARTMANN SHOWS YOU THE BREEZY SIDE OF DRESSING UP (OR DOWN)

Know the leaders in your style game, but develop your own look
"Footballers definitely watch what they wear and keep up with fashion. Now I don't really follow them but some footballers might look up to the likes of Cristiano Ronaldo, who has his own clothing line, and obviously David Beckham—both very fashionable. You can check out what they're wearing or not wearing."

Express your flamboyant side on the pitch, and balance things with the understated cool off it
"My boots right now are bright-green Mizunos—they're my lucky boots. I think I play better in them compared to my black or white pair, I'm not sure if its cause I stand out more. I am a supporter of wild colored boots, if you look there are players with bright orange, yellow—even pink boots! Off the pitch, I keep it simple, though, I stick to a clean white pair."

It's not bad to walk around in your playing shorts after a game–you deserve it
"Obviously, after the game you're all hot, so I like to wear my playing shorts, my vest and my flip-flops. Of course, I don't mind going into a McDonald's or some restaurant after a game in those, ha ha!"

But don't use it as an excuse to look like a slob
"On a regular day, I like to keep it low-key and just wear casual clothes—a nice pair of jeans, a nice polo, and nice shoes. If I'm going to an event at night, I put a jacket on, or a nice blazer, and that's about all you need, really!"

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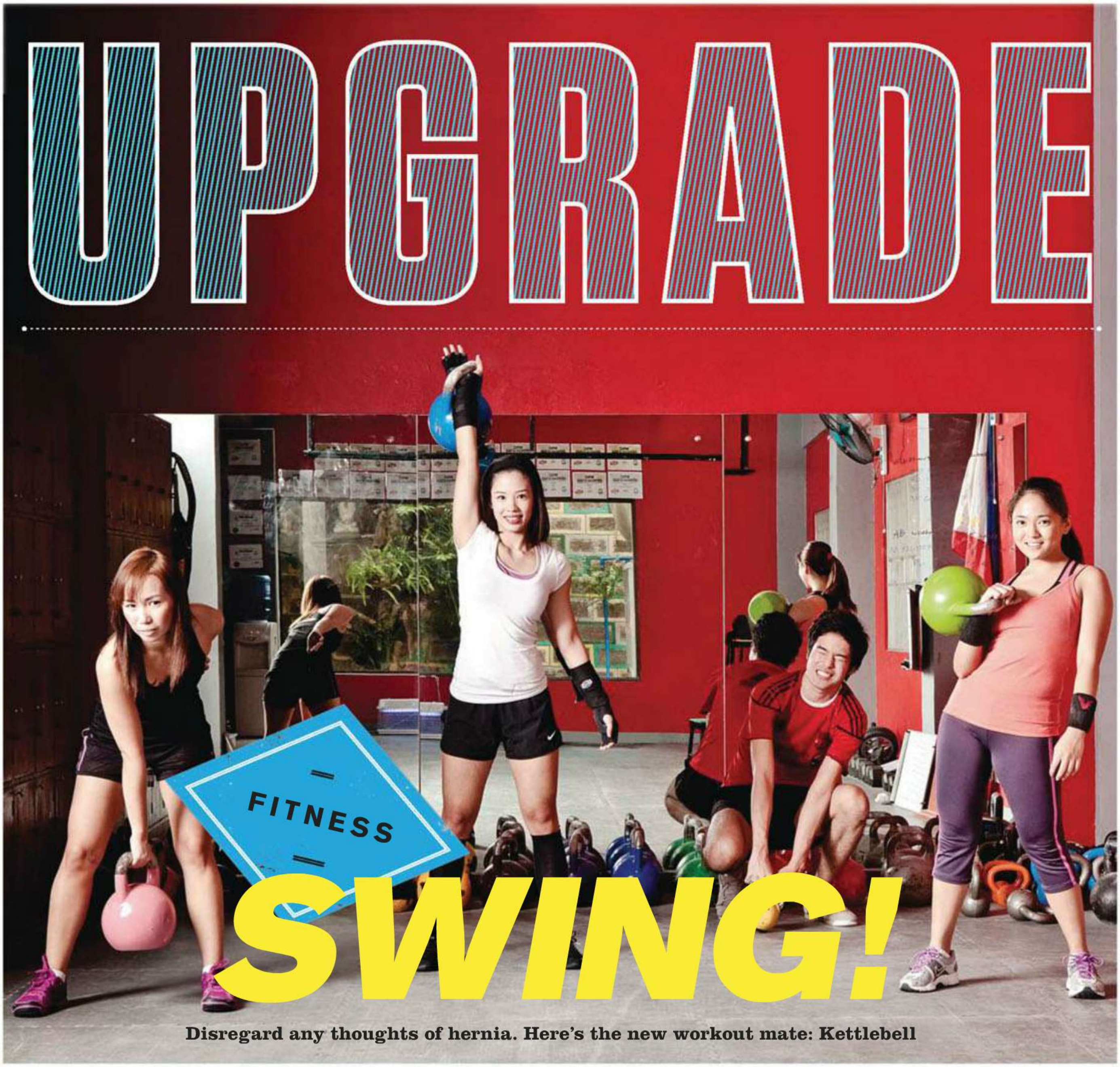


FITNESS

SWING!

Disregard any thoughts of hernia. Here's the new workout mate: Kettlebell

We'd never give up our trusty (and rusty) dumbbells and barbells, we promised ourselves as we trekked to L3F Kettlebell Gym in Parañaque, where *FHM* was set to give these heavy iron bells a try. Mind you, we only agreed to the assignment because we were told that the moves were going to be demonstrated by very fit, very pretty ladies.

Kettlebells are oddly shaped, and that's where its body-sculpting powers lie. The center of mass is placed in such a way that swinging it is imperative, as opposed to plain old free weights where lifting is all you need to do. Coach Tim Ayson guided us through the basics, where it became evident that despite the off-putting amount of explosive energy we were expected to dispense in swinging the bell, the whole routine was basically a lazy man's way of lifting weights.

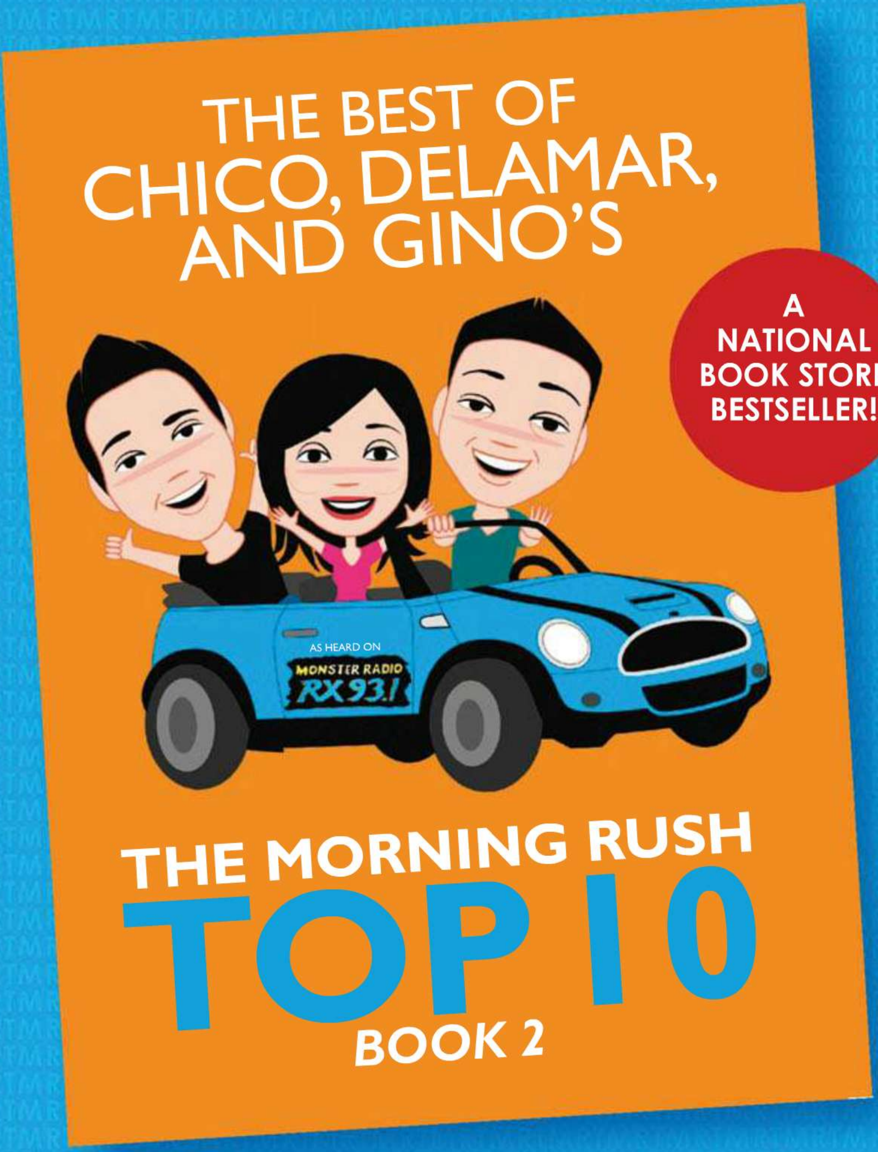
After a few silly-looking swings, we got the hang of the body movement. Forgetting what an ass we looked like in the mirror, we felt strangely manly and powerful—the Russians who made this into a sport sure knew what they were doing, we thought. We vaguely considered changing our name to Vladimir and eating raw egg yolks for breakfast.

That is, until we saw the kettlebelles swinging bigger bells effortlessly, transitioning from move to move without missing a beat. Another plus with kettlebells is that each move is built upon another, creating a whole range of movement that targets and sculpts your muscles Master the swing, you're on your way to the clean, so on and so forth—it involves a great deal of timing and momentum.

All in all, it looks like we'll be giving kettlebells a fair chance and a permanent spot in our (loosely defined) fitness routine. We're using our newfound swinging skills and strength to chuck our dumbbells into the trash.

PHOTOGRAPHY: DAIRY DARILAG; WORDS: MICH R. LAGDAMEO; SPECIAL THANKS TO L3F KETTLEBELL GYM, FIND L3F KETTLEBELL GYM ON FACEBOOK

When is 2 = 3?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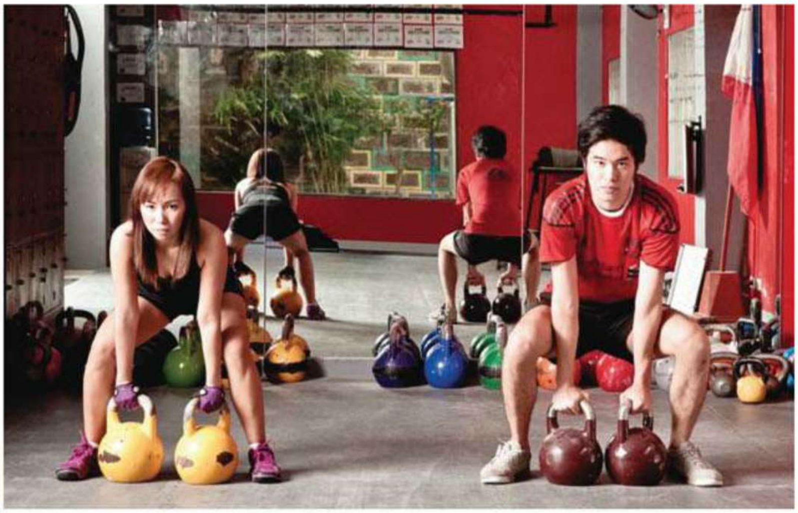
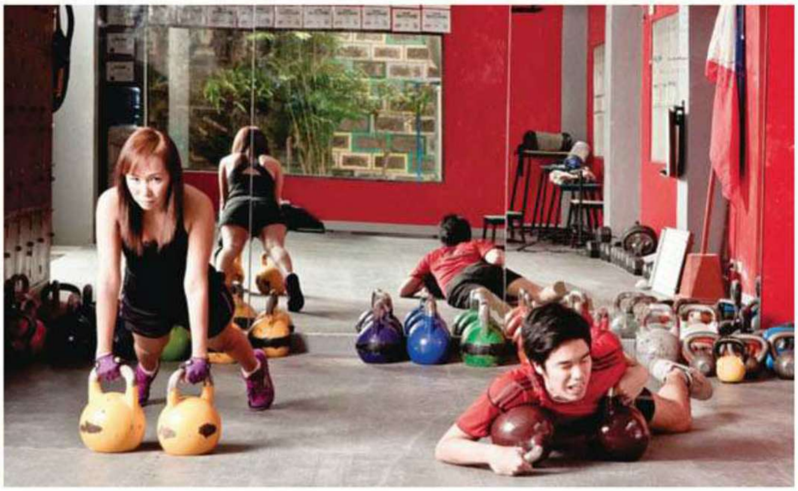




KETTLEBELL TUCKS

1 Stand over two kettlebells with the middle part of your shoes positioned in the middle of the kettlebell. Squat down and hold the handles.
2 Jump into a pushup position. Pause. Jump back toward the starting position. That's one repetition.
3 Core should be stable. Your butt should be aligned with your abs.

MAN-WEIGHTS!

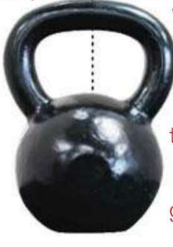
WHY KETTLEBELLS = TESTOSTERONE

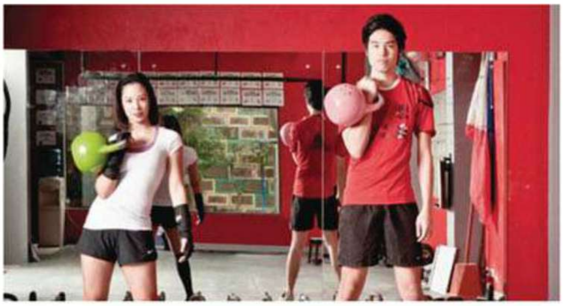
It's a legit sport. Credited to the Russians, kettlebell lifting has been organized into a sport with weight classes, required lifts, and time limits. In fact, Team L3F was the first and only Filipino team to compete in the Asia Kettlebell Championships in Singapore last March.

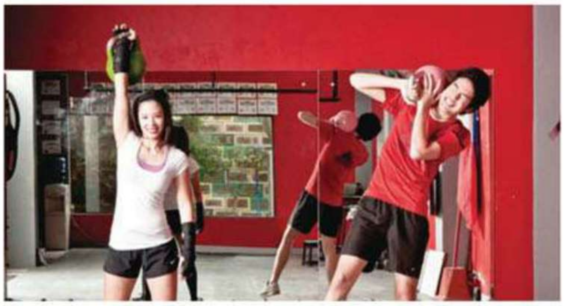
It plays to your *katamaran*. Whereas normal weightlifting targets only specific muscles (and requires cardio), kettlebell exercises are "compound lifts. That means you're using your entire body as one unit to lift the kettlebell," says Coach Tim. Which means more muscles being targeted in less time—and it's a high-intensity workout that burns more calories than regular weights. Efficient!

It can make you the spitting image of Hercules. "Paired with a balanced diet, you can say hello to toned abs, a good butt-shape, and strong, broad shoulders—just what the ladies like," winks Coach Tim.

It ups your sack skills. Coach Tim notes arm endurance, maximized hip-thrusting, and a better handling of significant amounts of weight. You know where that's applicable, gentlemen.

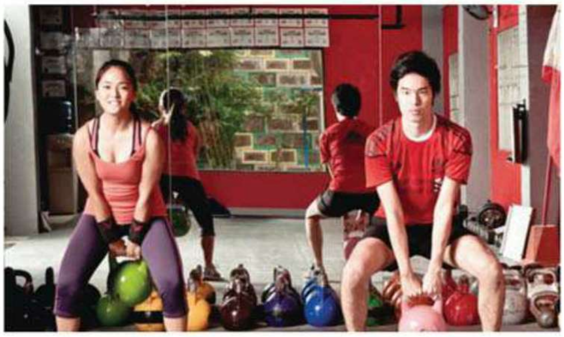


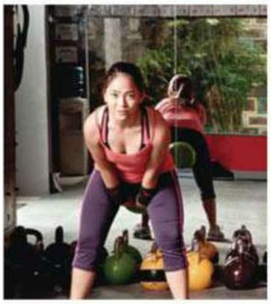


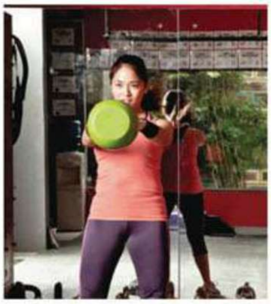


KETTLEBELL PUSH PRESS

1 Go to the rack position (putting the bell diagonally aligned to your hands and tucking your elbows in). Elbows should be touching the torso.
2 Bend your legs and explosively stand up while simultaneously raising your arm. Pause at the top of the movement. Repeat.
3 Pause at the bottom and at the top portion of the repetition.







KETTLEBELL CHIN LEVEL SWINGS

1 Stand one step behind the kettlebell and grab the handles in a squat and stable position.
2 With a slight bend of your knees, put your hips and butt backwards then explosively stand up in order to contract your thighs and butt. This resembles a pendulum motion.
3 Think of it as a "Midnight move."

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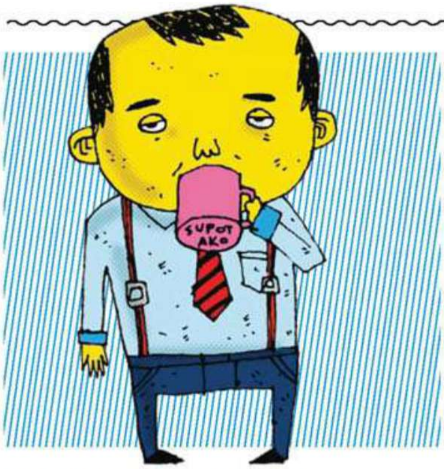
ETIQUETTE

FOOLS RUSH IN

We love a good gag—and so should you, if you're not on the receiving end. Liven up a boring day with some foolproof funnies good for a few laughs. Brace yourself for retaliation



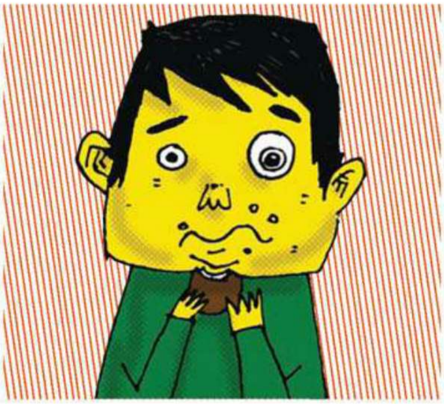
THE COFFEE BREAK CAPER

Victim: Your boss

Provided: That he is a) a generally cool guy, b) not on the verge of sacking your ass for other crap you've already pulled, and c) he isn't about to take his mug into an important meeting

Materials: Your boss's coffee mug/disposable styro cup; a marker

M.O.: Find access to your boss' mug before the usual afternoon merienda break. Scrawl some choice words on the bottom of the mug. Our favorite, for a particularly rotund workmate: "*Taba*." Watch people giggle at his every sip. Run away before he notices why.



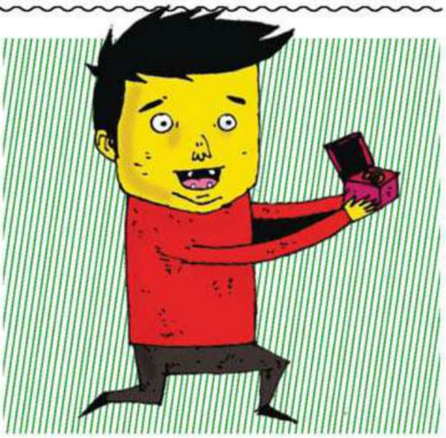
THE MINTY OREOS

Victim: Gluttonous friends, workmates, or siblings

Provided: They are hungry and willing to eat whatever's on the table.

Materials: A pack of Oreos, a tube of toothpaste

M.O.: Privately open a pack of Oreos and replace the creamy, dreamy white stuff inside with a generous squirt of plain white toothpaste. If it helps, freeze the toothpaste a bit to make it more "solid." Leave open pack of Oreos out in a common area for consumption. Watch them all gag.



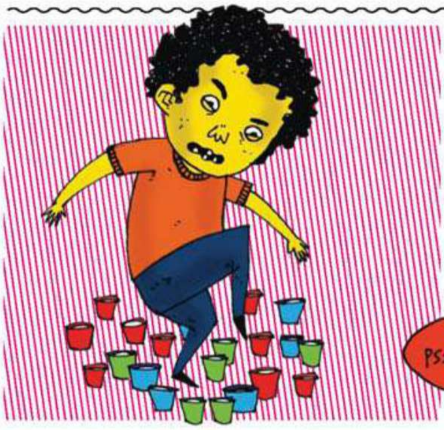
THE UN-ENGAGEMENT

Victim: Your girlfriend

Provided: That marriage isn't already a hot topic. And that she isn't PMS-ing, because then the joke's on you, buster.

Materials: Those fancy velvet boxes, an annoying keychain, and a particularly romantic spot (optional: a bud in hiding armed with a camera)

M.O.: You know the drill. Take your girlfriend to dinner, a walk, whatever. Make it seem special. Go down on one knee, and as she is about to die from *kilig*, open the box and show her the beautiful keychain you bought for her inside.



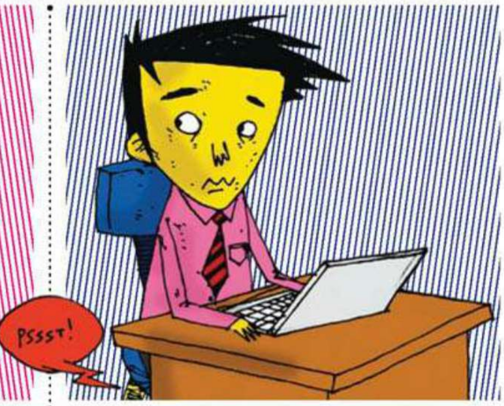
THE WATERY WATCH-YOUR-STEP

Victim: Your housemate or siblings

Provided: None of your own stuff that you don't want wet are close by

Materials: Plastic cups, lots of water

M.O.: Given that you're alone in your room/apartment and you're waiting for your buddy to get home, get busy with this easy caper. Start covering the floor with cups of water, close enough together to prevent him from stepping around them. Cover a large enough surface that he either has to pick up and drink the glasses of water just to get past the door. *Hirit*: "*Uhaw na uhaw ka ah!*"



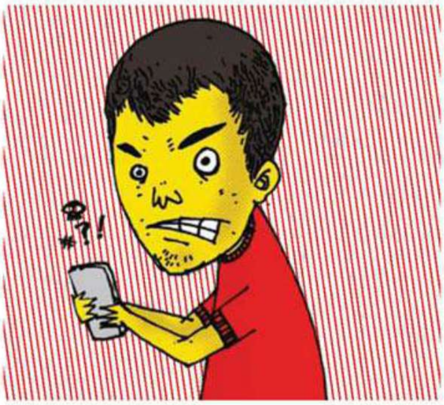
THE I'M-HEARING-THINGS GAG

Victim: Your annoying co-worker a few cubes away

Provided: He isn't the type to wear earphones in the office, is easily excitable

Materials: Borrow someone's baby monitor, or if you can still find them, a walkie-talkie

M.O.: Come in early and masking tape one monitor or a walkie-talkie underneath your victim's chair. Secure it and leave it on. Make noises, call his name, '*Psst*', and generally annoy him with noises. Watch him go insane with *kapraningan*.



THE FANTASY PHONEBOOK

Victim: Your *kabarkada* who can't seem to let go of his fancy new phone

Provided: You can steal his phone away from him for a while—perhaps let an accomplice distract him?

Materials: Your buddy's phone, lots of imagination

M.O.: Change all (if not, most) of his phone book entries to fictional characters or famous people. Let your *kakunchaba* friends pick the characters they want and send the victim random texts according to character. Relish in his frustration.

WORDS: MICH R. LAGDAMEO; ILLUSTRATION: ARNOLAND (ACIDORANGEGROUND.TUMBLR.COM)

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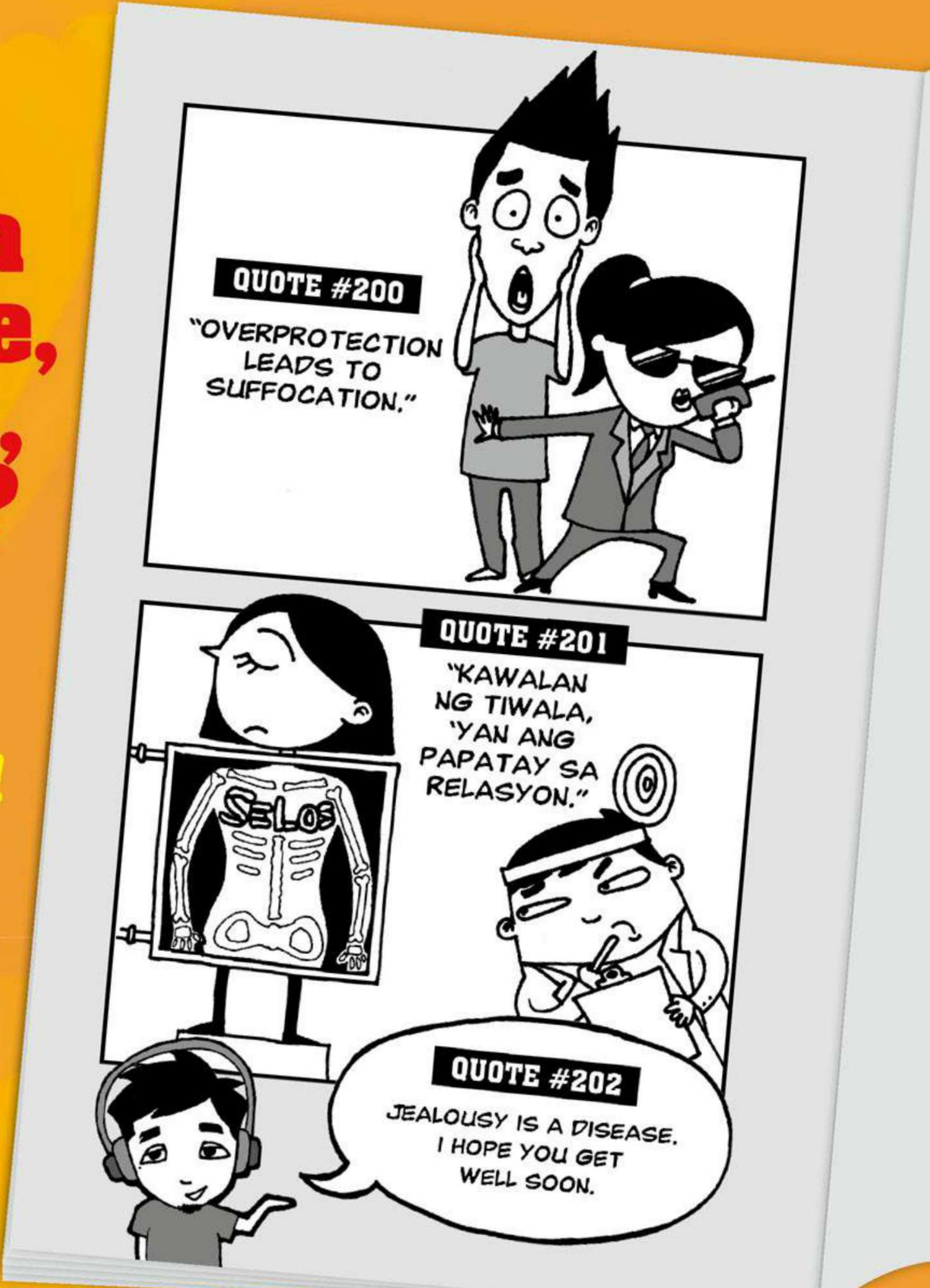
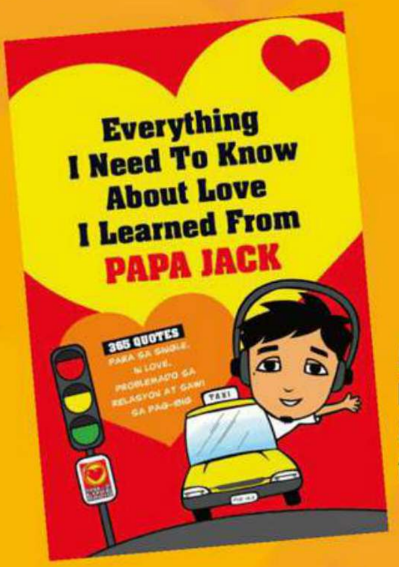

QUOTE #200
"OVERPROTECTION LEADS TO SUFFOCATION."
QUOTE #201
"KAWALAN NG TIWALA, 'YAN ANG PAPATAY SA RELASYON."
SELOS
QUOTE #202
JEALOUSY IS A DISEASE. I HOPE YOU GET WELL SOON.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FYI
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Engine: 2.5-liter 4-Cylinder In-Line, 16V DOHC, Dual VVT-I, electronic fuel injection with 6-Speed Automatic with Super ECT
Max output:
178 hp@6,000 rpm
Max torque:
231Nm@4100 RPM **Price:** 2.5V (the model we drove) is P1.681 million; the 3.5Q is P2.082 million; while the 2.5G is P1.451 million

WORDS: GELO GONZALES; MAIN PHOTO: PAUL MONDOK; CAR INTERIOR PHOTO COURTESY OF WWW.TOYOTA.COM

By and large an executive coach, poor old Toyota Camry once could never get any extended glances from boys whose definition of a cool car only had two doors, was presumably red, and whose top could be taken off. Then the model's sixth generation rolled along, and gave these same boys a good ol' shakedown, forcing them to look a second and third time at its grown-man-but-definitely-not-old brand of cool.

The next-in-line, the All-New 2013 Camry, is more of a well-groomed gentleman: the sides and the fenders have been smoothed out like a nice, still iron-warm button-down shirt; the headlamps and rear lamps have taken on a pointier appearance like lapels on a suit; and the subtly-contoured hood directs one's eyes to the shiny, silvery front grille like the sheen of pomade on hair. The Camry indeed exudes a very refined, elegant appearance.

Sometimes though, complete refinement can translate to domestic castration. Hence, our question: "Does this much-refined model have any balls?" To find out, we took it out of its comfort zone, and drove 500 kilometers away from the city.

On this 2.5V variant (it's the mid-range model in between the entry level 2.5G and top-of-the-line 3.5Q) is a 2.5-liter engine that produces 176hp and 231 Nm of torque mated to a six-speed sequential automatic transmission. On the expressway, it proved to be the confident cruiser, charging through with incredible stability and little outside noise seeping in. It's practically a crib in there, with a rear that's spacious enough to double as a bed, 3-zone climate control that allows every passenger to adjust the air-con to their needs, and most important, an iPod-compatible sound system that rightfully matches the car's high-end trim. Heck, it even has a power-assisted rear sunshade in case your wayfarers aren't cutting it.

Apart from navigating stretches of roads in disrepair, overtaking trucks and tricycles is a big challenge driving in the rural areas. For this, we played around with its manumatic mode, downshifting at will to accelerate quicker when overtaking. It's somewhat unnecessary though because the full-auto mode does the job better, with the most suitable gear selected according to the level of aggression you need. If this is what chauffeurs get to drive, well, we're jealous; it's surprisingly spirited.

On downhill-winding roads you'll feel the weight of the car, but thanks to the 16-inch front disc brakes and 15-inch disc for the rear, you're never really in danger of careening off a random cliff. ABS, Brake Assist System, and airbags come standard in all trims.

Arriving at our destination, the Camry couldn't have looked more out of place amid coconut trees and cows. It's a car bred for the city—but like the hardworking man who rides in it, the Camry looks good in a vacation setting, too.

BIG BAD BIKE

We can now buy a Harley-Davidson off the showroom floor. Now, where do we get the money...

It has been around for more than a century and it has been everywhere but here. At least, the ones you can actually buy off the dealership. But hey, something about our nascent working economy must be telling the big brands to set up shop here, so Harley-Davidson decided to partner with a distributor, CATS Motors, to sell their bikes here.

To announce their presence here (not that they really needed to, since we've had Harley clubs here for quite a while), they launched the brand with an outdoor beer-and-barbecue and a rock concert. As expected, real biker hogs as well as those aspiring and/or living the biker life vicariously came out to welcome the icon. Bands who performed were chick-hard rockers General Luna, and *senyores* The Dawn and The Jerks.

You might be curious to ask who the first owner of a local store-bought Harley is. Well, they gave the key to the first customer at the event. It was not any one of the *FHM* staff (who even had a hard time giving tips to the bartenders handing out the beer), but film and commercial director Mark Querubin.

"I've been losing sleep for three nights [for this]. I'm so excited," he said at the event.

Well, sleep tight, Mark. We'll be stealing your steed in our dreams.

Harley-Davidson of Manila is located at 1008 EDSA, Greenhills, San Juan

WORDS AND PHOTOS: CHRIS LUCAS

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THE CENTERPIECE
Slimmed down outside and beefed up inside, ASUS Transformer AIO is an all-in-one PC that packs a third-gen Intel Core processor, up to 8GB of RAM, and Nvidia GeForce GT730M graphics to provide virtual muscle for your computing chores inside what just looks like a monitor. But didn't we say all-in-one PC? That's your CPU, ports, and display all in one package. The best bit? The display can be detached and used as a stand-alone Windows 8 tablet!
Score for: P59,995
At: Asus dealers and resellers

DESKTOP JUKEBOX
Compatible with a ton of file types, Western Digital's TV Live Hub functions as your all-in-one repository for multimedia files where you can store and view, erm, documentaries, Blu-ray movies, and photos with a healthy 1TB of capacity. Want to access content on the *net*? Using optional wireless accessories, you can connect the device to the Internet and watch premium videos online.
Score for: P9,900
At: Beyond the Box

1 TERABYTE WORTH OF MEDIA

WORDS: NEPS FIRMALAN, ASH MAHINAY

EASY ON PALMS

KEYING IN

Light and slim, Logitech's K400r Bluetooth keyboard demands lesser space from keyboards you're used to. The keys are *sakto* in size for a smaller keyboard. A built-in trackpad with left-and-right mouse buttons on the left side of your keys, also mean you can do without a separate mouse—perfect if you need to whisk it off your desk and start typing off another computer in the meantime. And with Bluetooth connectivity, what's stopping you?

Score for: P1,900
At: Logitech

SLEEK CLICK

More eggy than mouse-y, Sony's Bluetooth Laser Mouse may be small and can easily disappear under your big manly hands, but this wireless mouse won't crack under pressure—it's 800dpi laser navigates smoothly on any surface whilst allowing for swift movements.

Score for: P1,999
At: Sony dealers

MEATY SOUNDS

AKG K550's initial buttery, leathery smell that gave us the meat sweats is the first sign of premium performance to expect. Its 50mm drivers, the largest in AKG's line, provide killer sound. If you've never worn a reference-class pair of headphones before, the K550's build may be heavy and intimidating. But once you slip them on, you'll never want to leave your own personal concert.

Score for: P14,995
At: Beyond the Box

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The average USB flash drive isn't a wireless device, but you can turn it into one with the iUSB Port! Just plug it in and its contents can now be seen and accessed on your iPhone, Android smartphone, tablets, and other Wi-Fi-enabled devices! No need to physically plug and remove flash drives repeatedly, the iUSB Port gets the job done wirelessly and with no frills.

Score for: About P4,000 ($99.95)
At: hypershop.com

ROUTING CLOUT

Asus' RT-AC66U looks good with a façade criss-crossed by faint lines and a sleek frame that makes it less humdrum than other routers—because really, what else makes them exciting? We can think of a few things: you can connect multiple devices to it or use LAN cables to include up to 4 computers in one network. The RT-AC66U can also work with 3G and 4G dongles, thanks to built-in USB ports, and achieve jaw-dropping speeds of up to 1.3Gbps!

Score for: P11,990
At: Asus dealers and resellers

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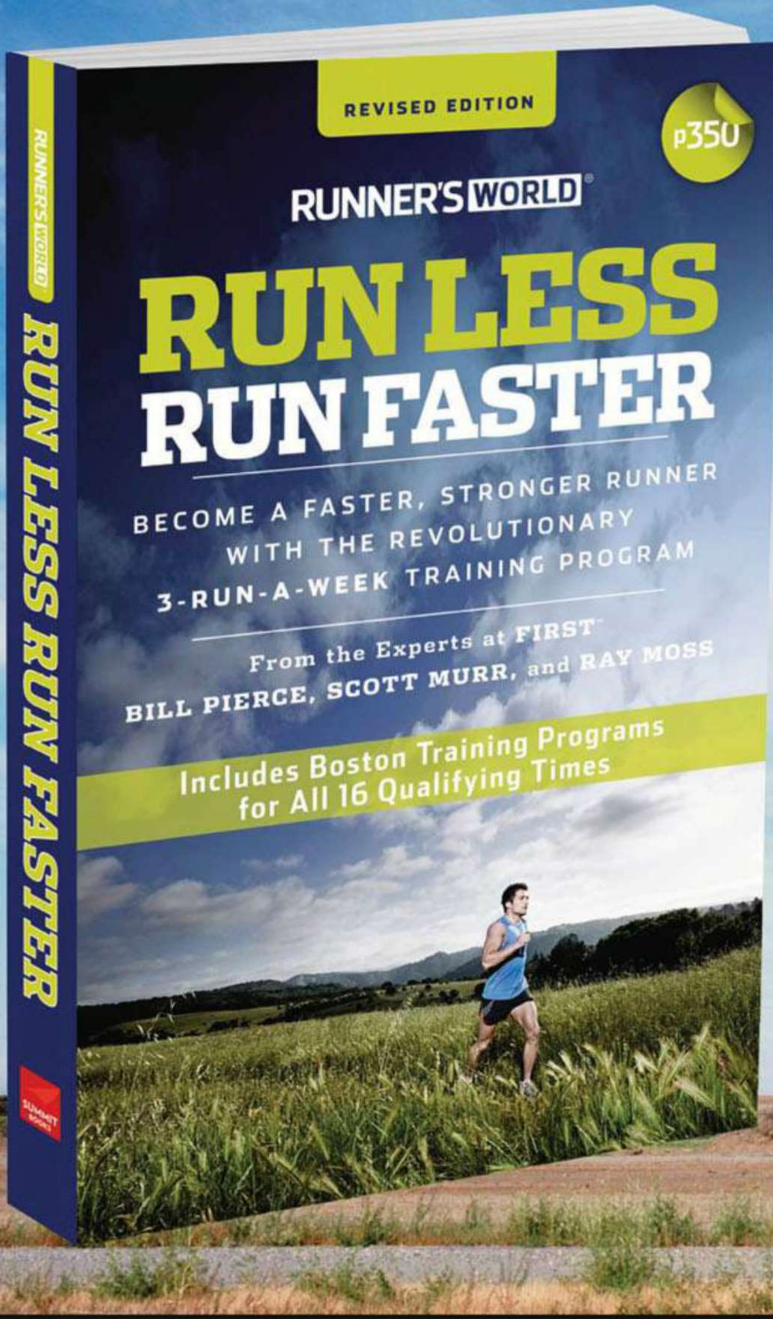
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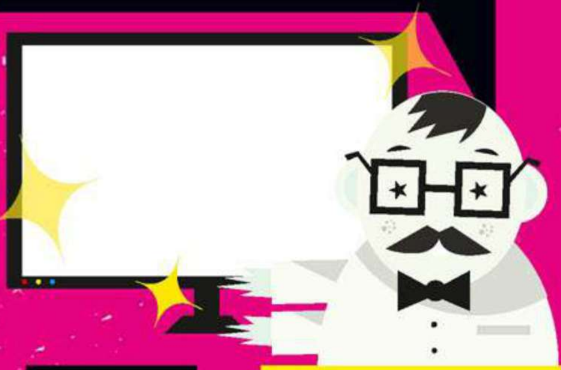
Unsa man?
Sometimes, it seems like technology is in a completely different language. But no, it isn't, and the geeks who are fluent in gadgetese aren't speaking in a strange version of *bekimon.* With just a few choice tech terms, you can decipher the Nerd Code, make sense of your smart phone's spec sheet, make more informed purchases, sound smart, and impress girls. Well, maybe not that last one. Girls really don't care.

WHEN IT COMES TO EVERYONE'S FAVORITE TABLETS, IT'S ALL ABOUT THE SCREEN. AND WHEN IT COMES TO SCREENS, THE FIRST WORD YOU HAVE TO LEARN–IF YOU HAVEN'T ALREADY–IS "CAPACITIVE."

CAPACITIVE TOUCHSCREEN

A tech that allows your phone to detect a conductor, such as your finger. It does it by measuring the change in "capacitance" on the surface of the screen, hence the name. This is the tech that made it all possible–first with the iPhone, then with an army of touchscreen tablets. And the rest is history. We've been poking our gadgets ever since. In the dark days before the iPhone, phones used resistive screens. They basically sucked. No one's going to miss them.



IPS

Short for In-Plane Switching. It's a kind of LCD panel that's superior to your average LCD panel, in much the same way that Beyoncé is prettier and more talented than the other girls in Destiny's Child (hey, someone had to say it). IPS panels display accurate colors from all viewing angles, and they don't display "tailing" when touched. Touch an LCD TV to discover what tailing is (go ahead, we'll wait). Apple uses IPS screens, which according to Steve Jobs perform better than OLED (See: left) screens. That's debatable, but it's just so typical of him, bless his soul. Everyone from Nokia to Samsung to Sony uses OLED or AMOLED (See: below) screens.

PPI

Pixels Per Inch. More pixels per per inch is better.

OLED

Organic Light Emitting Diode screens are also better than your average LCD screen in the same way that Justin Timberlake was obviously the only dude in 'N Sync with talent. Unlike LCD or LED screens, OLED screens are not backlit; they emit light on their own. They're also capable of deep black levels and high contrast.

AMOLED

Active Matrix OLED is an OLED screen that allows for higher resolution.

SUPER AMOLED

Trademarked by Samsung, this screen tech is like an AMOLED screen, just more super. It has 50 percent more sub pixels, it's thinner, brighter, and uses 18-percent less energy. Samsung's Galaxy S3 uses a Super AMOLED screen.

RETINA DISPLAY

A term invented by Apple to describe a screen that has so many pixels packed together that you can't make out the pixels anymore. The actual PPI of a retina display varies. A 5th Gen iPod Touch has the most at 326 PPI while a 15" MacBook Pro with Retina Display has the least at 220 PPI.

SMART PHONES ARE STILL COMPUTERS THAT FEATURE WHIZ-BANG SPECS LIKE MULTI-CORE PROCESSORS AND SUPER BIG NUMBERS.

DUAL-CORE/QUAD-CORE PROCESSOR

Multiple cores in the brain of your phone/computer allow faster processing of tasks. Two brains are better than one, as they say. Though not all the software you run knows what to do with multiple cores, it's still a good thing to have.

GHz

A measurement of a processor's speed, this rating is mostly useless because you can't compare apples and oranges. You can compare same to same, say, a 3.4GHz Core i5 with a 2.7GHz Core i5. But you can't compare an A5 processor with a 1.4GHz Quad-Core Cortex-A9.

HARDCORE
QUAD-CORE
HARDCORE
QUAD-CORE

BENCHMARK

A great way to compare apples and oranges. You make two devices run the same task and time both. The faster one wins.

WIRELESSNESS / MOBILITY

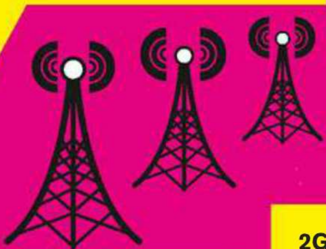
SCREENS AND PROCESSORS ARE ALL WELL AND GOOD, BUT THEY'RE ALL USELESS IF YOU CAN'T CONNECT TO THE INTERNET AT A DECENT SPEED.

LTE
Short for Long-Term Evolution. Who comes up with these names? LTE is a mobile phone communication standard that lets your phone talk to your network. It is currently the fastest way to connect to your network when you're out and about. LTE downlink peak rates are up to 300Mbit/s, with uplink at 75Mbit/s (speeds on your network may vary). To connect to the Internet at LTE speeds, you'll need a phone and a network that are both capable of LTE. So upgrade your phone AND your plan, got it? It's time to step into the world of 4G.

HSDPA
High Speed Downlink Packet Access. These names are so sexy! HSDPA boasts of downlink speeds of up to 42Mbit/s.

4G
The fourth-generation of mobile phone communications standards. Is anyone still keeping track after 3G was such a massive disappointment?

GSM
Global System for Mobile Communications. A standard for second generation digital networks.



EDGE
Enhanced Data rate for GSM Evolution. Yet another name to be ashamed of. And what's with this obsession on evolution? EDGE is basically GSM on steroids. That's why it's also called 2.5G. EDGE has blistering downlink speeds of up to 1Mbit/s, basically 1/300th the speed of LTE – and that's on a good day. WOOT! (See panel.)

3G
The third generation of mobile phone communications standards. Duh.

HSPA+
Also known as Evolved 3G. HSPA+ had downlink speeds of up to 168Mbit/s, and was widely used on WCDMA networks.

2G
The second generation of mobile phone communications was digital. The first generation was analog.

9 WATMYSC TRANSLATION: WEB ACRONYMS TO MAKE YOU SOUND COOL

DOTA
That's *Defense of The Ancients*, old man. *DOTA* is a popular spinoff of Blizzard's *Warcraft 3*.

FML
Fuck My Life. Interchangeable with: a 10-year-old beat me at DOTA.

YOLO
You Only Live Once. Unless you play *DOTA* with that 10-year-old. Then you get to die a thousand times.

SALTS
Smiled A Lot Then Stopped. (Because LOL-ing is so last decade).

AFK
Away From Keyboard

GG
Good Game. After getting your ass kicked by a 10-year-old in *DOTA*, type in GG to show you're a sport.

TITT
Throw in the Towel. Just give up, don't challenge the 10-year-old again.

WOOT
Interchangeable with Hooray. Originated from "Hurrah! Wow, loot!" Also: "Want One of Those."

QQ
Quit Crying. Don't complain about where the second Q came from, okay?

HOMETECH

YOUR BENTILADOR UPGRADE

Replacing an electric fan that just conked out? You may want to look at your options

Q: Can two or more *bentilador* trump one a/c unit?
A: The thing about electric fans is, all they do is move the static air from the back, and push the air in front forward. It doesn't change air temperature, like what an AC does. So if the air in the room is warm, the breeze your fan will expel will also be warm. This is also the reason air from a fan located in an air-conditioned room feels cooler.

WHAT'S IN YOUR *BENTILADOR*?

ENERGY

Measured by: Kilowatts or kW
An electric fan has a motor surrounded by a rotor shaft, attached to the angled fan blades. As the blades rotate, it moves the air around it forward, creating a continuous air stream that keeps you cool. How much energy the motor consumes/kilowatts your unit uses is usually indicated on the box.

EFFICIENCY

Measured by: Cubic Feet per Minute or CFM
The efficiency of an electric fan is measured by how much air it moves or displaces. This is measured by "cubic feet per minute" or CFM. It describes the rate at which a certain volume of air moves over a certain period of time. Knowing your CFMs is actually useful if you want to cool a room. For example, if you have a 1,000-CFM fan, you know it can move all of the air from a space that is 10ft x 10ft x 10ft in one minute because 10x10x10 is equal to 1,000. Math!

LIFETIME

Measured by: Years
Like all household appliances, the lifespan of an electric fan depends on how much you use it—and how often you clean it. However, most fans meant for homes will last eight to 12 years if handled with care.

WHICH ONE'S FOR YOU?

BLADELESS FAN

Also called "air multipliers," invented by James Dyson in 2009. While not visible, the unit's lower portion actually contains fan blades that pushes air up and out the circular tubes.
Efficiency: 1,500 to 4,500 CFM
Lifetime: 5-10 years

CEILING

Ideal when there isn't enough floor space. Ceiling/wall-mounted fans have longer blade and cooling reach. And they come in wood, aluminum and standard plastic.
Efficiency: 5,000 to 8,000 CFM
Lifetime: 5-10 years

INDUSTRIAL

Upside: hardy for overtime use and ideal for warehouses, and larger spaces. Downside: they make a lot of noise and use up more electricity.
Efficiency: 7,000 to 13,000 CFM
Lifetime: 15-20 years

FLOOR / PEDESTAL

The most widely used of the four. Its adjustable height and flexible fan head provide ample airflow in mid-sized rooms and adjusts to directional cooling needs.
Efficiency: 2,000 to 8,500 CFM
Lifetime: 8-12 years

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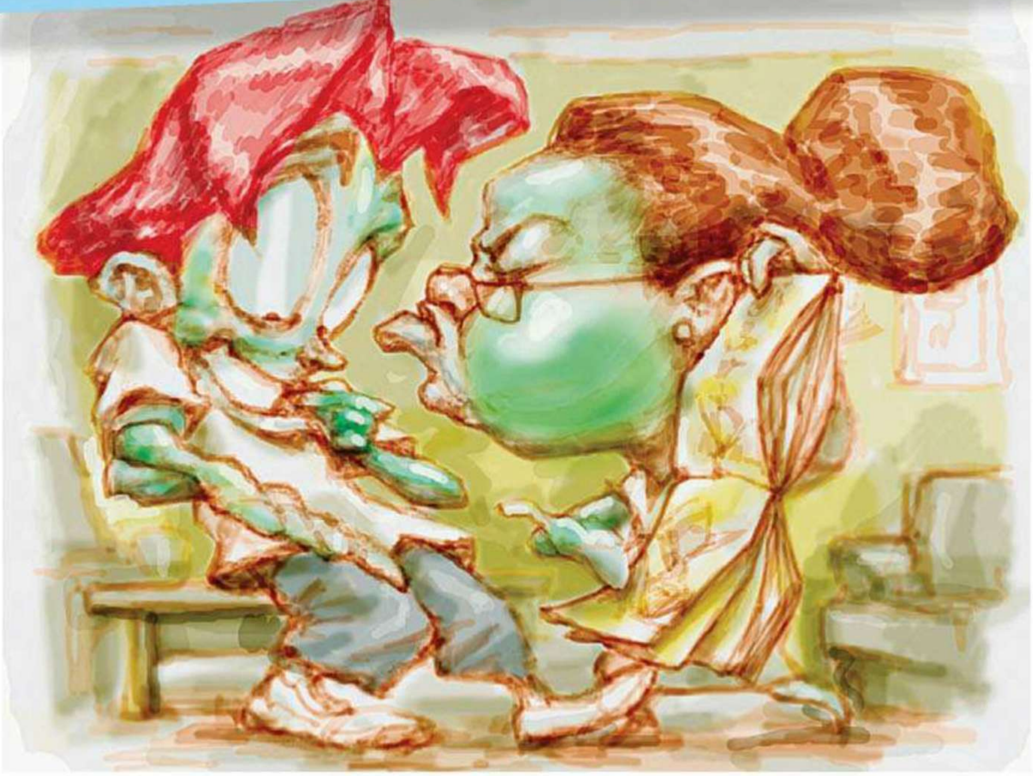

STORY OF THE MONTH

WHAT ARE WE TALKING ABOUT AGAIN?

My mother has always been against my *FHM*-collecting. She's an Economics teacher while I'm currently a junior Economics major. One day, we had a very "economical" argument. She saw my copy of the latest *Ladies' Confessions* and immediately said, "*Bago na naman? Magkano,* 195? *Babawasan ko na talaga baon mo.* You're an Economics student! You must know how to minimize cost." I answered, "Mame, I buy *FHM* because of utility!" She fired back, "*Anak, di ba may* law of diminishing marginal utility? *Magsasawa ka rin diyan!*" I said, "*Bago mangyari yun,* my utility must be maximized first—*kaso mukang matatagalan pa po!*" There was silence and then she walked out. Sorry mom, *may* point *naman ako talaga eh!*

Bravo Cuya, by email

THINGS DON'T ALWAYS TURN OUT THAT WAY

I worked as a messenger in a photo studio in Binondo. While waiting for a task, I heard our female store supervisor and the cashier gossiping about pictures in a tabloid. When I saw the mouthwatering sexy photos inside the tabloid, an evil scheme entered my mind. I locked myself in the restroom and worked my libido off, but as I was about to finish someone opened the door—it was the store supervisor! She let out a yelp as she caught me in the act, then she closed the door again leaving me in a state of shock. After I fixed myself, she called me and said, "*Sa susunod, maglo-lock ka ng pinto ha?*"

Ice9, by email

SURPRISE, SURPRISE!

It was the first day of class and I was running really late because it was so traffic. When I got to our building's parking lot, I saw that the slots were all filled up–except one that was reserved for faculty. I looked around and didn't see the guard so I decided to go for it. Another car pulled up behind me signaling to park, and I saw the person inside giving me a "What do you think you're doing" look. I thought, "Hey, I don't know this teacher anyway," and that I was already halfway done parking. So I finished parking and apologetically shrugged at the driver as I left. Surprisingly, our professor wasn't there yet when I arrived, so I felt pretty good about myself—until he walked in and wouldn't you know it, he was the driver from the parking lot.

Carlos, by email

TRUE Babe STORY

Abby Poblador

A SOB STORY UNLIKE ANY OTHER

Umulan one morning, *tapos umaraw* right after, so perfect timing *na lumabas yung mga tutubi. Nasa* basketball court *sila sa may bahay namin. Eh mahilig ako manghuli ng tutubi–yung dinudukot yung buntot. Kelangan mag-stalk ka* like a cat *para makahuli.* So, *nung may malapit, hinabol ko.* But the court was wet, so *nadulas ako! Tapos yung* boys *na naglalaro pinagtawanan yung itsura ko kasi; basang basa ako at madumi. Umuwi na lang ako. Malungkot ako kasi di ko nahuli yung tutubi.*

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